



Pleasant News

January 2016

Pleasant View Home
P.O. Box 249
108 North Walnut
Inman, Kansas 67546

CEO	Kevin Reimer
Administrator	Jalane White
Director of Nursing	Marilyn Stufflebean
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Phone 620-585-6411
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Alzheimer's Support Group

Next meeting will be
Third Monday
7:00 pm in the
Conference Room

From the Administrator

Wow, another year has come and gone. We hope it has been a good year for all our residents, staff and families.

One of my favorite parts of tying up the loose ends of another year is attending the Christmas parties in each of our neighborhoods. I am always amazed at the level of participation that we enjoy from our residents, their friends and family. One of our neighborhoods, the Plaza, counted over 100 individuals at their holiday party! A big thank you goes out to our staff for organizing these gatherings and sincere thanks to family and friends for their continued support. It means a so much to our residents.

We often have this feeling, and we say this with humbleness, but yet great pride, that Pleasant View Home is the destination of choice. You do not have to take our word for it, as we found the results of the Kansas Resident Satisfaction Survey, on-line, and found that Pleasant View has the highest satisfaction ratings from the residents, themselves, as compared to other nursing homes in Reno and McPherson County. This was based on the 2015 ratings survey, completed by the National Research Corporation.

The landscape of healthcare continues to change and shift. No, it is not an earthquake, like those experienced in southern Kansas, this is more of a mild tremor. Recently, we heard from the Kansas Department of Aging and Disability Services (KDADS) that the local county Division of Children and Family (DCF) offices would no longer be processing the Medicaid program applications and updates for the elderly and disabled. The KanCare clearing house will be handling this as of January 1, 2016. One can access additional information at the KDHE website and also make application on-line.



Jalane White
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5 Painless Ways to Make Exercise a Habit That Sticks

For most people, 30 minutes of daily moderate physical activity is a good target, but getting there can be a challenge, and unfortunately there is no easy solution for those short on time. The simple truth is that in order to make exercise a regular habit, you need to move it up on your priority list. That said, if you're able to mentally reposition physical activity as a more positive experience, it won't feel like a sacrifice, and you may even come to enjoy it. As someone who has long struggled to maintain a consistent fitness routine and finally found some measure of success, here are some strategies that have worked for me.

Lower Your Expectations-This seems like a pessimistic way to start an article aimed at encouraging people to be more physically active, but setting a realistic and manageable fitness plan is one of the most important steps in making exercise a regular habit. If you come to dread exercising, there's a good chance you'll quit before you really get started instead of establishing a sustainable routine you can stick with for the long haul. So, start slow and build your way up as your body adjusts and your endurance increases.

Remove Exercise Obstacles-If you have to get in the car and drive five miles to a gym every time you want to get in some cardio, chances are you're going to skip a lot of workouts. The activation energy needed to get to that first minute of exercise is just too high. People need to find activities they can do right in their own home or neighborhood. When the weather is cooperating, this can be as simple as stepping out the front door, walking at a good clip for 15 minutes in one direction, and then turning around and heading back home, or fitness equipment for home use, such as a treadmill or elliptical is another great way to work out at any time and in any weather — you can even squeeze in 10-minute bursts while waiting for pasta water to boil or quizzing your kids on their spelling words. Exercise videos are another good at-home option if you want more variety. And if you prefer to use a fitness center, choose one that's directly on your daily route to and from work so you deviate as little as possible from your normal routine.

Pair Exercising With Something You Enjoy-Pairing fitness with an activity you enjoy, creates a positive association with exercise, which will make getting your daily dose so much easier. Indulge in cooking programs and talk shows that otherwise you couldn't justify watching. (Hint: speed up during the commercial breaks, turning your power walk into an interval workout.) If TV isn't your thing, you can use exercise time (and a handy mobile device) to listen to podcasts or books on tape, read your favorite blogs, shop, or even do a crossword puzzle.

Find a Fitness Partner-You're less likely to bail on your fitness routine if there's someone else counting on you to show up. Instead of catching up with your spouse or kids by vegging on the couch at the end of the day, go for a stroll around the neighborhood. Or if your loved ones live too far away to meet up in person, schedule a time to talk on the phone while you pound the pavement.

Don't Compare Yourself to Others-It's normal to feel intimidated by friends and family members who are extremely fit and constantly chatting about Spin class and 20-mile runs. But rating your fitness efforts against someone else's isn't constructive. You have to find what works for you and your lifestyle, and for many people, that's a daily walk rather than a sweat-soaking CrossFit session. If you're making an effort to be active, you're doing something terrific for your emotional and physical health, and that's something to celebrate — not feel badly about. Instead of comparing yourself to friends and family, share in their enthusiasm for health and fitness, and remember to give yourself credit where credit is due.



Happy New Year! We have many things to be thankful for as we conclude 2015 and I have no doubt that God has great things in store for us in 2016. For some of us there have been trials and heartaches in 2015. For others, there has been great joy. Whatever we have experienced in this year, we are thankful for the new year ahead and God's promise of making all things new.

We had a busy month in the Estates in December, but we could never complain that we didn't have good company, or that we didn't have enough to eat! Dear friends and tasty food were never far from us during the holiday season. Our residents enjoyed the Christmas Banquet, a Christmas Open House, and various other gatherings throughout the season.

Coming up in January, I'm offering a trip to Inman's high school basketball homecoming game, if weather allows. This will be a chance to see our local youth in action. The majority of our plans will involve staying close to home, with our monthly Estates Program, a movie night, and pancake breakfast, and chapel services.

During Wednesday night games this month, there will be a soup supper on Jan. 20th. The soups will be provided but please bring an item to go along with soup such as crackers, cheese, or veggies.

Also in January, check the calendar for some other cozy events such as winter crafting and a hot cocoa bar.

I look forward to a peaceful and prosperous 2016 with you. If there are special activities you would like me to help organize this year, please don't hesitate to let me know. Happy New Year!

Until next time, God bless,
Jocelyn Busick, Life Enrichment Coordinator



Estates Happenings

In the last couple of months we are pleased to have welcomed Dorothy McIntire, Delmer and Linda Ens, Penny Ediger and Harold Gilliland to our Estates family. If you see them around, please make them feel.

As we begin the new year we wish you and your family a Blessed year.

Cyndi Ratzlaff
cyndi@pleasantviewhome.com

Who's New? Who's Old?

