



Pleasant News

February 2016

From the Administrator

Pleasant View Home
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Alzheimer's Support Group
Next meeting will be
Third Monday
7:00 pm in the
Conference Room

When it rains, it pours. An old saying that came to mind in early January at Pleasant View Home. At PVH we often consider new ways to evaluate the services we provide. We contracted with a very capable consultant to come into our building and complete what we call a "mock survey" related to regulatory compliance. This process helps us see ourselves as others see us. The week after the "mock survey" the state surveyors walked in to do our annual survey. The surveyors were very thorough and noted one low level deficient practice (no harm). Our staff deserved to be congratulated for a job well done! The average nursing home in Kansas has 8.7 deficiencies cited, so we are really proud that we had only one out of this big process.

Thinking some more about surveys, the State of Kansas has contracted with the National Research Institute to once again complete a resident satisfaction survey. I reported in the newsletter last month that our resident satisfaction was really high on the scale on last years' survey, and we hope for the best on the next one. Our resident survey will take place the week of March 14.

As this newsletter is going to print, we are completing an application to participate in the Dillon's Reward program. As a non-profit organization, individuals can help us by registering their Dillon's card on behalf of Pleasant View Home, and we will receive credit in the community rewards system that will benefit Pleasant View Home. We will let you know if we are accepted, and how to go about designating PVH as your non-profit of choice!

Jalane White
jalane@pleasantviewhome.com



Students reading to a resident

Residents enjoy an outing to The Barn





So, we've all kept our New Year's Resolution...Right? Well if not, get started again and remember You ARE Stronger Than Your Excuses!! If you have kept your resolution, keep going and make it a life-style change ~ Congratulations!! This months' topic is going to be on Sleep. Did you know that to assist with weight-loss, you should get a minimum of 7-8 hours of rest a night? Do you get a full 8 hours? If not, here are 3 ideas that might just help you achieve this goal.

3 Bedtime Routines for Weight-Loss Success

- 1) **Skip the Nightcap** ~ Although a glass of wine or your favorite cocktail might seem like the perfect nightcap to relax before bed, alcohol can disrupt your sleep, and it's not the best choice for your waistline. Many drinks are loaded with calories, and having a sip or two often leads to the munchies. Instead, sip on some warm milk (try it sprinkled with cinnamon), or brew a cup of herbal tea. Or skip the bevvies entirely by creating a stretching routine or practicing deep breathing through a short meditation to destress.
2) **Map Out Your Morning** ~ Taking five minutes to plan and pack for the next day will help you avoid temptations, making smart choices a no-brainer. Set yourself up for success the night before by planning breakfast and packing your gym bag. Having everything easily within reach and ready to go means one less excuse between you and your workout, and will prevent you from quickly ordering that sugary pastry at the coffee shop.
3) **Review Your Food Journal** ~ Keeping a food journal is a great way to stay accountable to your weight-loss goals. Before bed, look back on your food choices from the day, noticing where you can make simple swaps and adjustments. It is also a great reminder of your hard work, becoming motivated to keep making those healthy choices!

(From Popsugar Fitness)

Exercise in the Neighborhoods

Table with 2 columns: Location and Time. Rows include Estates (Thera Band Mon., Wed., & Fri 9:30 am; Tues. 10 am) and Harvest House (Cottonwood Tues. 10:30 am; Wed. 10:30 am).

Jennifer Cox, Wellness Coor.
jennifer@pleasantviewhome.com

Estates Activities

The winter has settled in! I hope each of you have been staying warm and well amid this chilly season. In January we cozied in and did some activities here at the Estates, choosing not to venture too far!

For February we are having a "Secret Cupid" game. Those who wish to participate will receive a name. They will be "cupid" for that person—secretly leaving them a sweet treat, or a note of encouragement during the week of Feb. 7-13.

Simple, inexpensive ways to let them know they are loved! On Saturday, Feb. 13 we will have a Valentine's Day party with cookies and punch to reveal the cupids. All are invited, even if you didn't participate in the game.

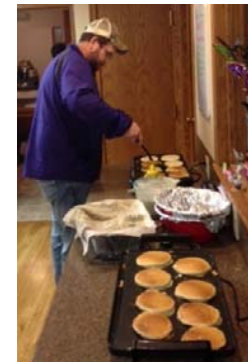
Just a reminder regarding Wed. Game Night—the price for weekly snacks is \$1.25 and special meals are \$2.25. There was a great turnout for January's soup night! I'm glad so many were able to make it. February's special meal game night will be pizza on Feb. 17th.

Also in February we will offer a trip to St. Peter's UCC for the Ground Hog Meal on Feb. 8th, as well as a special breakfast of biscuits and gravy on Saturday Feb. 6th. It should be a great month! Happy Valentine's Day to you!

Until next time, God bless,
Jocelyn Busick, Life Enrichment Coordinator



Residents enjoyed viewing the 2002 film "The Ghost of Inman High School" on Jan. 19th



We put my husband Darren to work flipping the pancakes during our Pancake Breakfast on Jan. 9th

Marketing Blog

We always appreciate YOU, our residents and families when you share our story with your friends and relatives. YOU are our best advertising and we thank you for that. If you ever have people that you feel would benefit from the services that Pleasant View and Pleasant Hills have to offer, please feel free to pass their information along to any of us and we would love to contact them.

We offer skilled nursing, rapid recovery, memory care and therapy services at Pleasant View. Apartments and duplexes for sale or rent in the Estates, income based housing in the Villa and senior housing at Pleasant Hills in Hutchinson. If you have friends or family interested in any of these services, please contact me at 585-6411 and I will make sure the appropriate person responds to them. We appreciate YOU and your good words about Pleasant View!!!

Cyndi Ratzlaff
cyndi@pleasantviewhome.com

Who's New? Who's Old?

FEBRUARY BIRTHDAYS:

LeAnn Dick---2-4
Rosa Morlock---2-5
Vicki Joseph---2-5
Brieonna Phillips---2-5
Felicia Hassler---2-6
Charlotte Smith---2-8
Nancy Friesen---2-11
Gail Wiens---2-12
Sandy Mann-Pollman---2-13
Cindy Whitelight---2-15
Debra Slack---2-16
Clarice Fay---2-17
Kyle Schwartz---2-19
Courtney Bashore---2-19
Taylor Theriot---2-24
Molly Willhaus---2-28
Logan Lindbloom---2-28

FEBRUARY ANNIVERSARIES:

Lavella Boroughs---2-25-04
Melonee Weide---2-7-02
Gayle Johnson---2-17
Eduardo "Eddie" Ibarra---2-6-15
Keri Moore---2-20-15
Beth Kilbourn---2-27-15

JANUARY NEW HIRES:

Jordan Babcock---CMA
Julian Call---CNA
Keri Capansky---CNA
Mariah Lamb-Spears---CNA
Jaron Reich---Dietary
Felisha Haddock---Home Health
Lindsey Selzer---Home Health
Jeanette Christenson---LPN
Sandy Mann-Pollman---LPN
Courtney Howe---RN
Cate Coley---Marketing Manager

Chaplain's Corner

I John 3:1 NIV

See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!

