Pleasant View Home P.O. Box 249 108 North Walnut Inman, Kansas 67546

CEO Administrator Director of Nursing CFO Kevin Reimer Jalane White Marilyn Stufflebean Tod Ritcha Cyndi Ratzlaff

Director of Marketing

Phone 620-585-6411
Fax 620-585-6504

Web Site www.pleasantviewhome.com

Alzheimer's Support Group

Next meeting will be Third Monday 7:00 pm in the Conference Room



Pleasant NewsOctober 2016

From the Administrator

Beautiful fall weather, right outside my window! Hope you all have the opportunity to go outside and enjoy.

As I think about going outdoors, I am reminded that sometime soon, our nursing home is going to practice our evacuation drill, while the weather is still nice. Our staff will be encouraging all of our residents to join us. Do not be alarmed, this is something we just need to practice annually, for the "just in case" scenario.

Now for some really exciting news, - please be ready to welcome our new Certified Dietary Manager, Rikki Biggerstaff, as she joins the Pleasant View team. Rikki comes to us with experience, enthusiasm and a heart for providing delicious meals for our elders. Rikki has been dropping by for orientation and her first official day will be Oct. 3.



Gift Day 2016

4:30-7:00



Our **Gift Day** project for 2016 is to continue our carpet project in the nursing facility. This carpet has exceeded the manufacturer's expectations and gets a lot of use from wheelchairs, scooters, carts and foot

Serving from:
4:30 - 7:00 p.m.
Chicken Noodle
Soup
Ham Sandwiches
Homemade Bread
Homemade Pie
Ice Cream

Come and enjoy an evening with home-made noodle soup, ham sandwiches and home-made pie, followed by the auction in the Phase I commons.

Give generously and watch your donation work for Pleasant View Home residents.

Thursday, November 10, 2016
Pleasant View Home
108 N Walnut
Inman, Kansas 67546
Auction in Phase I Commons at 6:30 pm



PVH Wellness Center

Exercise is Key to Healthy Aging ~Dr. Richard J. Hodes Why is exercise so important?

Exercise is perhaps the best demonstrated way to maintain good health, fitness and independence. Research has shown that regular physical activity improves quality of life for older adults and decreases the risk of cardiovascular disease and many other illnesses and disabilities. In many ways, it is the best prescription we have for healthy, successful aging.

Does exercise make a difference?

Yes, staying active is important throughout life. Regular exercise and physical activity help you stay fit enough to keep doing the things you enjoy. No matter your age, you can find activities that meet your fitness level and needs.

How much physical activity is good?

Aim for 150 minutes a week of moderate-intensity endurance activity (such as brisk walking) and muscle-strengthening activities on two or more days a week that work all major muscle groups (legs, hips, back, abdomen, chest, shoulders and arms). You can do balance and flexibility exercises any time.

Is it safe to exercise?

Exercise is safe for almost everyone. Studies show that people with arthritis, high blood pressure, diabetes or heart disease benefit from regular physical activity. If you haven't been active for a long time, it's important to start out at a low level. You may want to talk with your doctor if you decide to start a vigorous exercise program or significantly increase your activity.

An exercise routine doesn't have to change a lot, as long as it includes both strength training and aerobic exercise. Strength training involves upper body exercises to strengthen arms, shoulders, back, chest and neck; lower body strength exercises build leg strength for walking, hiking, biking as well as climbing stairs and other everyday activities. For aerobic exercise walking and biking can be done both indoors and outdoors, there are many ways to get aerobic exercise and these are just two of them. The key is to make exercise as much a part of the day as eating or sleeping. You will feel great when you exercise. Do it carefully and regularly and see for yourself how fun and rewarding it can be.

Look in November's newsletter for what you need to know about exercise!

Jennifer Cox, Wellness Coordinator jenn@pleasantviewhome.com

Estates Activities



October 2016 East View Villa and Estates Activities

Hello and Greetings to our friends in the Estates and East View Villa! We have been busy crafting this past month. A picture below shows how hard at work we have been. We recruited Tom our maintenance man to assist us in pounding in nails. What a fun time was had by all even though the craft project was a little hard!

We are looking forward to the upcoming month filled with special guests-Longeneckers, Praise Team Zoar-Conrad Prieb, Ross Janssen & Millie from KWCH Channel 12, Carriage Crossing Lunch, Saturday morning Breakfast, and Costume Halloween Party. We also have a Ladies Bible study on the 1st, 3rd, and 4th Wednesday mornings of the month at 9:30am in Phase 3. Also we will be painting pumpkins during the week of October 17, so be looking for flyers.

This year sure seems to be flying by so I will be putting sign-ups for our Thanksgiving lunch and other upcoming activities. Signup sheets will be by the coffee area in Phase 1. Be sure to keep an eye on the calendars as we have lots planned and hope that you will be able to attend. As always I would love to hear what you love to do. Enjoy the beginning day of our fabulous fall!

Blessings, Jennifer Wilson Estates Activities



Jennifer Wilson ,Estates Activities jenniferw@pleasantviewhome.com

Independent Living

Happy Fall to All I. t has been a busy month in Independent Living!!! I would like you to help me welcome our new neighbors. Eliza-

beth Belknap has moved into apartment #6 and Robert and Betty Martens have move into 102 Lone Tree Circle. If you seem them around please make them feel welcome to our community. We have some more people looking at us for their home......as always you are our best advertising. Thanks for helping them choose Pleasant View Estates.

Gift Day is coming up fast!!! Gift Day is November 10th and we will once again share a wonderful chicken noodle soup dinner and fellowship with our family and friends. We will have our Auction again that night and will raise funds for our ongoing carpet project. Please put No-

vember 10th on your calendar and plan to join us for the evening. Blessings

Cyndí Ratzlaff cyndi@pleasantviewhome.com

10-20

10-20

10-23

10-23

10-27

10-28

10-30

Who's New? Who's Old?