December New Hires:

Abby Bernhardt---CNA
Jeremiah Hayden---CNA
Elena Mendoza---CNA
Shelby Miller---CNA
Shelby Nichols---CNA
Amanda Pringle---CNA
Sheila Long---CMA
Julie Wilcox---CMA
Melissa Flores---Dietary
Kris Luoma---Dietary
Mindy Clemens---Laundry

January Anniversaries:

Walt Neufeld---1-27-95
Daryl Regier---1-3-00
Nancy Wiebe---1-3-07
Charisse Sprunger---1-17-11
Karen Gunter---1-28-11
Jenifer Peterson---1-7-13
Diana Smallwood---1-7-13
Kaylee Schmidt---1-16-14
Jennifer Cox---1-22-14

Andee Tyler---1-9-15
Ashley Aston---1-16-15
Stephanie Schweizer---1-19-15
Corrine Henderson---1-23-15

January Birthdays:

Cindy Schierling---1-1
Cassie Crane---1-6
Jennifer Cox---1-9
Sheila Ratzlaff---1-12
Kyle Buller---1-12
Maria Boswell---1-14
Jake Doerksen---1-15
Tina Everhart---1-17
Kevin Reimer---1-19
Michella Apavor---1-19
Jenni Perry---1-19
London Foulk---1-23
Matthew Kroeker---1-24
Sabrina Jennings---1-28
Brittany Crump---1-28
Annie Capps---1-20



5 Reason Why Music

Boosts Brain Activity

1. Music evokes emotions that brings memories
2. Musical aptitude and appreciation are two of the last remaining abilities for those who have dementia
3. Music can bring emotional and physical closeness
4. Singing is engaging
5. Music can shift mood, manage stress and stimulate positive interactions.

Taken from www.alzheimers.net



2016



Reminder!!!!

Dementia Support Group
is available to anyone

Our meeting time is currently the 3rd Monday of each month at 7:00 pm in the Conference Room.

Please contact Jason , prior to the meeting date, at 620-585-6411
If you are interested in attending.

If you have a Face Book account be sure to visit our Pleasant View Home Face Book page and "like" us!



Looking for new Opportunities in 2016? Come volunteer at Pleasant View Home!

Contact Jason for information on volunteer opporntities

Jason Herndon LMSW
jason@pleasantviewhome.com



Jumpin with Jen having fun with canned string.

Bill of Rights of Pleasant View Home

These rights were signed by the residents of Pleasant View Home or the residents DPOA. If at anytime the resident or DPOA need to discuss them, we ask that you speak to the Social Service Designee here at Pleasant View Home. This year we have 33 Bill of Rights to review: These are read and discussed at the resident council meeting the first of each month.

17. The Resident has a right to receive information from agencies acting as client advocates and be afforded the opportunity to contact the agencies.
18. The Resident has a right to refuse to perform services for the Facility.
19. The Resident has a right to agree to perform voluntary or paid services for this Facility if he or she desires if there is no medical reason which would contradict the performing of the services and if compensation for paid services is at or above prevailing rates.

Chaplain's Corner

2 Corinthians 5:9

We make it our aim, whether present or absent, to be well pleasing to Him.





Few people in our world have no goals; let me turn that around: almost **everyone** has at least one goal in life: 1) for the baseball manager, to lead his team to ultimate victory in the world series; 2) for a professional baseball player, to play on the championship team; 3) for many young adults today, to acquire that first million dollars of assets; 4) for many, to earn that first college degree. The list is exhaustless!

Far too few have established **spiritual goals**, including many professing Christians. Two of my goals as a young Christian (I came to a saving knowledge of Christ as my Savior during my days in college) included 1) reading the totality of the Bible; 2) completing the *Topical Memory System* of Bible memory (established by the Navigator Ministry to assist Christians in Bible knowledge), both of which I have accomplished; **but** you and I need to establish new goals periodically; and the beginning of a **New Year** is a good time to do it. As they say, "Don't rest of your laurels."

The Apostle Paul was a goal-oriented believer and mentor of men and women in Christian faith and practice. Some of his goals included the following: 1) to take the gospel to as many people possible in his world, which would take him to people at least one thousand miles away; 2) to establish churches in major cities where people had trusted in Christ; 3) to disciple and train men in becoming spiritual leaders of those churches; and 4) to take the gospel even to governing authorities and kings. Paul was hard on himself; I strongly think others considered him a tough taskmaster! He was, however, committed to excellence in his spiritual life, and challenged believers near him with like-minded goals, primarily because he wanted **to be well-pleasing to** the Lord Jesus Christ, who saved him from eternal condemnation.

As we approach yet another year because of God's grace, may we each aspire to excellence in the spiritual life, and specifically lay out a few goals for this coming year...and for **life**. Our blessed Savior is worthy of our devotion (2 Cor. 8:9). One Day we shall see Him; and we shall be **with Him**. In making our great plans for the year ahead, let us **begin with Him**. Speaking in Chapel services this month (each service begins at 6:30 P.M.) will be Beverly Regier, describing her recent experiences in Ethiopia, January 7; Pastor Dennis Ureche, of St. Peters United Church of Christ, January 14; Pastor Rich Doerkson, of Grace Bible Church, January 21; and Pastor Charles Kauffmann, of Groveland Church, January 28. Norman Feldman, Howard Schierling, Pam Thurston, and Sadie (Judy) Burke passed on in recent days; staff member Mary Beasley, head of housekeeping, suddenly passed; we all shall miss her greatly.