Lon Solomon was not the most likely candidate to be leading an evangelical Bible church. Lon was born into a Jewish family, and was raised up in the Jewish faith in one of the eastern coastal states; but by God's grace, he came to know Christ personally. Soon after his conversion to Christ, God led Lon to be trained in pastoral work, and by God's providence, he became pastor of the McLean Bible Church in a suburb of Washington, D. C. Over the years, he and his wife saw three boys born into their family; but then, at the age of 40, Brenda became pregnant again. At the appropriate time, a girl was born; and everything appeared to be normal; but three months into her young life, baby Jill began to have seizures, which increased in daily number over the years, so much so that Brenda was not able to go to church because of the severity and frequency of those seizures. In an age when people become disposable, some would be tempted to remove a child like Jill from their lives; but not Lon and Brenda. They loved Jill very much; and in Jill's experiences, they suffered with her. She was a part of their lives; and they were thankful to God that He had brought her into their family. For a much fuller appreciation, check into www.mcleanbible.org.

In a similar way each believer in Christ has been brought into God's family. Admittedly for various reasons, we have not been the person we should have been. We were born in sin; and we have proven our sinfulness often over the years; but God in His grace and kindness has not discarded that which He purchased with His own blood (Acts 20:28). The price of our salvation was extreme; but more to the point, His love for each one of His children exceeds all imagination. May we rejoice in His love, and express our love to our great Savior in loving worship and service.

In the Thursday evening (6:30 P.M.) services this month, Mrs. Ginger Millermon will minister in song and comments, also encouraging the group to join with her in singing gospel songs (February 4). On February 11 Pastor Willmar Harder, Buhler Mennonite Church, will be guest speaker; on February 18 is Chaplain's Night; so I will have the honor to present God's Word. Finally, on February 25, a representative from Zoar Mennonite Brethren Church will be guest speaker.

It is the privilege for Pleasant View staff to minister to the physical, social, and spiritual needs of the residents. With condolences to family members, we saw Mrs. Annie Goss and Mr. Dean Wiederstein pass on into eternity. How thankful we are that Jesus' words are true: "I am the resurrection and the life. He who believes in Me, though he may die, he shall live" (John 11:25).

Chaplain Dave Denlinger
dave@pleasantviewhome.com

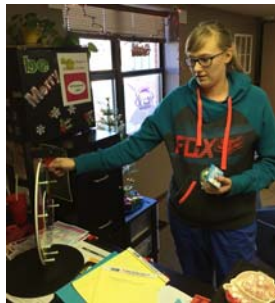
PVH Employee Committee News

During 2015, we had a lot of new people join our amazing staff, and we have also lost some amazing people too. The Employee Committee would like to thank you all for a job well done and hope for the same, if not better for 2016.

The 2016 Employee Committee members are Cassie Britton, Lotia Conley, Tracy Speice, Clinton Lee and Jennifer Cox. Please remember, if you know of any employee that is getting married, having a baby, ill, having surgery, had a death in the family or just having a hard time in life, contact one of the Employee Committee Members so they can let that employee know they are being thought of.

Employees for PVH have been participating in an appreciation program called "Got Caught Doing Good". Every time an employee is caught doing good, whether by staff, resident or family member, the supervisor will then give the employee a token. Once the employee has collected 5 tokens they get a spin on the Prize Wheel to win an array of prizes. The first PVH employee to earn a spin on the Prize Wheel was Tehren Esparza (pictured to the right).

Remember... Without you it is hard to be a TEAM!



Bill of Rights of Pleasant View Home

20. The Resident has the right to privacy in written communications including the right to send and receive mail promptly that is unopened. The Resident has a right of access to stationery, postage and writing implements at the Resident's own expense.
21. The Resident has the right to immediate access to any of the following:
 - any representative of the Secretary of the U. S. Department of Health and Human Services.
 - any representative of the State
 - the Resident's individual physician
 - the States Long Term Care Ombudsman
 - the agency responsible for the protection of and advocacy system for mentally ill or developmentally disabled individuals.
22. The Facility must provide reasonable access to any Resident by an entity or individual that provides health, social, legal or other services to the Resident subject to the Resident's right to deny or withdraw consent.

What song makes you went on a trip, your wedding the first time, watching the first time, watching



think of when you fell in love, ding day, holding your baby for your children grow, your first car, your first dance, you jr high, high school and college days? When you hear that song again does it take it you back in time? Listen to your favorite old songs and take a journey back in time. Better yet, come listen to music with your loved one and enjoy the journey with them!

Reminder!!!!

Dementia Support Group
is available to anyone

Our meeting time is currently the 3rd Monday of each month at 7:00 pm in the Conference Room.

Please contact Jason , prior to the meeting date, at 620-585-6411
If you are interested in attending.

Area nursing home Activity staff gathered at Pleasant Hills for our Activities luncheon in January. We meet every other month and the various facilities take turns hosting. Some were unable to attend because of the weather but we still had a nice turnout. We always enjoy getting together with staff from other facilities to enjoy food and conversation as well as ideas, support and a mutual love for the work we do for the people we care for every day



Looking for new
Opportunities in 2016?
Come volunteer at
Pleasant View Home!

Contact Jason for
information on
volunteer opportunities.

If you have a Face Book account be sure to visit our Pleasant View Home Face Book page and "like" us!