New Hires
Amanda Reed RN Ivy Grove
Jacob Delote Dietary
Savanna Curry CMA Pleasant Hills
Kourinza Elmore CMA Home Health
Daniel Jones RN Home Health
Madison Desmond CMA Pleasant Hills
Christina Nelson CMA Walnut Court
Michael Buzzard Dietary
Elizabeth Heidari LPN Pleasant Hills
Shawn Driskell Housekeeping

Anniversaries Christine McClelland 10-1-2013

Rebecca Day

Cindy Kahns

Bonnie Gilzinger

Kathy Metsker

Hunter Ogborn

Roger Anderson

Marilyn Stufflebean

ekeeping	Glenn Moyer	10-1-2013
	Erica Rivera	10-2-2015
	Holly Jeakins	10-2-2015
10-1	Debra Schofield	10-3-2001
10-3	Charlotte Smith	10-3-2006
10-4	Janet Regehr	10-4-1976
10-6	Tina Everhart	10-10-1991
10-6	Leann Dick	10-14-2013
10-7	Rebecca Burkholder	10-15-2003
10-9	Brandy Harris	10-16-2014
10-10	Alecia Moor	10-19-2015
10-12	Molly Beck	10-19-2015
10-13	Courtney Reimer	10-20-2009
10-14	Jessica Ďavis	10-20-2014
10-15	Molly Kendrick	10-23-2015
10-15	Rebecca Hill	10-23-2015
10-16	Derek Smith	10-24-2012
10-18	Michelle Neufeld	10-28-2014
10-19	Alyson Hines	10-30-2015
10-20	-	
	10-1 10-3 10-4 10-6 10-6 10-7 10-9 10-10 10-12 10-13 10-14 10-15 10-15 10-16 10-18 10-19	Erica Rivera Holly Jeakins Debra Schofield Charlotte Smith Janet Regehr Tina Everhart Leann Dick Leann Dick Rebecca Burkholder Brandy Harris Alecia Moor Ho-12 Molly Beck Courtney Reimer Jessica Davis Molly Kendrick Rebecca Hill Derek Smith Michelle Neufeld Alyson Hines

Chaplains Corner

Matthew 13:30

Let both grow together until the harvest; and at the time of harvest I will say to the reapers, "First gather together the tares and bind them in bundles to burn them; but gather the wheat into my barn."

It's been a VERY good year for Kansas wheat farmers; yields of 60-80 bushels per acre are being reported. According to the United States Department of Agriculture (USDA), approximately 394 million bushels of wheat have been harvested in Kansas, with an average yield of 48 bushels per acre, the highest production rate since 2003. Because of decreased acreage, production amounts will not rival past records. Many of us have witnessed the bumper crop of wheat, seeing vast piles of wheat being stored OUTSIDE the elevator silos, which were already filled to the top! One of these I personally witnessed while driving on Route 56 near Galva.

In the spiritual realm the Lord Jesus Christ through His Church has been sowing Gospel seed for twenty centuries; it appears that the harvest is very good; but another sower, an "enemy," also has been sowing his weeds. His crop looks very good, so good that it's impossible to discern the weed from the wheat; but the harvest is not yet. It will occur when the Son of Man sends His angels into the field of the world to gather up all offensive and lawless people, separating them from the true, righteous harvest (Matthew 13:37-43). How important it is for every person who has heard the Good News of Christ that his faith and commitment is focused solely on the true Savior!

Each Thursday evening (6:30 P.M.) a chapel service is held at Pleasant View Home, with representatives from various churches and the community presenting God's Word. The line-up of speakers for October include Pastor Charles Kauffmann, of Groveland Church (Oct. 6), Mr. Jasper Franklin (Oct. 13), Pastor Wilmar Harder, of Buhler Mennonite Church (Oct. 20), and yours truly (Oct. 27). In other news, Albert Balzer, an Estate resident, passed on into the presence of his Savior and Lord on September 17, 2016.

> Dave Denlinger dave@pleasantviewhome.com

KANCARE

We know that signing up for KanCare (Medicaid) can be a very frustrating process for those who live here and their family.

WE CAN HELP!

If you have any questions about how or when to sign up for KanCare or are needing help to sign up for either yourself or your loved one, give us a call and we will be happy to help.

Phone 620-585-6411

Bill of Rights of Pleasant View Home

These rights were signed by the residents of Pleasant View Home or the residents DPOA. If at anytime the resident or DPOA need to discuss them, we ask that you speak to the Social Service Designee here at Pleasant View Home. This year we have 33 Bill of Rights to review: These are read and discussed at the resident council meeting the first of each month.

- 11. The Resident has the right to personal privacy and confidentiality of his or her personal and clinical records.
- 12. The Resident or Legal Representative has the right, upon oral or written request, to access all records pertaining to himself or herself, including clinical records, within twenty-four hours. After receipt of his or her records, the Resident or Legal Representative has the right to purchase at a reasonable cost photocopies of the records or any portions of them upon request and with two days advance notice to the Facility.
- 13. The Resident may approve or refuse the release of personal and clinical records to any individual outside the Facility except when:
 - -the Resident is transferred to another health care institution
 - -records release is required by law or a third party payment contract.

Reminder!!!!

Dementia Support Group is available to anyone
Our meeting time is currently the 3rd Monday of each month at 7:00 pm in the Conference Room.
Please contact Jason, prior to the meeting date, at 620-585-6411
If you are interested in attending.

If you have a Face
Book account be
sure to visit our
Pleasant View Home
Face Book page and
"like" us!







MEDICARE D

Medicare D
Prescription
coverage open
enrollment
period begins
October 15 and
goes through
December 7

Pleasant View Home
2016
King Queen
Menno & Edith
Enns
We Are
INMAN!

ROSS JANSSEN from KWCH Storm Team 12 Weather will be giving a presentation for Pleasant View Home and Estates/Villa residents on October 18, at 6:30. He will also be bringing a special four legged guest with him! We look forward to him giving us an idea of what kind of Winter we can expect!