Chaplain Dave Denlinger
dave@pleasantviewhome.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<p>2 8:30 Sunshine Ex. 6:30 Movie Entertainment</p>
<p>3 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St. Peter 9:30 Ch. 14 ZoarMB</p>	<p>4 9:30 Retail Therapy 2:30 Monday Manicures</p>	<p>5 9:30 Faith & Fun 10:00 Jumpin' with Jen! 1:45 Men's Koffee Klub</p>	<p>6 </p>	<p>7 </p>	<p>8 9:30 Faith & Fun 10:00 Sensorsize 2:30 1st Graders Here!!!!</p>	<p>9 8:30 Sunshine Ex. 6:30 Movie Entertainment</p>
<p>10 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St. Peter 9:30 Ch. 14 ZoarMB</p>	<p>11 9:30 Faith & Fun 10:00 Morning Gathering 2:30 Monday Manicures</p>	<p>12 9:30 Faith & Fun 10:00 Jumpin' with Jen! 1:45 Men's Koffee Klub</p>	<p>13 9:30 Faith & Fun 10:00 4-G Challenge 2:00 Jeopardy CC vs. Ivy!!!!</p>	<p>14 10:00 Leave for Starlight Lanes! 2:00 Bingo 3:00 Social 6:30 Chapel</p>	<p>15 9:30 Faith & Fun 10:00 Sensorsize 2:00 Friday Frostys</p>	<p>16 8:30 Sunshine Ex. 6:30 Movie Entertainment</p>
<p>17 </p>	<p>18 9:30 Faith & Fun 10:30 Leave for The Barn in Burrton! 2:30 Monday Manicures</p>	<p>19 9:30 Faith & Fun 10:00 Jumpin' with Jen! 1:45 Men's Koffee</p>	<p>20 9:30 Faith & Fun 10:00 4-G Challenge 2:00 Spelling Bee</p>	<p>21 9:30 Faith & Fun 10:00 Vegemite Pastry! 2:00 Bingo 3:00 Social 6:30 Chapel</p>	<p>22 9:30 Faith & Fun 10:00 Sensorsize 2:00 Friday Frostys</p>	<p>23 8:30 Sunshine Ex. 6:30 Movie Entertainment</p>
<p>24 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St. Peter 9:30 Ch. 14 ZoarMB</p>	<p>25 9:30 Faith & Fun 10:00 Morning Gathering 2:30 Monday Manicures</p>	<p>26 9:30 Faith & Fun 10:00 Jumpin' with Jen! 1:45 Men's Koffee Klub</p>	<p>27 9:30 Faith & Fun 10:00 4-G Challenge 2:00 Red Hat Society Meeting</p>	<p>28 9:30 Faith & Fun 10:00 Dominoes 2:00 Bingo 3:00 Social 6:30 Chapel</p>	<p>29 9:30 Leave for Shopping at Kmart 2:00 Friday Frostys</p>	<p>30 8:30 Sunshine Ex. 6:30 Movie Entertainment</p>
<p>31 same as above</p>			<p>Calendar Subject to Change....</p>			

Cottonwood Corner

A huge “thankyou” to all of the families that were able to come to our Annual Cottonwood Christmas Party! It was a success with 91 in attendance! I look forward to this New Year and wish you all health and happiness! As you can



see from these pictures our Party was filled with laughter and fun! I am thankful for the past year but now am looking forward to 2016. Please feel free to come share a memory, sing a song, play a tune or come on a bus trip with us! God Bless you all!

Becky Burkholder, SSD
becky@pleasantviewhome.com

Sunday

Monday

Tuesday

Wednesday


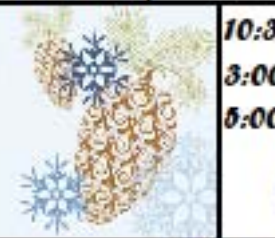

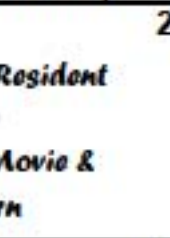

Thursday

Friday

Saturday

JANUARY 2016

WALNUT COURT

								
10:30 Church Services FAMILY TIME FOOTBALL SUNDAYS	10:30 Reminisce 3:00 Rolling Store 5:00 Exercises	10:00 Baking 3:30 Wii Fun 5:00 Exercises	10:30 Bible Study 3:00 Ice Cream 5:00 Exercises	10:30 Games 3:30 Trivia 5:00 Exercises	10:30 Bingo 3:00 Nails 5:00 Exercises	10:30 Resident Choice 3:00 Movie & Popcorn		
10:30 Church Services FAMILY TIME FOOTBALL SUNDAYS	10:30 Reminisce 3:00 Rolling Store 5:00 Exercises	10:00 Craft 3:30 Wii Fun 5:00 Exercises	10:30 Bible Study 3:00 Ice Cream 5:00 Exercises	10:30 Games 3:30 Puzzles 5:00 Exercises	10:30 Bingo 3:00 Nails 5:00 Exercises	10:30 Resident Choice 3:00 Movie & Popcorn		
10:30 Church Services FAMILY TIME FOOTBALL SUNDAYS	10:30 Reminisce 3:00 Rolling Store 5:00 Exercises	10:00 Baking 12:30 Res. Counsel 3:30 Wii Fun 5:00 Exercises	10:30 Bible Study 3:00 Ice Cream 5:00 Exercises	10:30 Games 3:30 Trivia 5:00 Exercises	10:30 Bingo 3:00 Nails 5:00 Exercises	10:30 Resident Choice 3:00 Movie & Popcorn		
10:30 Church Services FAMILY TIME FOOTBALL SUNDAYS	10:30 Reminisce 3:00 Rolling Store 5:00 Exercises	10:00 Craft 3:30 Wii Fun 5:00 Exercises	10:30 Bible Study 3:00 Ice Cream 5:00 Exercises	10:30 Games 3:30 Puzzles 5:00 Exercises	10:30 Bingo 3:00 Nails 5:00 Exercises	10:30 Resident Choice 3:00 Movie & Popcorn		
10:30 Church Services FAMILY TIME FOOTBALL SUNDAYS	My Wishes For You..... When you are lonely I wish you LOVE When you are Down I wish you JOY When you are Troubled I wish you PEACE When Things look Empty I wish you HOPE May you be surrounded by HAPPINESS, PEACE, & JOY ALWAYS!! WISHING YOU A VERY HAPPY NEW YEAR!!							

ALL ACTIVITIES ARE SUBJECT TO CHANGE

Walnut Court

December has flown by as well as the year 2015. We hope you all had a very Merry Christmas and safe and Happy New Year.

I want to send out a special THANK YOU for the Walnut Staff who take such good care of our residents and helped out with the holiday gatherings. And a Thank you for all the family that joined us on our Christmas party. We even got to see Santa Claus :)



We also celebrated with Lin-

da and Margaret for their birthdays! It's always a special time for us all to celebrate together!



January 2016

As January has fastly approached will be planning a trip to the movies and Walmart this month per residents requests. If any family members or friends would like to join for either of those just call or email me and I'll be happy to make arrangements with you, and let you know the exact dates.