Jason Herndon LMSW
jason@pleasantviewhome.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1 9:30 Retail Therapy 2:30 Monday Manicures</p>	<p>GROUNDHOG DAY </p>	<p>3 9:30 Faith & Fun 10:00 4-G Challenge 2:00 Heart –felt Craft</p>	<p>4 9:30 Faith & Fun 10:00 Resident Council 2:00 Bingo 3:00 Social 6:30 Chapel</p>	<p>5 9:30 Faith & Fun 10:00 Sensorsize 2:00 Friday Frostys</p>	<p>6 8:30 Sunshine Ex. 6:30 Movie Entertainment</p>
<p>7 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St. Peter 9:30 Ch. 14 ZoarMB</p>	<p>8 9:30 Faith & Fun 10:00 Morning Gathering 2:00 Jeopardy</p>	<p>9 9:30 Faith & Fun 10:00 Annual Pancake Race!! Galleria 1:45 Men's Koffee Klub</p>	<p>10 9:30 Faith & Fun 10:00 4-G Challenge 2:00 Sweet & Tart Strawberry Punch</p>	<p>11 10:00 Leave for Starlight Lanes! 2:00 Bingo 3:00 Social 6:30 Chapel</p>	<p>12 9:30 Faith & Fun 10:00 Valentine Activities! 2:00 Friday Frostys</p>	<p>13 </p>
<p>14 </p>	<p>15 </p>	<p>16 9:45 Leave for Et Cetra Shopping 1:45 Men's Koffee Klub</p>	<p>17 9:30 Faith & Fun 10:00 4-G Challenge 2:00 Spelling Bee</p>	<p>18 9:30 Faith & Fun 10:00 Heart Games! 2:00 Bingo 3:00 Social 6:30 Chapel</p>	<p>19 9:30 Faith & Fun 10:00 Sensorsize 2:00 Friday Frostys 2:30 1st graders!!!</p>	<p>20 8:30 Sunshine Ex. 6:30 Movie Entertainment</p>
<p>21 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St. Peter 9:30 Ch. 14 ZoarMB</p>	<p>22 9:30 Faith & Fun 10:00 Morning Gathering 2:30 Monday Manicures</p>	<p>23 9:30 Faith & Fun 10:00 Jumpin' with Jen! 1:45 Men's Koffee Klub</p>	<p>24 9:30 Faith & Fun 10:00 4-G Challenge 2:00 Sweet Mascarpone Cream & Fresh Berries</p>	<p>25 9:30 Faith & Fun 10:00 Penny Ante 2:00 Bingo 3:00 Social 6:30 Chapel</p>	<p>26 8:15 Breakfast Bus! 2:00 Friday Frostys</p> <p>Calendar Subject to Change</p>	<p>27 8:30 Sunshine Ex. 6:30 Movie Entertainment</p>
<p>28 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St. Peter 9:30 Ch. 14 ZoarMB</p>	<p>29 </p>	<p></p>				

Cottonwood Corner

Hello Friends & February!!! I just have to start out with a few fun pictures of how we bring in the New Year at PVH!! We don't stay up till midnight anymore but we manage to celebrate just as fun at noon!!! On go the party hats and whistles, out comes the Sparkling Grape Juice and the countdown to noon begins! Some of us feel invigorated, some almost smile and others are wondering what the silly hats are all about!!! But I can assure you, we bring in the New Year with Gusto and are ready to begin 2016! We were able to test out the 1st graders newly learned skills



at reading this month. The connection the children have with the residents is awesome to watch grow all year since they come once a month. Here are just a few pictures of the kids. Menno and Edith, Wilma, Lorene and George listened intently

to them! We found time to do some baking again to make



the house warm!! Liz & Lorene tried a new recipe



that was a definite hit—a sugar cookie with a ball of choc. baked in the middle of it. They were gone while they were still warm!!! Some of us tried one of the new restaurants in Hutch. We visited the “Five Guys” restaurant and concluded



ed the food was great! This month we tried a new game with Ivy Grove. We played Jeopardy and it was really fun and challenging! We had many participants and Susan from Ivy Grove was the overall champ! The categories were very diversified and we hope to make this game a constant competi-

GENERAL KNOWLEDGE	SPY	WATERWAYS	BOOKS PLAYED IT	WATER COURSE FOOD & DRINKS	BELOW THE FOLIATION
100	200	100	100	100	100
200	200	200	200	200	200
300	400	300	300	300	300
400	400	400	400	400	400
500	600	500	500	500	500
600	800	600	600	600	600
700	800	700	700	700	700
800	1000	800	800	800	800



tion. Our newest residents to Cottonwood Corner are Menno & Edith Enns and they enjoy spending time re-

niscing through scrap books of their many years together. They enjoy coming out to the front lobby to look & I enjoyed going through some newspaper articles with them that I remembered too! We try new recipes on Cottonwood all the time and they are usually so delicious! Well we tried “vegemite pinwheels” this month, Amanda is holding them and trying them.they were the worst thing we all have ever put in our mouths! For the 6 of us that made them & tried them, it was unanimous to throw them all away and not even subject the rest of the residents to their horrible taste!!! I'm sure February will be better!!!



Becky Burkholder, SSD
becky@pleasantviewhome.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 10:30 Puzzles 3:00 Rolling Store 5:00 Exercises	2 9:30 Shopping 3:00 Kura Piano Show 5:00 Exercises <small>Groundhog Day</small>	3 10:45 Bible Study 3:00 Wii Fun 5:00 Exercises	4 10:30 Baking 3:00 Trivia 5:00 Exercises	5 10:30 Bingo 3:00 Nails 5:00 Exercises	6 10:30 Res. Choice 3:00 Movie & Popcorn	
7 10:30 Church Services 	8 10:30 Make VDay Cards 3:00 Rolling Store <small>Chinese New Year</small>	9 10:30 Reminisce 3:00 Wii Fun 5:00 Exercises <small>Mardi Gras</small>	10 10:45 Bible Study 3:00 Games 5:00 Exercises	11 10:30 Make cookies 3:00 Decorate cookies	12 10:30 Bingo 3:00 Nails 5:00 Exercises	13 10:30 Res. Choice 3:00 Movie & Popcorn	
14 10:30 Church Services 	15 10:30 Puzzles 3:00 Rolling Store 5:00 Exercises <small>President's Day (US)</small>	16 10:30 Reminisce 12:30 Red Hat Society 5:00 Exercises	17 10:45 Bible Study 3:00 Wii Fun 5:00 Exercises	18 10:30 Games 3:00 Trivia 5:00 Exercises	19 10:30 Bingo 3:00 Nails 5:00 Exercises	20 10:30 Res. Choice 3:00 Movie & Popcorn	
21 10:30 Church Services FAMILY TIME	22 10:30 Puzzles 3:00 Rolling Store 5:00 Exercises	23 10:30 Reminisce 12:30 Res. Counsel 3:00 Movies 5:00 Exercises	24 10:45 Bible Study 3:00 Games 5:00 Exercises	25 10:30 Trivia 3:00 Puzzles 5:00 Exercises	26 10:30 Bingo 3:00 Nails 5:00 Exercises	27 10:30 Res. Choice 3:00 Movie & Popcorn	
28 10:30 Church Services FAMILY TIME	29 10:30 Puzzles 3:00 Rolling Store 5:00 Exercises	 <p>February 2016</p> <p>WALNUT COURT</p>					

ALL ACTIVITES ARE SUBJECT TO CHANGE

WALNUT COURT

The New Year is already speeding up. January is already gone but we also had to say good bye to Annie Goss. Her pretty blue eyes and warm smile will be missed. We send our thoughts and prayers to her family.