Jason Herndon LMSW jason@pleasantviewhome.com

Cottonwood Corner

Sun	Mon	Tue	Wed	Thu	Fri	Sat		
			BER			Channel 68 City of Inman Channel 69 Inman Schools Act. Same as below		
2 8:30 Ch. 62 Bethel 10:30 Ch. 63 Buhler MB 10:30 Ch. 64 Buhler South 10:30 Ch. 65 Inman 9:30 Ch. 66 St. Peters 9:30 Ch. 67 Zoar MB	3 9:30 Faith & Fun 10:30 Bible Study 2:00 Lucky 13	9:30 Faith & Fun 10:00 Sensorsize 1:45 Men's Koffee Klub	9:30 Faith & Fun 10:00 4-G Challenge 2:00 Pumpkin Craft	9:30 Faith & Fun 10:00 Resident Council 2:00 Bingo 3:00 Social 6:30 Chapel	9:30 Retail Therapy/Lunch 2:00 Friday Frostys	9:00 Galleria ExercisesGamesMovies		
ppy rthday Damel	2:00 Jeopardy!	10:00 Willie & Rhodi Longenecker in the Chapel 1:45 Men's Koffee Klub	9:30 Faith & Fun 10:00 4-G Challenge 2:40 1st Graders	8:00 Breakfast Bus/Pumpkins! 2:00 Bingo 3:00 Social 6:30 Chapel	14 10:00 Faith & Fun 10:30 Jumpin' with Jen! 2:00 Friday Frostys	9:00 Galleria ExercisesGamesMoviesFellowship		
16 8:30 Ch. 62 Bethel 10:30 Ch. 63 Buhler MB 10:30 Ch. 64 Buhler South 10:30 Ch. 65 Inman 9:30 Ch. 66 St. Peters 9:30 Ch. 67 Zoar MB	9:45 Goodwill Hunting & Lunch 10:30 Bible Study	9:30 Faith & Fun 10:00 Candy Corn Magnet Craft 1:45 Men's Koffee 6:30 KWCH— Ross Janssen-Chapel	9:30 Faith & Fun 10:00 4-G Challenge 2:00 Spelling Bee	9:30 Faith & Fun 10:00 Skunk!!! 2:00 Bingo 3:00 Social 6:30 Chapel	10:00 Faith & Fun 10:30 Jumpin' with Jen! 2:00 Friday Frostys	9:00 Galleria ExercisesGamesMoviesFellowship		
23 8:30 Ch. 62 Bethel 10:30 Ch. 63 Buhler MB 10:30 Ch. 64 Buhler South 10:30 Ch. 65 Inman 9:30 Ch. 66 St. Peters 9:30 Ch. 67 Zoar MB	9:30 Faith & Fun 10:30 Bible Study 2:30 Make treat Bags for children	9:30 Faith & Fun 10:00 Sensorsize 1:45 Men's Koffee Klub	9:30 Faith & Fun 10:00 4-G Challenge 2:00 Pumpkin Sand Art	Happy Birth Ruth	28 10:00 Dirt Road Drive/Lunch 2:00 Friday Frostys	9:00 Galleria Exercises		
30 same as above	HALLOWEEN	Calendar sub	oject to Change					

Cottonwood Corner

There is one fun way to enter and end September and that is by going and enjoying the Kansas State Fair!! Hope you enjoy these pictures with us as much as we enjoyed being there!! At the end of Sept. came the In





Becky Burkholder, SSD becky@pleasantviewhome.com

Menno

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	October 2016 WALNUT COURT							
10:30 Church Services FAMILY TIME	3:00Rolling Store 5:00 Exercises	4 Bus Trip 3:00 Reminisce 5:00 Exercises	5 10:45 Bible Study 3:00 Ice Cream 5:00 Exercises	6 10:30 Trivia 3:00 Puzzles 5:00 Exercises	7 10:30 Bingo 3:00 Nails 5:00 Exercises	RESIDENT's CHOICE 3:00 Movie & Popcorn		
10:30 Church Services FAMILY TIME	10:30 Bingo 3:00 Rolling Store 5:00 Exercises	11 10:30 October trivia 3:00 Games 5:00 Exercises	5:00 Exercises	13 10:30 Trivia 3:00 Puzzles 5:00 Exercises	14 10:30 Bingo 3:00 Nails 5:00 Exercises	15 RESIDENT's CHOICE 3:00 Movie & Popcorn		
16:30 Church Services FAMILY TIME	17 10:30 Bingo 3:00 Rolling Store 5:00 Exercises	18 10:30Reminisce 3:00 Games 5:00 Exercises	19 10:45 Bible Study 3:00 Ice Cream 5:00 Exercises	20 10:30 Trivia 3:00 Puzzles 5:00 Exercises	21 10:30 Bingo 3:00 Nails 5:00 Exercises	22 RESIDENT's CHOICE 3:00 Movie & Popcorn		
10:30 Church Services FAMILY TIME	10:30 Bingo 3:00 Rolling Store	25 Bus Trip 3:00 Games 5:00 Exercises	10:45 Bible Study	10:30 Trivia 3:00 Puzzles	10:30 Bingo 3:00 Nails	RESIDENT's CHOICE 3:00 Movie & Popcorn		
30 10:30 Church Services FAMILY TIME	Halloween Halloween E SUBJECT TO CHA	Autumn ie a whose every Albert C	Second spaing Lage to a flower.					

Walnut Court

Another month has flown by and we say hello to October. But in the last month we got a chance to get some shopping done. The beginning of the month we went out to eat breakfast at I-Hop and shopped around at the new Dollar Tree, as well as Hobby Lobby, and Wal-mart. When is came to the trip for the State Fair sadly the rain wouldn't cooperate with us so we had to cancel that but we did get a chance to eat at the yummy Firehouse Café and do some shopping at the Hutchinson Mall. So it wasn't a wasted trip of trying to join the State Fair!







OCTOBER 2016

I would like to recognize two new members to the Walnut



Court family!! Wilma Symonds and her cat named blossom. Wilma liked to paint and finish pencil drawings, she also enjoys her daily visits from her husband Ken.

Eva Mae Voth is also the newest member of our Walnut Court family. Eva was a nurse and en-

joys collecting nursing items.

With October here we'll get to have some fun with pumpkins and enjoy seeing all the beautiful autumn colors outside!!!

Just to let everyone know Sept. 29th was my last day. I've greatly enjoyed being apart of the Walnut Court family and wish everyone the best! I will miss everyone, but my son and I will be in to visit every now and then!