Cindy Kahns
cmk@pleasantviewhome.com



January 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Harvest House</i>					1  NEWYEAR	2 11:00 Devotions 4:00 Bingo and popcorn
3 8:30—Bethel ch 51 10:30—Zoar ch14 Inman Menn ch 54 Buhler ch 56 St Peters ch 58	4 11:00—Bible Study with Pastor Dave	5 10:30 Bend with Jenn 11:00 Devotions 4:00 Hand”le with Care	6 11:00 Devotions 2:30 Ice Cream Social	7 11:00 Devotions 4:00 Bingo and popcorn	8 11:00 Devotions 4:00 Rolling Store	9 11:00 Devotions 4:00 Bingo and popcorn
10 8:30—Bethel ch 51 10:30—Zoar ch14 Inman Menn ch 54 Buhler ch 56 St Peters ch 58	11 11:00—Bible Study with Pastor Dave	12 10:30 Bend with Jenn 11:00 Devotions 4:00 Hand”le with Care	13 11:00 Devotions 2:30 Ice Cream Social	14 11:00 Devotions 4:00 Bingo and popcorn	15 11:00 Devotions	16 11:00 Devotions 4:00 Bingo and popcorn
17 8:30—Bethel ch 51 10:30—Zoar ch14 Inman Menn ch 54 Buhler ch 56 St Peters ch 58	18 11:00—Bible Study with Pastor Dave	19 10:30 Bend with Jenn 11:00 Devotions 4:00 Hand”le with Care	20 11:00 Devotions 2:30 Ice Cream Social	21 11:00 Devotions Throwback Lunch Day 4:00 Bingo	HAPPY BIRTHDAY VERNIE 	23 11:00 Devotions 4:00 Bingo and popcorn
24 8:30—Bethel ch 51 10:30—Zoar ch14 Inman Menn ch 54 Buhler ch 56 St Peters ch 58	25 11:00— Bible Study with Pastor Dave	26 10:30 Bend with Jenn 11:00 Devotions 4:00 Hand”le with Care	27 11:00 Devotions 2:30 Ice Cream Social	HAPPY BIRTHDAY RAMONA 	29 11:00 Devotions 4:00 Rolling Store	30 11:00 Devotions 4:00 Bingo and popcorn

Harvest House

Hello Everyone! Last month was a fun filled month. From our activities to visiting with friends and family and our Christmas Party we had on December 15th, which was amazing. It was nice to have all the families come together and spend Christmas dinner with each other. We have a couple of Birthdays this month Mrs. Ramona Martens and Mrs. Vernabelle Sperling. We are proud to announce our new cooking activity called Cooking with Nancy. Master Chef Nancy has been teaching staff members and residents in our household kitchen how to bake and cook new foods. I hope to have more fun filled activities this month. HAPPY NEW YEAR EVERYONE!



Loita Conley SSD
Lotia@pleasantviewhome.com

JANUARY 2016



Sun

Mon

Tue

Wed

Thu

Fri

Sat

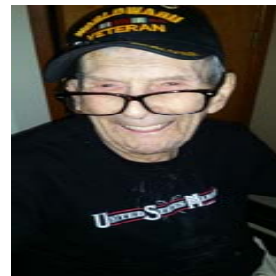
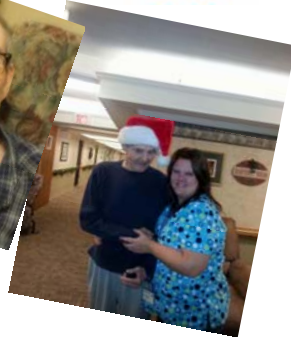
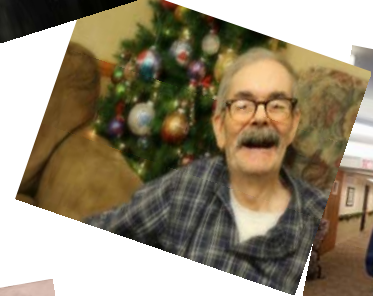
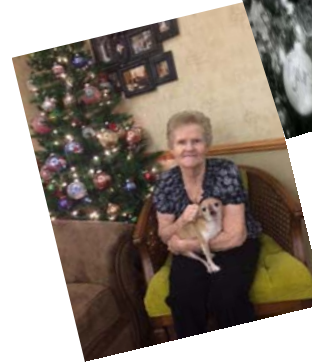
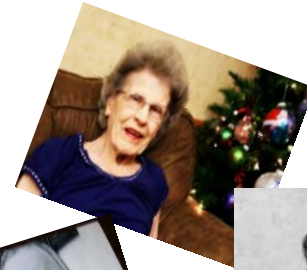
<p>31 Church 10:30 Family Day Home Cooked Supper</p>					<p>1 Happy New Year!</p>	<p>2 Exercises 10:30 Devotions 11:00 Resident Choices</p>
<p>3 Church 10:30 Family Day Home Cooked Supper</p>	<p>4 Exercises 10:30 Devotions 11:00 Monday Trivia Happy B-Day Kat</p>	<p>5 Exercises 10:30 Devotions 11:00 Ring Toss</p>	<p>6 Exercises 10:30 Bible Study 11:00 Movie and Pop Corn</p>	<p>7 Exercises 10:30 Devotions 11:00 Home Cooked Meal</p>	<p>8 Exercises 10:30 Devotions 11:00 Bowling Fun</p>	<p>9 Exercises 10:30 Devotions 11:00 Resident Choices</p>
<p>10 Church 10:30 Family Day Home Cooked Supper</p>	<p>11 Exercises 10:30 Devotions 11:00 Monday Trivia</p>	<p>12 Exercises 10:30 Devotions 11:00 Ring Toss</p>	<p>13 Exercises 10:30 Bible Study 11:00 Movie and Pop Corn</p>	<p>14 Exercises 10:30 Devotions 11:00 Home Cooked Meal</p>	<p>15 Exercises 10:30 Devotions 11:00 Bowling Fun</p>	<p>16 Exercises 10:30 Devotions 11:00 Resident Choices</p>
<p>17 Church 10:30 Family Day Home Cooked Supper</p>	<p>18 Exercises 10:30 Devotions 11:00 Monday Trivia</p>	<p>19 Exercises 10:30 Devotions 11:00 Ring Toss</p>	<p>20 Exercises 10:30 Bible Study 11:00 Movie and Pop Corn</p>	<p>21 Exercises 10:30 Devotions 11:00 Home Cooked Meal</p>	<p>22 Exercises 10:30 Devotions 11:00 Bowling Fun</p>	<p>23 Exercises 10:30 Devotions 11:00 Resident Choices Happy B-Day London</p>
<p>24 Church 10:30 Family Day Home Cooked Supper</p>	<p>25 Exercises 10:30 Devotions 11:00 Monday Trivia</p>	<p>26 Exercises 10:30 Devotions 11:00 Ring Toss</p>	<p>27 Exercises 10:30 Bible Study 11:00 Movie and Pop Corn</p>	<p>28 Exercises 10:30 Devotions 11:00 Home Cooked Meal Happy B-day Sabrina</p>	<p>29 Exercises 10:30 Devotions 11:00 Bowling Fun</p>	<p>30 Exercises 10:30 Devotions 11:00 Resident Choices</p>

The Plaza News

Happy New Year to each and every one. Plaza ended the year with a bang with our Christmas Party and our Christmas Eve Holiday Dinner. Thank -You for every-one that came to make the night a success. We look forward to the New Year and all that it brings.