We want to give Ellen Penner a warm walnut welcome!



She gets to start the new year out with us!

With Super Bowl Sunday on its way, we will have all fun snacks and essentials to watch our favorite teams play. And don't forget about valentines day right around the corner. Be sure to send your loved ones a Valentines day card to remind them how much you care!

We will also be going to Walmart again and a trip to the movies! If any family or friends would like to join any event, the more the merrier! Just let Cindy K know.



February 2016



A simple act of
love
can make
extraordinary
things happen.




- Sharon Whitley

QUOTEDIARY.NET



February 2016 Harvest House



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 11:00—Bible Study with Pastor Dave	2 9:30 Walmart 11:00 Devotions 4:00 Hand"le with Care	3 11:00 Devotions 2:30 Ice Cream Social	4 11:00 Devotions 4:00 Bingo and popcorn	5 11:00 Devotions	6 11:00 Devotions 3:00 Bingo and popcorn	
7 8:30—Bethel ch 51 10:30—Zoar ch14 Inman Menn ch 54 Buhler ch 56 St Peters ch 58	8 11:00—Bible Study with Pastor Dave	9 10:30 Bend with Jenn 11:00 Devotions 4:00 Hand"le with Care	10 11:00 Devotions 2:30 Ice Cream Social 4:00 Making V-Day cookies	11 11:00 Devotions 3:00 Bingo and popcorn	12 11:00 Devotions 11:30 Valentines Day Lunch In 4:00 Rolling Store	13 11:00 Devotions 3:00 Bingo and popcorn	
	15 11:00—Bible Study with Pastor Dave	16 10:30 Bend with Jenn 11:00 Devotions 1:15 Red Hat Society 	17 11:00 Devotions 2:30 Ice Cream Social	18 11:00 Devotions 3:00 Bingo and popcorn	19 11:00 Devotions	20 11:00 Devotions 3:00 Bingo and popcorn	
21 8:30—Bethel ch 51 10:30—Zoar ch14 Inman Menn ch 54 Buhler ch 56 St Peters ch 58	22 11:00—Bible Study with Pastor Dave	23 10:30 Bend with Jenn 11:00 Devotions 4:00 Movies	24 11:00 Devotions 2:30 Ice Cream Social	25 11:00 Devotions Throwback Lunch Day 3:00 Bingo	Throwback Thursday 	27 11:00 Devotions 3:00 Bingo and popcorn	
28 8:30—Bethel ch 51 10:30—Zoar ch14 Inman Menn ch 54 Buhler ch 56 St Peters ch 58	29 11:00—Bible Study with Pastor Dave	All activities are subject to change					

Harvest House

Hello Everyone! This has been a very relaxing month. It was so nice to see all members came had two girls that ed us, Kylee a blast with residents especially doing a puzzle with Ramona . And to our very own Clinton Lee, for coming to eat lunch with us everyday! And two of our lovely ladies celebrated Birthdays this month, Mrs. Vernabelle Sperling and Mrs. Ramona Martens. We are proud to announce two new staff members Julie Wilcox and Sandy Polmen. So, come on by and meet them sometime. Thank you to Mrs. Jenn Cox for working out with us. Can't wait to see what next month has in store for us.



*Lotia Conley SSD
Lotia@pleasantviewhome.com*



February 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1</i> 10:30 Exercises 11:00 Devotions 1:00 Table Talk Chris Gone	<i>2</i> 10:30 Exercises 11:00 Devotions 1:00 Trivia Chris Gone	<i>3</i> 10:30 Exercises 11:00 Bible Study Movie Night	<i>4</i> 10:30 Exercises 11:00 Devotions Snickers Day Home Cooking	<i>5</i> 10:30 Exercises 11:00 Devotions Nails Day	<i>6</i> 10:30 Exercises 11:00 Devotions Game Night
<i>7</i> Church 10:30 Family Day Home Cooking	<i>8</i> 10:30 Exercises 11:00 Devotions 1:00 Table Talk	<i>9</i> 10:30 Exercises 11:00 Devotions 1:00 Trivia	<i>10</i> 10:30 Exercises 11:00 Bible Study Movie Night	<i>11</i> 10:30 Exercises 11:00 Devotions Home Cooking	<i>12</i> 10:30 Exercises 11:00 Devotions Nails Day	<i>13</i> 10:30 Exercises 11:00 Devotions Game Night
<i>14</i> Happy Valentines Day	<i>15</i> 10:30 Exercises 11:00 Devotions 1:00 Table Talk	<i>16</i> 10:30 Exercises 11:00 Devotions 1:00 Trivia	<i>17</i> 10:30 Exercises 11:00 Bible Study Movie Night	<i>18</i> 10:30 Exercises 11:00 Devotions Home Cooking	<i>19</i> 10:30 Exercises 11:00 Devotions Nails Day	<i>20</i> 10:30 Exercises 11:00 Devotions Game Night
<i>21</i> Church 10:30 Family Day Home Cooking	<i>22</i> 10:30 Exercises 11:00 Devotions 1:00 Table Talk	<i>23</i> 10:30 Exercises 11:00 Devotions 1:00 Trivia	<i>24</i> 10:30 Exercises 11:00 Bible Study Movie Night	<i>25</i> 10:30 Exercises 11:00 Devotions Home Cooking	<i>26</i> 10:30 Exercises 11:00 Devotions Nails Day	<i>27</i> 10:30 Exercises 11:00 Devotions Game Night
<i>28</i> Church 10:30 Family Day Home Cooking	<i>29</i> 10:30 Exercises 11:00 Devotions 1:00 Table Talk			All activities are subject to change		

Happy Valentine's Day

The Plaza

Brrr it's been cold outside here lately. How's those New Years Resolutions going?

January in the Plaza has brought us a new but exciting change. Kat Jennings R.N. our now former Charge Nurse is now our Plaza Unit Coordinator. Staff and Residents are very happy with this. She brings with her a lot of knowledge love and compassion. If you have any questions or concerns Kat can be reached at kat@pleasantviewhome.com or at 620-585-6411 ex 125.