Best wishes to all!!!



Cindy Kahns SSD/AD cmk@pleasantviewhome.com



October 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				OUSE		1 9:00 Brain Workout 11:00 Devotions
2 Church Family. LIFE together.	3 9:00 Brain Workout 11:00—Bible Study with Pastor Dave	4 9:00 Brain Workout 11:00 Devotions	5 9:00 Brain Workout 11:00 Devotions 2:30 Ice Cream Social	6 9:00 Brain Workout 11:00 Devotions	7 9:00 Brain Workout 11:00 Devotions 4:00 Rolling Cart	8 9:00 Brain Workout 11:00 Devotions
9 Rose Toric	10 9:00 Brain Workout 11:00—Bible Study with Pastor Dave	11 11:00 Devotions 4:00 Hand'le with Care	12 9:00 Brain Workout 11:00 Devotions 2:30 Ice Cream Social	13 Happy Birthday Fern!	9:00 Brain Workout 11:00 Devotions	15 9:00 Brain Workout 11:00 Devotions
9:00 Clippin with the D's	17 9:00 Brain Workout 11:00—Bible Study with Pastor Dave	18 PETTING ZOO	19 9:00 Brain Workout 11:00 Devotions 2:30 Ice Cream Social	20 Throwback Meal	9:00 Brain Workout 11:00 Devotions	22 9:00 Brain Workout 11:00 Devotions
23 9:00 Clippin with the D's	24 9:00 Brain Workout 11:00—Bible Study with Pastor Dave	25	26 9:00 Brain Workout 11:00 Devotions 2:30 Ice Cream Social	27 9:00 Brain Workout 11:00 Devotions	28 9:00 Brain Workout 11:00 Devotions 4:00 Rolling Store	29 9:00 Brain Workout 11:00 Devotions

Harvest House

Hello fellow staff members and residents! Harvest House had a lot of activities going this

month.
fun goping at and the lar Tree at I hop.
get to
Fair be-

the rain



We had ing shop-Walmart new Doland eating We didn't enjoy the cause of so we

went to the Fire House Café and The Hutchinson Mall instead. And we celebrated Norma's Birthday on September 12th. This month we will be celebrating Fern's Birthday. Can't wait to see what next month has in store for us!





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Octob	er 2016	The Pla	za	Exercise Devotions Pop Corn Movie
Church Discuss & Recall Home Cooking	Exercises Devotions Baking Cookies	Exercises Devotions Take Out Tuesday Laundry Facts	Exercises Devotions Bible Study Trivia Fun	Exercises Devotions Home Cooking Chapel	7 Exercises Devotions Ice Cream Social	8 Exercises Devotions Pop Corn Movie
Church Discuss & Recall Home Cooking	Exercises Devotions Baking Fun Columbus Day (US) Thenlagking Day (Canada)	Exercises Devotions Can You Picture This Happening	Exercises Bible Study Guess The Job	Exercises Devotions Home Cooking Chapel	14 Exercises Devotions Trivia Madness	Exercises Devotions Pop Corn Movie
Church Discuss & Recall Home Cooking		18 Exercises Devotions Take Out Tuesday Random Trivia		Exercises Devotions Home Cooking Chapel	Exercises Devotions Baking Fun	Exercises Devotions Pop Corn Movie
Church Discuss & Recall Home Cooking	Exercises Devotions Easy Fun Trivia	Exercises Devotions Ice Cream Social	Exercises Bible Study	Exercises Devotions Home Cooking Chapel	Exercises Devotions Name the Job	Exercises Devotions Pop Corn Movie
30 Church Discuss & Recall Home Cooking	Exercises	Hair and Make- Up Manicures will be				

The Plaza

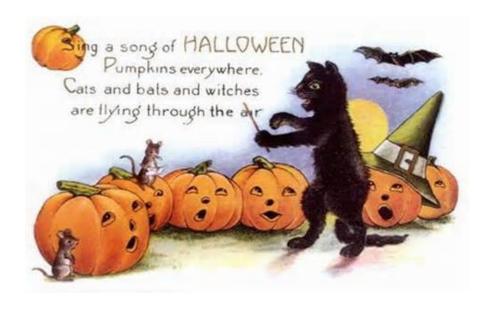
Plaza has had a busy month full of fun and activities. We took a trip into town and went to Chili's and shopping at the Dollar Tree in Hutchinson to pick up Halloween decorations and other fun things. We ventured out to the fair on dollar day no less and boy oh boy were there lots of people and lots to see.

Our Neighborhood welcomed Paul Smith to our Plaza Home, we look forward to getting to know him and his family better.

Debbie Schofield will be leaving our Neighborhood as she accepted a position in one of the other Households. We wish her the best of luck. We also welcomed Lotia Conley to our Plaza family, and look forward to all she brings to the Plaza.

The Plaza has had some sickness going around lately, so we politely ask that if you are under the weather to refrain from visiting till you are better, as we do not want any more sickness down under here in the Plaza. We want to not only protect you but your loved ones as well. As always we will be welcoming Trick or Treaters this Halloween, . We prefer the times between 4pm—7pm. We look forward to seeing all their costumes. We have vegetables now growing in our garden and we've

enjoyed going outside to pick them and use them for our salads and for our meals. We also discovered that we have Hummingbirds living in our Purple Morning Glory flowers. Its fun to go sit and watch them flutter about the flowers. We will continue to do our Take Out Tuesdays and I will be making a Halloween Holiday Dinner on the 31st. It will be Spooky Fun.