We had to say good-bye to Norman Feldman as he went to his Forever Home in Heaven. We welcomed Ron Hawkins and Lynn Bryant to our home here on the Plaza. We look forward to all that they bring to the Plaza.

Some sad but exciting news is that Kristan Bode our Unit Cordinator is moving to Wichita to be closer to Family. She will be greatly missed and leaves BIG shoes to fill. WE look forward to the new journey ahead of us.



Chris Fleming, SSD
chris@pleasantviewhome.com

Heritage Inn

All activities are subject to change

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

JANUARY



2
11:15 Devotions
7:00 Lawrence Welk

3
10:30 Church Service
Bethel-Channel 51
Inman Menn-56
Zoar-14
St. Peters- 58

4
11:15 Devotions
12:45 Exercise
7:00 Trivia



5
10:30 Bible Study
11: Res. Council
12:45 Exercise
2:00 Tasty Tuesday

6
11:15 Devotions
12:45 Exercise
3:00 Game Time
4:00 Mother's Day Craft

7
10:00 Nails
11:15 Devotions
12:45 Exercise
6:30 Chapel


8
10:00 Baking
11:15 Devotions
12:45 Exercise

9
11:15 Devotions
7:00 Lawrence Welk

10
10:30 Sunday Worship
2:00 Family Time

11
11:15 Devotions
12:45 Exercise
7:00 Trivia

12
10:30 Bible Study
12:45 Exercise
2:00 Tasty Tuesday

13

Happy Birthday Dean!

14
10:00 Nails
11:15 Devotions
6:30 Chapel

15
11:15 Devotions
12:45 Exercise
2:45 Movie & Popcorn!



16
11:15 Devotions
7:00 Lawrence Welk

17
10:30 Sunday Worship
2:00 Family Time

18
Martin Luther King Jr. Day

19
10:30 Bible Study
12:45 Exercise
2:00 Tasty Tuesday

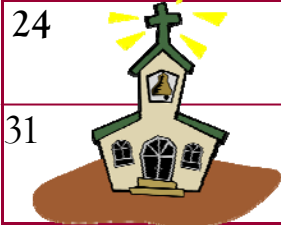


20
11:15 Devotions
12:45 Exercise
3:00 Game Time

21
10:00 Nails
11:15 Devotions
6:30 Chapel

22
10:00 Baking
11:15 Devotions
12:45 Exercise

23
Happy Birthday Adeline!!!



25
11:15 Devotions
12:45 Exercise
7:00 Trivia

26
10:30 Bible Study
12:45 Exercise
2:00 Tasty Tuesday

27
10:00 Baking
11:15 Devotions
12:45 Exercise
3:00 Game Time!

28

Breakfast at the Fire House Café!

29
11:15 Devotions
12:45 Exercise
2:45 Movie & Popcorn!

30
11:00 Devotions
7:00 Lawrence Welk

Heritage Inn

Happy New Year! Hope everyone had a wonder Christmas. We have ended one more year and all of us at the Heritage Inn are ready to start all the fun all over again! Here are a few pictures of our Christmas party which was a fun time! We had lots of chicken noodle soup, ham, and all sorts of pies! We were all glad to see all of you



Remembrance Wall

1922-2015

On December 20th Judy Burke went to be with the Lord.



"What we have once enjoyed we can never lose. All that we love deeply becomes a part of us."
Helen Keller
















who were able to make it out and spend some time with all of us! All of our residents seemed to really have a good time and enjoyed themselves. I think everyone was warned out by the end because the next day there was a lot of sleeping in!

Yajaira Rivas, SSD/AD
yajaira@pleasantviewhome.com

Sun Mon Tue Wed Thu Fri Sat

Calendar subject to change

 <h2 style="text-align: center;">January 2016</h2> <h3 style="text-align: center;">Ivy Grove & Rapid Recovery</h3> 						
						2 Happy Birthday Iris
3 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St Peters 9:30 Ch. 14 Zoar	4 9:30 Retail Therapy 2:00 Mmm Monday Ice cream 	5 9:30 Devotions 10:00 Dominoes 1:45 Men's Koffee Klub	6 10:00 Dave's Devotions 10:30 Jammin with Jen 2:00	7 9:30 Devotions 10:00 Resident Council 2:00 Bingo 3:00 Social 6:30 Chapel	8 9:30 Devotions 10:00 Vegemite Pastry Rolls	9 8:30 Sunshine Exercise 10:00 Snack and Chat Movie or games
10 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St Peters 9:30 Ch. 14 Zoar	11 9:30 Devotions 10:00 Nifty Nails 2:00 Mmm Monday Ice cream	12 9:30 Devotions 10:00 WaHoo! 1:45 Men's Koffee Klub	13 10:00 Dave's Devotions 10:30 Jammin with Jen 2:00 Jeopardy IG vs CC	14 9:30 Bowling at Starlight Lanes 2:00 Bingo 3:00 Social 6:30 Chapel 	15 9:30 Devotions 10:00 Popcorn Machine	16 8:30 Sunshine Exercise 10:00 Snack and Chat Movie or games
17 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St Peters 9:30 Ch. 14 Zoar	18 10:30 Lunch at the The Barn in Burrton  Happy Birthday Maxine	19 9:30 Devotions 10:00 Nifty Nails 1:45 Men's Koffee Klub	20 10:00 Dave's Devotions 10:30 Jammin with Jen 2:00 Spelling Bee	21 9:30 Devotions 10:00 Uno Attack! 2:00 Bingo 3:00 Social 6:30 Chapel	22 9:30 Devotions 10:00 Sensorcise	23 8:30 Sunshine Exercise 10:00 Snack and Chat Movie or games
24 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St Peters 9:30 Ch. 14 Zoar	25 9:30 Devotions 10:00 Nifty Nails 2:00 Mmm Monday Ice cream	26 9:30 Devotions 10:00 Popcorn Machine 1:45 Men's Koffee Klub	27 10:00 Dave's Devotions 10:30 Jammin with Jen 2:00 Red Hat Society	28 9:30 Devotions 10:00 Pick a Game 2:00 Bingo 3:00 Social 6:30 Chapel	29 9:30 Leave for K-Mart and out for Lunch 	30 Happy Birthday Veora
31 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St Peters 9:30 Ch. 14 Zoar						

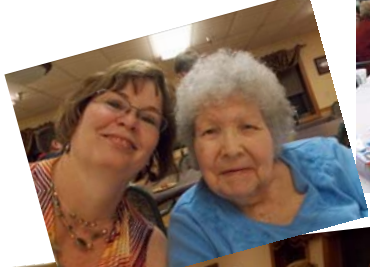
Ivy Grove & Rapid Recovery

I Pray your Christmas was as fun as our Annual Family Christmas!