Our Take Out Tuesday in January was a hit and this month we will be doing a lot of baking with a few Take Out Tuesdays. I will be out of the office February 1-2. I will be going to a conference " Dementia beyond Drugs" I look forward to learning how to better help your loved ones.

This month we will be celebrating of course the Super Bowl and Valentines Day and on the 29th of February we will be celebrating Leap Day. One day longer this year.

As always if yo have any questions concerns or ideas feel free to contact me anytime.

Live every moment,
Laugh every day,
Love beyond words.

I'll be your strength,
when you are weak,
I'll be your friend
when you are sad,
I'll be all the things
you've wanted and wished
you always had.
I Love You!







- Madlen Cartwright

BA
THE BRIDAL BOX

Chris Fleming, SSD
chris@pleasantviewhome.com

Heritage Inn

All activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Devotions 12:45 Exercise 2:30 Monday Manicures	2 10:30 Bible Study 1245 exercise 2:30 Tasty Tuesday <i>Ground Hog Day</i>	3 10:00 Devotions 12:45 Exercise 4:00 Trivia 	4 10:00 Facials 1245 exercise 6:30 Chapel	5 10:00 Devotions 10:30 Exercise with Jen Cox	6 10am Devotions 1245 exercise 3p games 7p Lawrence Welk
7 Happy Birthday Ted!!! 5:00 Super Bowl! 	8 10:00 Devotions 12:45 Exercise 2:30 Monday Manicures	9 10:30 Bible Study 1245 exercise 2:30 Ice Cream Sundaes 7:00 Andy Griffith Show <i>Mardi Gras/Fat Tues-</i>	10 <i>Ash Wednesday</i> 10:00 Devotions 12:45 Exercise 4:00 Dominos and Popcorn machine	11 10:00 Valentine's Day Craft 1245 exercise 6:30 Chapel	12 9:30 Spa day and lunch in Hutchinson 10:30 Exercise with Jen Cox 7:00 Movie and Snacks	13 10am Devotions 1245 exercise 3p Penny Ante 7p Lawrence Welk
14 8:30 ch 51 Bethel 10:30 Ch 54 Inman 10:30 Ch 56 Buhler 1030 Ch 58 St Peters 10:30 Ch 14 Zoar	15 	16 10:30 Bible Study 1245 exercise 2:30 Tasty Tuesday	17 9:00 Outing 10:00 Devotions 12:45 Exercise 4:00 Snack and Chat	18 10:00 Bingo 1245 exercise 6:30 Chapel	19 10:00 Devotions 10:30 Exercise with Jen Cox 4:00 Home made Playdoh	20 10am Devotions 1245 exercise 10:30 Bake Cherry pies 3p Games 7p Lawrence Welk <i>Nat'l Cherry Pie Day</i>
21  8:30 ch 5 10:30 Ch 54 Inman 10:30 Ch 56 Buhler 1030 Ch 58 St Peters 10:30 Ch 14 Zoar	22 10:00 Devotions 12:45 Exercise 2:30 Monday Manicures	23 10:30 Bible Study 1245 exercise 2:30 Banana Splits	24 National Tortilla Chip Day 12:45 exercise 3pm Chip & Dip Social 4:00 Trivia	25 10:00 Crafts 1245 exercise 6:30 Chapel 	26 10:00 Devotions 10:30 Exercise with Jen Cox	27 10am Devotions 1245 exercise 3pm Penny Ante 7p Lawrence Welk
28 8:30 ch 51 Bethel 10:30 Ch 54 Inman 10:30 Ch 56 Buhler 1030 Ch 58 St Peters 10:30 Ch 14 Zoar	29 10:00 Devotions 12:45 Exercise 2:30 Monday Manicures					

Heritage Inn

January sure went by quickly! We have enjoyed spending time with Chaplain Dave. We spend time singing and listening to devotions when he is here. On the 23rd we celebrated Adeline's birthday! Everyone had a great time! We have been enjoying our ice cream on Tuesdays. We also said goodbye to one of our neighbors, Dean.



January 13, 1927—January 20, 2016

On the January 13th we celebrated Dean's birthday! He turned 89! His entire family was able to come and be with him! On January 20, 2016, Dean celebrated in the presence and glory of his Lord, with his wife, June, and many other family and friends in Heaven! Happy Birthday Dean!

Keeping Deans family in our thoughts and prayers.....

♥ We are in the midst of transition in Heritage Inn these days!

Changes aren't always easy but sometimes they are good and sometimes they bring growth. We are enjoying the changes that are taking place in Heritage and anticipating many opportunities of growth along the way! Sadly, one change that has happened is Alicia Koenigs, our Unit Coordinator is leaving Pleasant View and pursuing her opportunities of growth! We wish her luck in her journey. Yajaira Rivas is no longer in charge of Activities and Social Services but fortunately she remains a valuable part of our neighborhood!



We are thankful for that! Finally, a much needed change... the completion of our carpet project! The carpet is in and the walls are painted and now it is time to decorate!

Heritage Inn
Staff



Sun

Mon

Tue

Wed

Thu

Fri

Sat

Ivy Grove & Rapid Recovery

1 9:30 Retail Therapy 2:00 Monday Ice cream



2 Punxsutawney Phil 9:30 Devotions 10:00 Spring or Snow 1:45 Men's Koffee



3 10:00 Dave's Devotions 10:30 Jammin with Jen 2:00 Valentine Garland

4 9:30 Devotions 10:00 Resident Council 2:00 Bingo 3:00 Social 6:30 Chapel

5 9:30 Devotions 10:00 Cupid Kissed Wafers



6 8:30 Sunshine Exercise 10:00 Snack and Chat Movie or games

5:30 PM SUPER BOWL SUNDAY PARTY

8 9:30 Devotions 10:00 February IQ 2:00 Jeopardy

9 9:30 Devotions 10:00 Annual Pancake Race- Galleria 1:45 Men's Koffee Klub

10 10:00 Dave's Devotions 10:30 Jammin with Jen

11 9:30 Leave for Starlight Lanes 2:00 Bingo 3:00 Social 6:30 Chapel



12 9:30 Devotions 10:00 Sweet & Strawberry Punch

13 8:30 Sunshine Exercise 10:00 Snack and Chat Movie or games



16 9:45 Leave for Et Cetra Shopping 1:45 Men's Koffee Klub



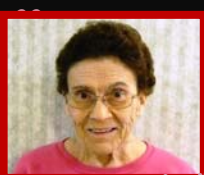
17 10:00 Dave's Devotions 10:30 Jammin with Jen 2:00 Spelling Bee