Our Camera crashed and we lost all our pictures. I am working on to get them restored and I will get them posted for next month. I apologize to each and everyone. :-(

Chris Fleming, SSD chris@pleasantviewhome.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 Nails 11:15 Devotions 3:00 Trivia 7:00 Lawrence Welk					
9:00 Color by number 10:30 Church service 2:00 Family time	10:00 Game 11:15 Devotions 3:00 Bingo 6:00 Color by number Rosh Heathensh	4 10:00 Exercise 10:30 Bible study 2:00 Tasty Tuesday 3:00 Craft 6:00 Reminisce	10:00 Exercise 11:15 Devotions 3:00 Trivia 6:00 Movie	9:00 Exercise 10:00 Game 11:15 Devotions 2:00 Bake time 6:30 Chapel	9:00 Exercise 10:00 Make overs 11:15 Devotions 3:00 Root beer floats	9:00 Craft 11:15 Devotions 3:00 Bake Time 7:00 Lawrence Welk
9:00 Art 10:30 Church Service 2:00 Family time	10:00 Game 10:00 Game 11:15 Devotions 3:00 Bingo 6:00 Color by numbersus Day (US) Therispleig Day (Canada)	11 10:00 Chapel special Guest 2:00 Tasty Tuesday 3:00 Craft 6:00 Reminisce	10:00 Exercise 11:15 Devotions 3:00 Trivia 6:00 Movie	9:00 Exercise 10:00 Art 11:15 Devotions 2:00 Nails 6:30 Chapel	9:00 Exercise	9:00 Game 9:00 Game 11:15 Devotions 3:00 Bake Time 7:00 Lawrence Welk
9:00 Color by number 10:30 Church service 2:00 Family time		18 10:00 Exercise 10:30 Bible study 2:00 Tasty Tuesday 3:00 Craft 6:30 chapel special Guest	19 10:00 Exercise 11:15 Devotions	9:00 Exercise 10:00 Game 11:15 Devotions 2:00 Nails 6:30 Chapel	9:00 Exercise 10:00 Make overs 11:15 Devotions 3:00 Craft 6:00 Trivia	9:00 Art 11:15 Devotions 3:00 Bake Time 7:00 Lawrence Welk
9:00 Art 10:30 Church service 2:00 Family time	10:00 Game 11:15 Devotions 3:00 Bingo 6:00 Color by number	10:00 Exercise 10:30 Bible study 2:00 Tasty Tuesday 3:00 Craft 6:00 Reminisce	10:00 Exercise 11:15 Devotions	9:00 Exercise 10:00 Art 11:15 Devotions 2:00 Nails 6:30 Chapel	9:00 Exercise 10:00 Make overs 11:15 Devotions 3:00 Bake time 6:00 Movie	9:00 Craft 11:15 Devotions 3:00 Bake Time 7:00 Lawrence Welk
9:00 Color by number 10:30 Church services 2:00 Family time	Happy	Happy Birthda 1 st Glenn Carey 17 th Sue Wallace 20 th Bob Huffman	ny!			

Heritage Inn

Fall is in full force!! Soon the leaves will be changing to those beautiful Autumn colors, cooler temps and

sweat shirts.
Hello, my
name is
Kathy
Metsker andI
am the new
AD/SSD. It
has been an
honor to work
with your
loved ones. I
like working
here. Sept.



"Fall, leaves, fall, Tie flowers, away
Lengthen night and shorten Tay
Every leaf speaks bliss to me
Thittering from the autumn tree..."
Fall - Emily Jane Bronte

fun!!
We
went
to the
Fair.
We
had a
great
time.

WAS

Went through all the building and had fair food!! I want to say thank you for all the families that joined us. I hope we didn't ware you out.



Upcoming Events!

Oct. 11th at 10:00AM Longeneckers will be in the Chapel

Oct. 18th at 6:30PM we will have KWCH Ross Janssen in the chapel with their dog Millie

Oct. 31st We are holding a Pumpkin decorating contest and costume contest. Your loved one may be in a costume as well. Please feel free to swing by and bring your little ones to trick or treat as well.

Kathy Metsker, SSD/AD kathy@pleasantviewhome.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2 8:30 Ch. 62 Bethel 10:30 Ch. 63 Buhler MB 10:30 Ch. 64 Buhler South 10:30 Ch. 65 Inman 9:30 Ch. 66 St. Peters 9:30 Ch. 67 Zoar MB	3 9:30 Laugh at Life 10:00 Nifty Nails 2:00 Ice cream Machine	9:30 Laugh at Life 10:00 Halloween Decorating 1:45 Men's Koffee Klub	5 10:00 Bible Study with Pastor Dave 2:00 Pumpkin Tissue Craft	6 9:30 Laugh at Life 10:00 Resident Council 2:00 Bingo 3:00 Social 6:30 Chapel	7 9:30 Retail Therapy & Lunch	8:30 Galleria Exercise *** Fellowship Games, Puzzles Newspaper, Movies, etc.***
9 8:30 Ch. 62 Bethel 10:30 Ch. 63 Buhler MB 10:30 Ch. 64 Buhler South 10:30 Ch. 65 Inman 9:30 Ch. 66 St. Peters 9:30 Ch. 67 Zoar MB	9:30 Laugh at Life 10:00 Nifty Nails 2:00 Jeopardy	11 10:00 Willie & Rodie Longenecker Fellowship in Chapel 1:45 Men's Koffee	12 10:00 Bible Study with Pastor Dave 2:45 1st Graders	8:00 Breakfast Bus & Pumpkins 2:00 Bingo 3:00 Social 6:30 Chapel	9:30 Laugh at Life 10:00 Dem Bones Game	8:30 Galleria Exercise *** Fellowship Games, Puzzles Newspaper, Movies, etc.***
16 8:30 Ch. 62 Bethel 10:30 Ch. 63 Buhler MB 10:30 Ch. 64 Buhler South 10:30 Ch. 65 Inman 9:30 Ch. 66 St. Peters 9:30 Ch. 67 Zoar MB	9:45 Goodwill Hunting & Lunch 2:00 Ice cream Machine	18 10:00 Laugh at Life 1:45 Men's Koffee 6:30 KWCH Ross Janssen- Chapel	19 10:00 Bible Study with Pastor Dave 2:00 Spelling	Happy Birthday Edna!!!	21 9:30 Laugh at Life 10:00 Candy Corn Craft	8:30 Galleria Exercise *** Fellowship Games, Puzzles Newspaper, Movies, etc.***
23 8:30 Ch. 62 Bethel 10:30 Ch. 63 Buhler MB 10:30 Ch. 64 Buhler South 10:30 Ch. 65 Inman 9:30 Ch. 66 St. Peters 9:30 Ch. 67 Zoar MB	9:30 Laugh at Life 10:00 Nifty Nails 2:00 Ice cream Machine	25 9:30 Laugh at Life 10:00 Halloween Treats 1:45 Men's Koffee Klub	26 10:00 Bible Study with Pastor Dave 2:00 Dem Bones Game	9:30 Laugh at Life 10:00 Skip Bo 2:00 Bingo 3:00 Social 6:30 Chapel	28 10:00 Dirt Road Drive & Lunch	8:30 Galleria Exercise *** Fellowship Games, Puzzles Newspaper, Movies, etc.***
30 Same as above	Halloween	TG & R Calendar subject	R 2016 to change			