A big thank you to those that helped to get our Christmas



Party ready and a bigger thank you to family that was able to attend. Your support means so much!



We also want to send a special thank you to the Noteables, The Gay Family, Inman School and other friends who came to spread some Christmas cheer. You help make our holidays even more special!

From us to you, have a wonderful and Blessed New Year!



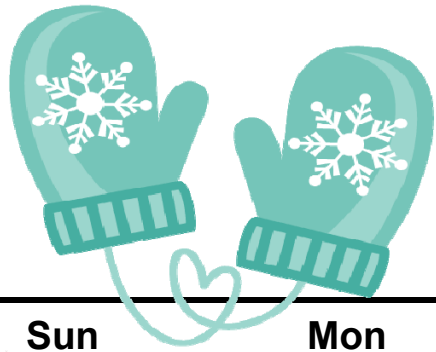
Michele Watson, SSD
michele@pleasantviewhome.com

JANUARY LUNCHESES 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>31 ROAST BEEF / C GRAVY GERMAN SAUSAGE MASHED POTATO BU. MIXED VEGETABLES GREEN BEAN CASSEROLE SPICY PEACH SALAD CHOCOLATE LAYER DESSERT DINNER ROLL</p>					<p>1 STUFFED GREEN PEPPERS FRIED FISH / TARTAR SAUCE CREAMED POTATO SEASONED PEAS CHEF BLEN BEGETABLE POUND CAKE WITH STRAWBERRIES DINNER ROLL</p>	<p>2 BBQ PORK CHOP EASY SPEGHETTI WITH GARLIC STICKS CHEESE TOPPED POTATO CAPRI BLEND VEGETA- BLE SUGAR SNAP PEAS COLESLAW FRUIT CUP SALAD DINNER ROLL</p>
<p>3 ROAST BEEF WITH BROWN GRAVY GERMAN SAUSAGE MASHED POTATO BU. MIX VEGETABLE GREEN BEAN CASSEROLE SPICY PEACH SALAD CHOCOLATE LAYER DESSERT DINNER ROLL</p>	<p>4 HONEY GLAZED HAM CHICKEN FRIED STEAK COTTAGE FRIES CAULIFLOWER WITH CHEESE SAUCE COUNTRY BLEND VEGETABLE THREE BEAN SALAD PINEAPPLE UPSIDE DOWN CAKE DINNER ROLL</p>	<p>5 BAKED CHICKEN BREAST HAMBURGER STEAK N ONIONS CORN PUDDING STEAMED BROCCOLI SEAS. BUTTERED CABBAGE CRANBERRY SALAD FRUIT CRISP WITH TPG DINNER ROLL</p>	<p>6 SWISS STEAK WITH TOMATOES PORK CHOP PARSLEY RED POTATO GREEN BEANS ITALIAN BLEND STUFFED APPLE RING PUMPKIN ORANGE SQUARES DINNER ROLL</p>	<p>7 MEXICAN MEATLOAF CHICKEN STRIPS CREAMY SCALLOPED POTATO CALIFORNIA MIX VEG SCALLOPED APPLES CREAMY CUCUMBER SALAD FRUIT COCKTAIL CAKE DINNER</p>	<p>8 TASTY ROAST PORK BACON, LETTUCE N TOMATO ON TOAST WILD RICE BLEN SPINACH SEAS. PEAS FRUIT GELATIN SALAD BANANA BAR WITH CREAM CHEESE ICING DINNER ROLL</p>	<p>9 SALISBURY STEAK / GRAVY CHILI HASH BROWNS PARSLEY BU. CARROTS BU. ITALIAN BLEND PEA SALAD CREAM PUDDING / TPG. DINNER ROLL</p>
<p>10 CRISPY OVEN FRIED CHICKEN ROAST BEEF WITH BROWN GRAVY MASHED POTATO GREEN & WAX BEANS SEAS. BU. CAULIFLOWER SOUTHWESTERN SALAD FRUIT PIE DINNER ROLL</p>	<p>11 BEEF STROGANOFF CHICKEN FRIED STEAK WITH MASHED POTATO SEAS. NOODLES WINTER MIX VEG. ASPARAGUS MINT PEAR / CREAM CHEESE FRUITED BREAD PUDDING WITH LEMON SAUCE</p>	<p>12 HAM N BEANS BAKED FISH WITH HASHBROWNS CHOPPED ONIONS STEWED TOMATOES MIXED VEGETABLES FRESH FRUIT CUP ICE CREAM SUNDAE CORN BREAD</p>	<p>13 BEEF POT ROAST WITH ONIONS, CARROTS & POTATOES CHILI CON CARNE CAPRI BLEND BEG. JELLIED CRANB. GELATIN BANANA PUDDING DESSERT DINNER ROLL</p>	<p>14 SMOTHERED PORK CHOP RAISIN DRESSING CHICKEN FRIED CHICKEN SCALLOPED APPLES TOMATO WEDGE LIMA BEANS GREEN SALAD BOWL SHERBET DINNER ROLL</p>	<p>15 FRIED FISH TARTAR SACE MEATLOAF MACARONI AND CHEESE PEAS GREEN BEANS CHOPPED LETTUCE WITH HARD BOILED EGG SALAD FRUIT CUP DINNER ROLL</p>	<p>16 SWEET N SOUR CHICKEN SPAGHETTI AND MEATBALLS STEAMED RICE BROCCOLI CARROTS BLUSHING PEAR COOKS CHOICE CAKE</p>
<p>17 PIT HAM CHICKEN FRIED STEAK GLAZED SWEET POTATO\ GREEN BEAN CASSEROLE CORN LIME MIST SALAD COOKS CHOICE PIE</p>	<p>18 CHICKEN SHANGHI ROAST BEEF / GRAVY OBRIEN POTATO BROCCOLI AND CHEESE SEAS. ASPARAGUS RANCH LETTUCE SALAD DEEP DISH COBBLER DINNER ROLL</p>	<p>19 BREADED PORK CUTLET / GRA- VY CHEESY MEATLOAF MASHED POTATO BAKED SQUASH STEWED TOMATOES PEACH GRATED CHEESE \$ SHERBET DINNER ROLL</p>	<p>20 CURRY CHICKEN HAMBURGER WITH TRIMMINGS RED BLISS POTATOES SUGAR SNAP PEAS BAKED BEANS APPLE RAISIN SALAD CREAM TART / TOPPING DINNER ROLL</p>	<p>21 MINUTE STEAK / C BLACK PEP- PER GRAVY MASHED POTATO CHUCKEWAGON CORN CHEF BLEND VEG. DEVILED EGG WITH PICKLE D BEET SALAD P/A CAKE WITH CREAM CHEESE FROSTING</p>	<p>22 SALMON CROQUETTE BBQ RIBBETTE ON BUN PARS. BU. POTATO CREAMED PEAS BU. CARROTS GREEN SALAD BOWL CHILLED APRICOTS DINNER ROLL</p>	<p>23 GRILLED BRATWURST PULLED PORK ON BUN COTTAGE FRIES FRIED CABBAGE SEAS PEAS FRUIT CUP SALAD FRUIT COBBLER DINNER ROLL</p>
<p>24 CHICKEN BREAST STROGANOFF ROAST BEEF / BROWN GRAVY SEAS. NOODLES WINTER MIX VEG. BRUSSEL SPROUTS FRUIT SALAD PUMPKIN PIE DINNER ROLL</p>	<p>25 ROAST TURKEY MEATLOAF MASHED POTATO / C GRAVY SEAS. SPINACH COUNTRY BLEND VEGETABLE CAULIFLOWER CHEESE SALAD BANANA SPLIT BROWINE DINNER ROLL</p>	<p>26 MEXICAN LASAGNA CHICKEN STRIPS BU. CORN SEAS. ASPARAGUS MARINATED CUCUMBER \$ POUND CAKE / FRUIT PIE FILLING DINNER ROLL</p>	<p>27 EASY SPAGHETTI AND MEAT SAUCE GRILLED HAM AND HASHBROWNS STEAMED BROCCOLI CANDIED CARROTS TOSSED SALAD / DRESSING SHERBET GARLIC BREAD</p>	<p>28 BAKED FISH AU GRATIN BBQ RIBBETTE ON BUN BOILED POTATO GREEN BEANS WITH BACON MIXED VEGETALBES STRAWBERRY ORANGE SALAD CAMEL PEAR PUDDING / C VANILLA SCE DINNER ROLL</p>	<p>29 STEAK N STUFF TACO SALAD RICE PILAF SEAS. PEAS CAPRI BLEND VEG. P/A WITH COTTAGE CHEESD SALAD FRUIT PIE DINNER ROLL</p>	<p>30 BAKED PORK CUTLET CHICKEN FRIED CHICKEN STREUSEL BAKED SWEET POTATO BU. ITALIAN MIX VEG. WAX BEANS CRANBERRY APPLE GELATIN SALAD CHILL FRUIT COCKTAIL DINNER ROLL</p>