18 9:30 Devotions 10:00 Story Cubes 2:00 Bingo 3:00 Social 6:30 Chapel

19 9:30 Devotions 10:00 Popcorn Machine 2:30 1st Graders

20 8:30 Sunshine Exercise 10:00 Snack and Chat Movie or games

21 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St Peters 9:30 Ch. 14 Zoar



Happy Birthday Helen

23 9:30 Devotions 10:00 Double Exposer 1:45 Men's Koffee Klub

24 10:00 Dave's Devotions 10:30 Jammin with Jen

25 9:30 Devotions 10:00 Who Am I 2:00 Bingo 3:00 Social 6:30 Chapel

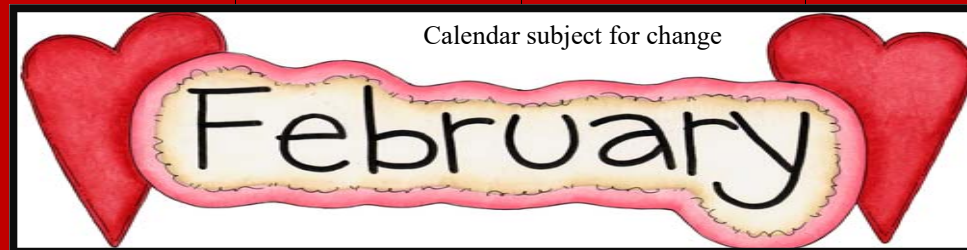
26 9:30 Breakfast Bus



27 8:30 Sunshine Exercise 10:00 Snack and Chat Movie or games

28 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St Peters 9:30 Ch. 14 Zoar

29 Leap Year 2:00 Monday Ice cream



Calendar subject for change

2016

Ivy Grove & Rapid Recovery

I don't know about you but many of our residents and myself are fast asleep at midnight so we ended our 2015 with a Noon Year Party.



Kitchen prepared the dining room and a special meal. We put our fancy hats on, counted down to Noon, toasted with some sparkling cider and blew our horns! Everyone got into the spirit and it was very festive! I found a couple of new year quotes I really like and want



to share. Have a happy new year.

“Although no one can go back and make a brand new start, anyone can start from now and make a brand new ending.”



— Carl Bard



“Success is getting what you want, happiness is wanting what you get.”
— W. P. Kinsella



Cottonwood and Ivy/Rapid played a game of Jeopardy. It was so much fun and very competitive! They had such a good time we want to have it monthly!



the calgo. Susan was our first winner. She is receiving a bottle of



ly. So onendar it will san was our Jeopardy She is receiving prize, a chocolates.

Congrats Susan!



Speaking of winners. We took a group bowling at Starlight Lanes in McPherson. Juanita was our overall winner with 106 points. Awesome! Of course with all that hard playing we were hungry and ate at the bowling alley for lunch.

Becky and Bonnie took a group shopping and again went out to eat. Here is Butch with some good company enjoying his



burger.



Every Wednesday is Dave's Devotions. Our Chaplin here does a wonderful job and our residents sure appreciate Dave sharing God's Word. I pray all have a wonderful and blessed Valentines.