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	NC		Oct	ober 2	016	I ROSEMARY SAGE BEEF CHICKEN STRIPS LYONNAISE POTATOES BROCCOLI CARROTS STUFFED APPLE RING SALAD FROSTED CHOCOLATE CAKE
2 FRIED CHICKEN BAKED HAM PARTY POTATOES SEASONED GREEN BEANS BUTTERED CORN LIME WHIP SALAD APPLE CRISP	3 SLOPPY JOE ON BUN BAKED POLLOCK FRENCH FRIES BUTTERED PEAS MARINATED VEGETABLE SAL- AD LEMON MERINGUE PIE	4 GRILLED HAM SLICES CHICKEN FRIED STEAK W/GRAVY BAKED SWEET POTATO SQUASH CASSEROLE STEWED TOMATOES ZESTY BROCCOLI SALAD COOKIE	5 HONEY MUSTARD CHICK-EN HAMBURGER W/POTATO WEDGE GARDEN RICE GREEN BEANS BAKED BEANS ORANGE GELATIN CAR-	6 CRUNCH ORANGE FISH ROAST BEEF WITH GRA- VY ROASTED NEW POTA- TOES BROCCOLI CORN CASSE- ROLE SEASONED ASPARAGUS	7 GLAZED MEATLOAF CHICKEN FRIED CHICKEN MASHED POTATOES W/GRAVY PARMESAN TOMATO HALF PEAS & PEARL ONION SPICED PEACH SALAD FRUIT CUP	8 ANNIVERSARY CHICKEN BREAST SWEDISH MEATBALLS BAKED POTATO HALF DILL CARROTS BRUSSEL SPROUTS FRUITED JELLO PINEAPPLE TIDBITS
9 OVEN FRIED FISH ROAST BEEF SWEET POTATOES SEASONED BROCCOLI CREAM CORN CREAMY CAULIFLOWER BROC- COLI SALAD MANDARIN ORANGES	10 CHICKEN PICCATA GRILLED HAWAIIAN PANINI BUTTERED BOWTIES GLAZED CARROTS ASPARAGUS FRESH MELON CUP BROWNIE	11 BARBECQUE BEEF STUFFED PEPPERS POTATO SALAD COLESLAW CHEF BLEND VEGETA- BLES FRUIT GELATIN SALAD PEACH COBBLER	12 HERBED PORK LOIN ROAST TURKEY CALICO RICE SLICED ZUCCHINI FRIED CABBAGE APPLE CELERY SALAD HONEYED PEARS	13 CHICKEN DIJON TACO SALAD ROASTED NEW POTA- TOES GREEN BEAN CASSE- ROLE SPANISH RICE ISLAND FRUIT SALAD CHEESECAKE	14 BAKED HAM CHICKEN FRIED STEAK CORN PUDDING BROCCOLI BUTTERED CORN HOUSE SALAD CHOCOLATE CREAM PIE	15 MEATLOAF BBQ PORK CHOP BAKED POTATO PARSLIED CARROTS CAPRI BLEND VEGETABLES COLESLAW ICED POUND CAKE
16 BREADED FISH AU GRATIN HOT TURKEY SANDWICH SPIRAL PASTA CUCUMBER ONION W/SOUR CREAM GREEN BEAN CASSEROLE APPLE RAISIN SALAD LEMON BAR	17 MARINATED CHICKEN BREAST SWISS STEAK POTATO CASSEROLE BUTTERED CORN SEASONED BUTTERED CAB- BAGE SPINACH SALAD MANDARIN ORANGES	18 CHICKEN FRIED STEAK W/GRAVY GERMAN SAUSAGE MASHED POTATOES W/GRAVY STEWED TOMATOES SUCCOTASH ORANGE FRUIT MOLD SALAD	19 GARLIC PEPPER PORK CUBES CHICKEN STRIPS W/DIPPING SAUCE NEW POTATOES HERBED GREEN BEANS SCALLOPED APPLES ZESTY BROCCOLI SALAD FROSTED ANGEL FOOD	20 BBQ MEATBALLS OLD FASHIONED BAKED HAM STEAK FRIES COUNTRY CABBAGE COUNTRY BLEND VEGE- TABLES PICKLED BEET SALAD FRESH HONEYDEW	21 TURKEY TETRAZZINI BACON, LETTUCE & TOMATO SEASONED PEAS BUTTERED CARROTS CUCUMBER N SOUR CREAM SALAD ICE CREAM	22 BACON WRAPPED CHOP STEAK GRILLED BRATWURST W/BUN SCALLOPED POTATOES SPINACH MIXED VEGETABLES PEAR APPLE GELATIN SALAD FROSTED CAKE
23 BAKED CHICKEN ROAST BEEF W/GRAVY DUCHESS POTATO SOUTHERN STYLE GREEN BEANS CHEF BLEND VEGETABLES FRESH FRUIT SALAD APPLE BROWN BETTY	24 ITALIAN MEAT SAUCE CHICKEN FRIED STEAK W/GRAVY SPAGHETTI ITALIAN VEGETABLES FRIED CABBAGE COTTAGE CHEESE VEGETABLE SALAD CHEESECAKE	25 OVEN FRIED CHICKEN HAMBURGER STEAK N ONIONS MASHED POTATOES W/GRAVY GREEN BEAN CASSEROLE GLAZED CARROTS WATERGATE SALAD CHERRY COBBLER	26 SPICED PORK ROAST BEEF TATOR TOT CASSE- ROLE AU GRATIN POTATOES BROCCOLI WAX BEANS BROCCOLI SLAW SALAD PINEAPPLE UPSIDE DOWN CAKE	27 SEAFOOD GUMBO HAMBURGER W/TRIMMINGS RICE PACIFIC BLEND VEGETA- BLES STRAWBERRIES & BANA- NAS PARFAIT	28 LEMON BAKED CHICKEN HUNGARIAN PORK CHOP CORN O'BRIEN BAKED TOMATOES ASPARAGUS SUPER FRUIT SALAD CINNAMON APPLESAUCE	POT ROAST VEGATABLE MEATLOAF POTATOES & ONIONS CELERY & CARROTS CAPRI VEG COTTAGE CHEESE FRUIT SAL- AD COCONUT CREAM PIE
30 FRIED CHICKEN ROAST BEEF CREAMY MASHED POTAOES DICED CARROTS SEASONED BUTTER CAULFLOW-ER CHERRY SALAD LIME PARFAIT	31 BRAISED BEEF BRISKET BBQ MEATBALLS STEAK FRIES SEASONED PEAS CREAM CORN CREAMY CUCUMBER SALAD APPLE CRISP					