JANUARY SUPPERS 2016

31					1	2
HOT CHICKEN SALAD GRILLED HAM POTATO CASSEROLE MANDARIN ORANGES CHOCOLATE CHIP COOKIE CROSSIANT					ENCHALADA SOUP MONTERY CHICKEN ON BUN HAYSTACKS MACARONI SALAD CHILLED APRICOTS	CHEESEBURGER WITH TRIMMINGS CHEF SALAD SLICE TOMATO SALAD CHILLED PEARS
3	4	5	6	7	8	9
HOT CHICKEN SALAD GRILLED HAM POTATO CASSEROLE CHILLED MANDARIN ORANGES CHOCOLATE CHIP COOKIE CROSSIANT	HMD CHICKEN NOODLE SOUP REUBEN SANADWICH GRILLED CHEESE POTATO CHIPS FRUIT SALAD SHERBET	QUICK VEGETABLE SOUP GOULASH HOT DOG / BUN COUNTRY BLEND VEG. RED JELLIED FRUIT CUP HOT BISCUIT	BEEF VEGETABLE SOUP HAM, CHEESE AND NOODLE CASSEROLE BOLOGNA N CHEESE SANDWICH SEAS. BRUSSELS SPROUTS CHILLED PEARS COOKS CHOICE COOKIE	CREAM OF POTATO SOUP CRACKERS TURKEY & SWISS ON W.W BREAD OMELET / TOAST COLESLAW STRAWBERRY SUNDAE	SPLIT PEA SOUP FISH STICKS / TARTAR SC CHICKEN SALAD SAND- WICH CREAMED POTATO ZUCCHINI AND TOMATO DICED PEACHES BREAD	GRILLED POLISH SAUSAGE ON BUN WITH KRAUT HAMBURGER / BUN TRIMMINGS GERMAN POTATO \$ APPLE PIE CAKE ALA MODE
10	11	12	13	14	15	16
SCALLOPED HAM & CABBAGE CASS. FISH SAND. / TARTAR SCE BU. CARROTS CHILLED TROPICAL FRUIT CUP DROP MOLASSES COOKIE	TOMATO SOUP TUNA RICE CASSEROLE CHICKEN NUGGETS SEAS. PEAS P/A BANANA GELATIN SALAD CHOCOLATE SHEET CAKE / CHOC. FROSTING	TACO SOUP WITH CHIPS CHAR-BURGER ON BUN WAFFLE FRENCH FRIES LUNCHEON MEAT SANADWICH CUCUMBER & SOUR CREAM SALAD DICED PEACHES	CAULIFLOWER CHEESE SOUP SCRAMBLED EGG / WITH CHEESE GRILLED HAM PATTIE HOT DOG HASH BROWN POTATO CHILLED MANDARIN ORANGES SPICY OATMEAL MUFFIN	HMD BEEF NOODLE SOUP CRACKERS MEAT SALAD SANDWICH HAMBURGER WITH TRIMMINGS CHILLED APRICOTS DROP SUGAR COOKIE	CREAM OF VEGETABLE SOUP HOT ROAST TURKEY SANDWICH MASHED POTATO MINI PIZZA ZESTY CORN SALSA SAL- AD FIETA FRUIT PUDDING / TOPPING	BEEF STEW GRILLED CHEESE SAND- WICH PEACH / C COTTAGE CHEESE \$ FRUIT CRISP / C TPG HOT BISCUIT
17	18	19	20	21	22	23
MINSTRONE SOUP CRACKERS ROAST BEEF AND CHEDDAR ON BUN HOT DOG AND CHIPS FRUIT COCKTAIL ICE N SPICE COOKIE	CHILI CON CARNE CRACKERS LUNCHEON MEAT SAND. COLESLAW GELATIN CUBES / TPG.	TOMATO SOUP CRACKERS GRILLED CHEESE SAND GRILLED HAM N CHEESE BANANA, MANDARIN ORANGE P/A CUP	HMD. CHICKEN NOODLE SOUP TUNA TETRAZZINI CORN DOG GREEN BEANS FRUIT CRISP / TPG	CAULIFLOWER CHEESE SOUP CRACKERS SLICED TURKEY SAND EGG SALAD SAND. POTATO CHIPS STRAWBERRY BANANA CUP	WHITE CHILI MEATBALLS IN MUSHROOM SAUCE STEAMED RICE CHEESEBURGER / WITH TRIMMINGS ZESTY BROCCOLI SALAD CREAM PUDDING / TPG	GROUND BEEF PIE PIZZA SLICED PINEAPPLE SALAD BAR COOKIE
24	25	26	27	28	29	30
BBQ ON BUN HAM N CHEESE SAND. POTATO SALAD DILLY CARROT SALAD ICE CREAM BAR	HAM & BUTTER BEAN SOUP HAM BALLS GRILLED CHEESE CARROT CASSE- ROLE GLAZED APPLES HOT BISCUIT / C HONEY	BROCCOLI CHEESE SOUP CHIKEN ON BUN HOT DOG VARIETY BEAN BAKE CHILLED APRICOTS COOKIE	TACO SOUP TURKEY CASSEROLE EGG SALAD SANDWICH SEAS. ZUCCHINI FRUIT SALAD MARSHMALLOW KRISPIE SQUARE	CHICKEN CORN CHOWDER ROAST BEEF ON W.W PORK BURGERS POTATO CHIPS CHILLED PEACHES	TOMATO SOUP HAMBURGER WITH TRIMMINGS HOT HAM N CHEESE ON BUN FRENCH FRIES TROPICAL FRUIT CUP	PIZZA BURGER TUNA SALAD SANDWICH TATER TOT POTATOES P/A MARSHMALLOW COLESLAW ICE CREAM BAR