Michele Watson, SSD
michele@pleasantviewhome.com

FEBRUARY LUNCHES 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>JAN-31 ROAST BEEF WITH BROWN GRAVY GERMAN SAUSAGE MASHED POTATO BU. MIX VEGETABLE GREEN BEAN CASSEROLE SPICY PEACH SALAD CHOCOLATE LAYER DESSERT DINNER ROLL</p>	<p>1 HONEY GLAZED HAM CHICKEN FRIED STEAK COTTAGE FRIES CAULIFLOWER WITH CHEESE SAUCE CHEF CUT VEGETABLES THREE BEAN SALAD PINEAPPLE UPSIDE DOWN CAKE DINNER ROLL</p>	<p>2 BAKED CHICKEN BREAST HAMBURGER STEAK N ONIONS CORN PUDDING STEAMED BROCCOLI SEAS. BUTTERED CABBAGE CRANBERRY SALAD FRUIT CRISP WITH TPG DINNER ROLL</p>	<p>3 SWISS STEAK WITH TOMATOES PORK CHOP PARSLEY RED POTATO GREEN BEANS ITALIAN BLEND STUFFED APPLE RING PUMPKIN ORANGE SQUARES DINNER ROLL</p>	<p>4 MEXICAN MEATLOAF CHICKEN STRIPS CREAMY SCALLOPED POTATO CALIFORNIA MIX VEG SCALLOPED APPLES CREAMY CUCUMBER SALAD FRUIT COCKTAIL CAKE DINNER</p>	<p>5 TASTY ROAST PORK BACON, LETTUCE N TOMATO ON TOAST WILD RICE BLEND SPINACH SEAS. PEAS FRUIT GELATIN SALAD BANANA BAR WITH CREAM CHEESE ICING DINNER ROLL</p>	<p>6 SALISBURY STEAK / GRAVY CHILI HASH BROWNS PARSLEY BU. CARROTS BU. ITALIAN BLEND PEA SALAD CREAM PUDDING / TPG. DINNER ROLL</p>
<p>7 CRISPY OVEN FRIED CHICKEN ROAST BEEF WITH BROWN GRAVY MASHED POTATO GREEN & WAX BEANS SEAS. BU. CAULIFLOWER SOUTHWESTERN SALAD FRUIT PIE DINNER ROLL</p>	<p>8 BEEF STROGANOFF CHICKEN FRIED STEAK WITH MASHED POTATO SEAS. NOODLES WINTER MIX VEG. ASPARAGUS MINT PEAR / CREAM CHEESE FRUITED BREAD PUDDING WITH LEMON SAUCE</p>	<p>9 HAM N BEANS BAKED FISH WITH HASHBROWNS CHOPPED ONIONS STEWED TOMATOES MIXED VEGETABLES FRUIT CUP ICE CREAM SUNDAE CORN BREAD</p>	<p>10 BEEF POT ROAST WITH ONIONS, CARROTS & POTATOES CHILI CON CARNE CAPRI BLEND BEG. JELLIED CRANB. GELATIN BANANA PUDDING DESSERT DINNER ROLL</p>	<p>11 SMOTHERED PORK CHOP RAISIN DRESSING CHICKEN FRIED CHICKEN SCALLOPED APPLES LIMA BEANS GREEN SALAD BOWL SHERBET DINNER ROLL</p>	<p>12 FRIED FISH TARTAR SACE MEATLOAF MACARONI AND CHEESE PEAS GREEN BEANS CHOPPED LETTUCE WITH HARD BOILED EGG SALAD FRUIT CUP DINNER ROLL</p>	<p>13 SWEET N SOUR CHICKEN SPAGHETTI AND MEATBALLS STEAMED RICE BROCCOLI CARROTS BLUSHING PEAR COOKS CHOICE CAKE</p>
<p>14 PIT HAM CHICKEN FRIED STEAK GLAZED SWEET POTATO GREEN BEAN CASSEROLE CORN LIME MIST SALAD COOKS CHOICE PIE</p>	<p>15 CHICKEN SHANGHI ROAST BEEF / GRAVY OBRIEN POTATO BROCCOLI AND CHEESE SEAS. ASPARAGUS RANCH LETTUCE SALAD DEEP DISH COBBLER DINNER ROLL</p>	<p>16 BREADED PORK CUTLET / GRAVY CHEESY MEATLOAF MASHED POTATO BAKED SQUASH STEWED TOMATOES PEACH GRATED CHEESE \$ SHERBET DINNER ROLL</p>	<p>17 CURRY CHICKEN HAMBURGER WITH TRIMMINGS RED BLISS POTATOES SUGAR SNAP PEAS BAKED BEANS APPLE RAISIN SALAD CREAM TART / TOPPING DINNER ROLL</p>	<p>18 MINUTE STEAK / C BLACK PEPPER GRAVY CHICKEN FRIED STEAK MASHED POTATO CHUCKWAGON CORN CHEF BLEND VEG. DEVILED EGG WITH PICKLE D BEET SALAD COOKS CHOICE CAKE</p>	<p>19 SALMON CROQUETTE BBQ RIBBETTE ON BUN PARS. BU. POTATO CREAMED PEAS BU. CARROTS GREEN SALAD BOWL CHILLED APRICOTS DINNER ROLL</p>	<p>20 GRILLED BRATWURST PULLED PORK ON BUN COTTAGE FRIES FRIED CABBAGE GREEN BEANS FRUIT CUP SALAD FRUIT COBBLER DINNER ROLL</p>
<p>21 CHICKEN BREAST STROGANOFF ROAST BEEF / BROWN GRAVY SEAS. NOODLES WINTER MIX VEG. BRUSSEL SPROUTS FRUIT SALAD PUMPKIN PIE DINNER ROLL</p>	<p>22 ROAST TURKEY MEATLOAF MASHED POTATO / C GRAVY SEAS. SPINACH COUNTRY BLEND VEGETABLE CAULIFLOWER CHEESE SALAD BANANA SPLIT BROWINE DINNER ROLL</p>	<p>23 MEXICAN LASAGNA CHICKEN STRIPS BU. CORN SEAS. ASPARAGUS MARINATED CUCUMBER \$ POUND CAKE / FRUIT PIE FILLING DINNER ROLL</p>	<p>24 EASY SPAGHETTI AND MEAT SAUCE GRILLED HAM AND HASHBROWNS STEAMED BROCCOLI CANDIED CARROTS TOSSED SALAD / DRESSING SHERBET GARLIC BREAD</p>	<p>25 BAKED FISH AU GRATIN BBQ RIBBETTE ON BUN BOILED POTATO GREEN BEANS WITH BACON MIXED VEGETABLES STRAWBERRY ORANGE SALAD CARAMEL PEAR PUDDING / C VANILLA SCE DINNER ROLL</p>	<p>26 STEAK N STUFF TACO SALAD RICE PILAF SEAS. PEAS CAPRI BLEND VEG. P/A WITH COTTAGE CHEESE SALAD FRUIT PIE DINNER ROLL</p>	<p>27 BAKED PORK CUTLET CHICKEN FRIED CHICKEN STREUSEL BAKED SWEET POTATO BU. ITALIAN MIX VEG. WAX BEANS CRANBERRY APPLE GELATIN SALAD CHILL FRUIT COCKTAIL DINNER ROLL</p>
<p>28 ROAST BEEF WITH BROWN GRAVY GERMAN SAUSAGE MASHED POTATO BU. MIX VEGETABLE GREEN BEAN CASSEROLE SPICY PEACH SALAD CHOCOLATE LAYER DESSERT DINNER ROLL</p>	<p>29 HONEY GLAZED HAM CHICKEN FRIED STEAK COTTAGE FRIES CAULIFLOWER WITH CHEESE SAUCE CHEF CUT VEGETABLES THREE BEAN SALAD PINEAPPLE UPSIDE DOWN CAKE DINNER ROLL</p>					