October 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
SI			3			I CHICKEN CREOLE RICE BAKE N BROIL COD SEASONED ZUCCHINI BUTTERED CORN MELON BALLS
2 TOSTADA CASSEROLE MEXICAN RICE BAKED PORK STEAK BROILED TOMATO SLICES CAPRI BLEND VEGETABLES MANDARIN ORANGES	3 BAKED CHICKEN BREAST WILD RICE BLEND FRUIT/COTTAGE CHEESE PLATE SPINACH POTATO SALAD BLUEBERRY MUFFIN	4 SCALLOPED TURKEY MIXED VEGETABLES BEEF & PASTA CASSE- ROLE CALIFORNIA VEGETA- BLES ICE CREAM SANDWICH	5 ROAST BEEF W/GRAVY SCALLOPED POTATOES PORK CUBES SEASONED CARROTS BEETS STRAWBERRIES W/WHIPPED TOPPING	6 MINESTRONE SOUP CHICKEN SALAD SAND- WICH ON WHEAT BEEF STEW CHIPS CORN SALAD PEAR CRUMBLE	7 VEGETARIAN CHILI MIXED GREEN SALAD SALMON PATTY W/CREAM SAUCE PARSLEY NOODLES SEASONED PEAS CHOCOLATE CREAM PIE	8 STUFFED PEPPER CASSE- ROLE CORN O'BRIEN CORNBREAD COATED FISH ORZO ITALIAN VEGETABLES TROPICAL FRUI
9 HAMBURGER ON BUN FRENCH FRIES BREADED PORK STEAK SEASONED PEAS RELISH PLATE CINNAMON APPLES	10 SWEDISH MEATBALLS TRI SALAD PLATE W/CRACKERS PARSLEY NOODLES HERBED GREEN BEANS MARINATED VEGETABLE SALAD	11 HAM WITH PINEAPPLE CHICKEN PESTO MIXED VEGETABLES PENNE PASTA CAULIFLOWER W/RED PEPPERS MARINATED CUCUMBER	12 LIVER & ONIONS GRAVY VEGETABLE SOUP STEWED TOMATOES STEAK FRIES ROAST BEEF SANDWICH ON WHEAT RELISH PLATE	13 FRENCH ONION SOUP PARMESAN FISH CHEF SALAD HERBED RICE PACIFIC BLEND VEGETA- BLES MACARONI SALAD	14 MACARONI & CHEESE BAKED TOMATOES ENCHILADA SOUP MONTEREY CHICKEN ON BUN FRUIT COCKTAIL W/TOPPING	15 CHICKEN TENDERS SWEET POTATO FRIES HERBED BAKED FISH HARVARD BEETS SLICED ZUCCHINI SLICED TOMATO SALAD SUGAR COOKIE
16 BEEF POT PIE CORN ON THE COB CHILI ITALIAN CUT GREEN BEANS TROPICAL FRUIT	17 PORK ROAST ON BUN BAKED BEANS FISH NUGGETS W/SAUCE BABY CARROTS BOSTON CREAM PIE	18 CHICKEN TACOS SPANISH RICE HOT DOG ON BUN REFRIED BEANS DOUBLE BEAN SALAD EMERALD PEARS	19 VEGETABLE LASAGNA TOSSED SALAD SAUSAGE VEGETABLE SOU REUBEN SANDWICH STRAWBERRIES W/WHIPPED TOPPING	20 FRIED FISH CORN NUGGETS CAULIFLOWER CHEESE SOUP CHEESY BROCCOLI RICE FIVE LAYER CASSEROLE BLONDE BROWNIE	21 CHICKEN NOODLE SOUP HAM & SWISS SANDWICH ON WHEAT GRILLED HAM N CHEESE POTATO CHIPS MACARONI SALAD PINEAPPLE CUBES	22 FRUIT & COTTAGE CHEESE PLATE 3 BEAN SALAD SHEPHERD'S PIE STEAMED BROCCOLI SNICKERDOODLES
23 VEGETABLE SOUP GRILLED CHICKEN ON BUN RELISH PLATE BEEF MINUTE STEAK W/GRAVY STEWED TOMATOES BAKED POTATO FRESH BANANA	24 CHICKEN CAESAR SALAD SALMON PATTY W/CREAM SAUCE ROASTED NEW POTATOES MANDARIN ORANGES	25 CORNED BEEF BOILED POTATOES SLICED HAM SAUERKRAUT CAULIFLOWER W/RED PEPPERS SHERBET	26 TURKEY POT PIE PARMESAN TOMATO HALF BEEF STROGANOFF BABY CARROTS AMBROSIA DELUXE W/WHIPPED TOPPING	27 CHEESE RAVIOLI & MARI- NARA AMERICAN FRIED POTA- TOES GREEN PEPPER STEAK TOSSED GARDEN SALAD RED CABBAGE	28 CHICKEN & DUMPLINGS GARLIC BUTTER RICE BAKED FISH W/TARRAGON GREEN BEANS ROASTED BROCCOLI CHILLED FRUIT COCKTAIL	29 CHICKEN DUMPLINGS GARLIC BUTTER RICE BAKED FISH W/TARROGON GREEN BEANS ROASTED BROCCOLI CHILLED FRUIT BISCUIT
30 HONEY MUSTARD PORK LOIN RED BLISS POTATOES CHICKEN SPINACH SALAD CAPRI BLEND SALAD SEASONAL FRUIT	31 MARGHERITA PIZZA TOSSED SALAD PEACHY PORK STEAK SEASONED BEETS ICE CREAM BREADSTICK					