Estates & Villa January 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<u>BINGO</u> — Monday & Thursday at 3:00pm	<u>Exercises</u> —Monday, Wednesday, Friday at 9:30am				1 <i>Happy New Year!</i> 3pm Ice Cream	2
3	4	5	6 Nora Jane Schmidt	7 6:30pm Chapel/Special	8 11am Bible Study 3pm Ice Cream 5pm Inman Basketball	9 9:00am—Pancake Breakfast at Coffee Shop -Ph I
10	11	12	13	14 9:30am Crafts Ph I 6:30pm Chapel/ St.	15 Kathryn Becker 11am Bible Study 3pm Ice Cream	16
17	18 Martin Luther King Jr Day	19 National Popcorn Day—6:30pm Movie	20	21 6:30pm Chapel/Grace	22 11am Bible Study 3pm Ice Cream	23
24	25 Barbara Gough 10am—Hot Cocoa Bar—coffee shop Ph I	26 Nola Gaeddert	27	28 9:30am Crafts Ph I 6:30pm Chapel/	29 Kansas Day 11am Bible Study 3pm Ice Cream	30 Eldo Prieb
31						

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

January 2016 Pleasant Hills



							11:00 Devotions 1:00 Nail Care 6:00 Movie & Popcom
3 CHURH & FAMILY TIME	4 11:00 Devotions 1:00 Penny Ante 3:00 Happy Hour	5 11:00 Devotions 1:00 Discuss & Recall 3:00 Ice Cream Social	6 11:00 Devotions 1:00 Board Games 4:00 Dominoes	7 10:30 Chaplains Comer 1:00 Cover that Number 3:00 Residents Choice	8 11:00 Devotions 1:00 Reminisce 4:00 Bingo	9 11:00 Devotions 1:00 Nail Care 6:00 Movie & Popcom	
10 CHURCH & FAMILY TIME	11 11:00 Devotions 1:00 U.N.O 3:00 Happy Hour	12 11:00 Devotions 1:00 Puzzles 3:00 Ice Cream Social	13 11:00 Devotions 1:00 "Snowball Fight" 4:00 Dominoes	14 10:30 Chaplains Comer 1:00 Shake Loose Memory 3:00 Residents Choice	15 11:00 Devotions 1:00 Craft Circle 4:00 Bingo	16 11:00 Devotions 1:00 Nail Care 6:00 Movie & Popcom	
17 CHURCH & FAMILY TIME	18  Martin Luther King Day	19 11:00 Devotions 1:00 Popcom Party Social 3:00 Ice Cream Social	20 11:00 Lunch Outing 4:00 Dominoes	21 10:30 Chaplains Comer 1:00 Residents Council 3:00 Residents Choice	22 11:00 Devotions 1:00 Trivia 4:00 Bingo	23 11:00 Devotions 1:00 Nail Care 6:00 Movie & Popcom	
24 CHURCH & FAMILY TIME	25 11:00 Devotions 1:00 Memory Street 3:00 Happy Hour	26 11:00 Devotions 1:00 Penny Ante 3:00 Ice Cream Social <small>Australia Day</small>	27 11:00 Devotions 1:00 Cover That Number 4:00 Dominoes	28 10:30 Chaplains Comer 1:00 Hot Cocoa Social 3:00 Residents Choice	29 11:00 Devotions 1:00 Poetry Social 4:00 Bingo	30 11:00 Devotions 1:00 Nail Care 6:00 Movie & Popcom	
31 CHURCH & FAMILY TIME	Lindsey Herndon, Operator lindsey@pleasantviewhome.com Jacinda Carlson, Team Leader jacinda@pleasantviewhome.com *calendar subject to change						

Pleasant Hills

Season's Greetings!!!! It's hard to believe that were fast approaching the New Year!!

This month we've been busy celebrating the season, we've had a lot of fun decorating our place for the holiday; it's our first year for the holidays here at Pleasant Hills!! We started the month off by going to a program called "Season of the Light" held at the First Church of the Nazarene, it was a great program we really enjoyed it. On the 8th we loaded up on the bus and went on a Christmas Light Tour, we really enjoyed the light show in town that went in sync with Christmas music; we thought that was really neat!!! We also had a lot of fun this month putting together a gingerbread house; it was messy but Lots of fun!!! On the 13th of December we had a surprise visitor here at Pleasant Hills, Santa came to visit he was here from 3-5 to take pictures and we got to enjoy some yummy hot chocolate and cookies! We had our first Christmas party here at Pleasant Hills on the 17th, it was great to get together with everyone, big thank you to everyone who came and to those who helped. Sadly this month we also had to say goodbye to a dear resident whom we all loved very much, Joyce Cook went to her new home in heaven and will be greatly missed by us all!



Jacinda Carlson, Team Leader
jacinda@pleasantviewhome.com