Estates and East View Villa October 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 9:30am Exercises 3pm Bingo 7pm Bible Study	4	5 9:30am Ladies Bible Study Ph III 9:30am Exercises 6-10 Games	6 Helen McKinley 3pm-Bingo 6:30pm Chapel/ Groveland	7 9:30am Exercises 11am Bible Study 3pm Ice Cream	8
9	10 Lu Ensz 9:30am Exercises 3pm Bingo 7pm Bible Study	11 Harold Theissen Jane Toews 10am Longenecker Gospel Music 7pm Praise Team Zoar- Conrad Prieb	12 9:30am Exercises 6-10 Games	13 3pm Bingo 6:30pm Chapel/ Special Service	14 9:30am Exercises 11am Bible Study 3pm Ice Cream	15 Daryl Regier 5-7pm Hoffnungsau Mennonite Church Mission Supper
16 Painting Pumpkins Will be this week Sometime-Look for flyers!!!	17 9:30am Exercises 10:30am-Lunch/ Carriage Crossing 3pm Bingo 7pm Bible Study	18 6:30pm Ross Janssen & Millie from KWCH 12	19 9:30am Ladies Bible Study Ph III 9:30am Exercises 6-10 Games/Potato Bar	20 3pm Bingo 6:30pm Chapel/ Buhler Mennonite	21 9:30am Exercises 11am Bible Study 3pm Ice Cream	22 9am Breakfast Ph 1 area
23 Jan Schierling 30	24 Don Schrag 31 JoAnn May 9:30am Exercises 3pm Bingo 7pm Bible Study	25	26 9:30am Ladies Bible Study Ph III 9:30am Exercises 6-10 Games	27 3pm Bingo 6:30pm Chapel/PVH	28 9:30am Exercises 11am Bible Study 3pm Ice Cream	7pm Costume Halloween Party Bring a snack to share-Ph 1 area

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Octob EASAI		LS		. 1 11:00 Devotions 3:00 Bingo
KRAFT KORNER @3 PM	11:00 Devotions 1:30 Coupon Cutting	4 11:00 Chaplain Visit SHARE N TELL 3:00 Bean Bag Toss	5 11:00 Devotions 1:00 Balloon Bopping 3:00 Dominoes	6 11:00 Devotions 1:00 Word Games 3:00 Game of Choice	T LUNCH & BINGO @ELMDALE SENIOR CENTER	11:00 Devotions 3:00 Bingo
KRAFT KORNER @3 PM	10 11:00 Devotions 1:30 Coupon Cutting Columbus Day (US) Thenlaghing Day (Canada)	11 11:00 Chaplain Visit SHARE N TELL 3:00 Bean Bag Toss	12 11:00 Devotions 1:00 Balloon Bopping 3:00 Dominoes	13 11:00 Devotions 1:00 Word Games 3:00 Game of Choice	14 11:00 Devotions 1:00 Residents Choice 3:00 Popcorn & Movie	15 11:00 Devotions 3:00 Bingo
16 KRAFT KORNER @3 PM	17	18 11:00 Chaplain Visit SHARE N TELL 3:00 Bean Bag Toss	19 11:00 Devotions 1:00 Balloon Bopping 3:00 Dominoes	BINGO @ THE MOOSE	21 11:00 Devotions 1:00 Residents Choice 3:00 Popcorn & Movie	11:00 Devotions 3:00 Bingo
KRAFT KORNER @3 PM	LUNCH @ ELMDALE SENIOR CENTER	11:00 Chaplain Visit SHARE N TELL 3:00 Bean Bag Toss	26 11:00 Devotions 1:00 Balloon Bopping 3:00 Dominoes	11:00 Devotions 1:00 Word Games 3:00 Game of Choice	11:00 Devotions 1:00 Residents Choice 3:00 Popcorn & Movie	11:00 Devotions 3:00 Bingo
30 KRAFT KORNER @3 PM						



Welcome Fall!

In September, we welcomed Fall in style by getting out and enjoying the beautiful weather September brought. We hosted a Labor Day event, decorated the facility for Fall, went on multiple outings and even welcomed some new residents.

Friends and family of Pleasant Hills are excited to see what October brings!

	ωl
Save the Dat	c.

Lunch and Bingo at Elmdale Senior Center:

October 7th

Lunch and Bingo at the Moose:

October 20th

Lunch and Bingo at Elmdale Senior Center

October 24

At the end of the month, we set off to Hobby Lobby with Joan, a Pleasant Hills resident, for new

We had fun decorating our home with lighted fall garland, wreaths, pumpkins and turkeys.

For an October activity, we even purchased paintable pumpkins for everyone to decorate to place beside their door.





September Outings

Dollar Tree

The first of September, we took our Residents to the newly opened Dollar Tree at the Hutchinson Mall!

Our residents were able to spend some money to get items they needed or wanted. Pictured left, Dean picked out a calendar to hang on his wall.

Lunch at the Senior Center

Mid month, we took our residents to the Delos V. Smith Senior Center in downtown Hutchinson. We enjoyed a delicious meal and wonderful accordion music. Pictured left, Ruth and Edythe are singing along to the music.

Special Events

Pizza and a Picnic

For one lunch this month, we decided a pizza party on the front patio was the way to go! After cleaning down the tables, we brought in Pizza Hut and enjoyed the beautiful weather with lunch and devotions.

Labor Day Family Day

On Labor Day, we hosted a BBQ Family Day for all Pleasant Hills family and friends. We had a great turnout and everyone enjoyed the delicious food the staff cooked. We had both resident families along with daycare families attend. Holiday Family Days are something we look forward to.