FEBRUARY SUPPERS 2016



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>JAN-31 HOT CHICKEN SALAD GRILLED HAM POTATO CASSEROLE CHILLED MANDARIN ORANGES CHOCOLATE CHIP COOKIE CROSSIANT</p>	<p>1 HMD CHICKEN NOODLE SOUP REUBEN SANADWICH GRILLED CHEESE POTATO CHIPS FRUIT SALAD SHERBET</p>	<p>2 QUICK VEGETABLE SOUP GOULASH HOT DOG / BUN COUNTRY BLEND VEG. RED JELLIED FRUIT CUP HOT BISCUIT</p>	<p>3 BEEF VEGETABLE SOUP HAM, CHEESE AND NOODLE CASSEROLE BOLOGNA N CHEESE SANDWICH SEAS. BRUSSELS SPROUTS CHILLED PEARS COOKS CHOICE COOKIE</p>	<p>4 CREAM OF POTATO SOUP CRACKERS TURKEY & SWISS ON W.W BREAD OMELET / TOAST COLESLAW STRAWBERRY SUNDAE</p>	<p>5 SPLIT PEA SOUP FISH STICKS / TARTAR SC CHICKEN SALAD SANDWICH CREAMED POTATO ZUCCHINI AND TOMATO DICED PEACHES BREAD</p>	<p>6 GRILLED POLISH SAUSAGE ON BUN WITH KRAUT HAMBURGER / BUN TRIMMINGS POTATO SALAD APPLE PIE CAKE ALA MODE</p>
<p>7 SCALLOPED HAM & CABBAGE CASS. FISH SAND. / TARTAR SCE BU. CARROTS CHILLED TROPICAL FRUIT CUP PEANUT BUTTER COOKIE</p>	<p>8 TOMATO SOUP TUNA RICE CASSEROLE CHICKEN NUGGETS SEAS. PEAS P/A BANANA GELATIN SALAD CHOCOLATE SHEET CAKE / CHOC. FROSTING</p>	<p>9 TACO SOUP WITH CHIPS CHAR-BURGER ON BUN WAFFLE FRENCH FRIES LUNCHEON MEAT SANADWICH CUCUMBER & SOUR CREAM SALAD DICED PEACHES</p>	<p>10 CAULIFLOWER CHEESE SOUP SCRAMBLED EGG / WITH CHEESE GRILLED HAM PATTIE HOT DOG HASH BROWN POTATO CHILLED MANDARIN ORANGES SPICY OATMEAL MUFFIN</p>	<p>11 HMD BEEF NOODLE SOUP CRACKERS MEAT SALAD SANDWICH HAMBURGER WITH TRIMMINGS CHILLED APRICOTS DROP SUGAR COOKIE</p>	<p>12 CREAM OF VEGETABLE SOUP HOT ROAST TURKEY SANDWICH MASHED POTATO MINI PIZZA ZESTY CORN SALSA SAL- AD FIETA FRUIT PUDDING / TOPPING</p>	<p>13 BEEF STEW GRILLED CHEESE SANDWICH PEACH / C COTTAGE CHEESE \$ FRUIT CRISP / C TPG HOT BISCUIT</p>
<p>14 MINISTRONE SOUP CRACKERS ROAST BEEF AND CHEDDAR ON BUN HOT DOG AND CHIPS FRUIT COCKTAIL ICE N SPICE COOKIE</p>	<p>15 CHILI CON CARNE CRACKERS LUNCHEON MEAT SAND. COLESLAW GELATIN CUBES / TPG.</p>	<p>16 TOMATO SOUP CRACKERS GRILLED CHEESE SAND GRILLED HAM N CHEESE BANANA, MANDARIN ORANGE P/A CUP</p>	<p>17 HMD. CHICKEN NOODLE SOUP TUNA TETRAZZINI CORN DOG GREEN BEANS FRUIT CRISP / TPG</p>	<p>18 CAULIFLOWER CHEESE SOUP CRACKERS SLICED TURKEY SAND EGG SALAD SAND. POTATO CHIPS STRAWBERRY BANANA CUP</p>	<p>19 WHITE CHILI MEATBALLS IN MUSHROOM SAUCE STEAMED RICE CHEESEBURGER / WITH TRIMMINGS ZESTY BROCCOLI SALAD CREAM PUDDING / TPG</p>	<p>20 CHEESEY FIESTA CASSEROLE PIZZA SLICED PINEAPPLE SALAD BAR COOKIE</p>
<p>21 BBQ ON BUN HAM N CHEESE SAND. POTATO SALAD MARINATED TOMATOES ICE CREAM BAR</p>	<p>22 HAM & BUTTER BEAN SOUP HAM BALLS GRILLED CHEESE CARROT CASSEROLE GLAZED APPLES HOT BISCUIT / C HONEY</p>	<p>23 BROCCOLI CHEESE SOUP CHICKEN ON BUN HOT DOG VARIETY BEAN BAKE CHILLED APRICOTS COOKIE</p>	<p>24 TACO SOUP TURKEY CASSEROLE EGG SALAD SANDWICH SEAS. ZUCCHINI FRUIT SALAD MARSHMALLOW KRISPIE SQUARE</p>	<p>25 CHICKEN CORN CHOWDER ROAST BEEF ON W.W PORK BURGERS POTATO CHIPS CHILLED PEACHES</p>	<p>26 TOMATO SOUP HAMBURGER WITH TRIMMINGS HOT HAM N CHEESE ON BUN FRENCH FRIES TROPICAL FRUIT CUP</p>	<p>27 PIZZA BURGER TUNA SALAD SANDWICH TATER TOT POTATOES P/A MARSHMALLOW COLESLAW ICE CREAM BAR</p>
<p>28 HOT CHICKEN SALAD GRILLED HAM POTATO CASSEROLE CHILLED MANDARIN ORANGES CHOCOLATE CHIP COOKIE CROSSIANT</p>	<p>29 HMD CHICKEN NOODLE SOUP REUBEN SANADWICH GRILLED CHEESE POTATO CHIPS FRUIT SALAD SHERBET</p>					

The Estates and East View Villa

February 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 7pm Bible Study	2 Groundhog Day 	3 6pm Games	4 6:30 Chapel/ Special Service	5 Howard Just 11am Bible Study 3pm Ice Cream	6 9am Biscuits & Gravy Breakfast Ph I Coffee Shop
7	8 11am—Groundhog Day Meal at St. Peter's UCC 7pm Bible Study	9 7pm Estates Program	10 6pm Games	11 Nancy Friesen 6:30pm Chapel/Buhler Mennonite	12 11am Bible Study 3pm Ice Cream	13 2pm Valentine's Day Party—Phase III
14 Valentine's Day	15 President's Day 7pm Bible Study	16	17 6pm Games/Pizza & Salad	18 9:30am Crafts Ph I 6:30pm Chapel/ Chaplain Dave	19 11am Bible Study 3pm Ice Cream	20
21	22 Marie Regehr 7pm Bible Study	23 6:30pm Movie Night- Phases III	24 Leona Graber 6pm Games	25 Paul Bauman 6:30pm Chapel/Zoar MB Church	26 11am Bible Study 3pm Ice Cream	27
28	29 LEAP DAY 7pm Bible Study				<u>BINGO</u> — Monday & Thursday at 3:00pm	<u>Exercises</u> —Monday, Wednesday, Friday at 9:30am

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 11:00 Daily Devotions 1:00 Coupon Clipping 3:00 Happy Hour	2 11:00 Daily Devotions 1:00 Groundhog trivia & puzzles 3:00 Ice Cream Social <small>Groundhog Day</small>	3 11:00 Daily Devotions 1:00 Balloon Bopping 4:00 Dominoes	4 11:00 Chaplain's Corner 1:00 U.N.O 3:00 Residents Choice	5 11:00 Daily Devotions 1:00 Valentine Craft 4:00 Bingo	6 11:00 Daily Devotions 1:00 Nail Care 7:00 The Lawrence Welk Show & Popcorn	
7 CHURCH & FAMILY TIME 3:30 Bible Study	8 11:00 Daily Devotions 1:00 Coupon Clipping 3:00 Happy Hour <small>Chinese New Year</small>	9 11:00 Daily Devotions 1:00 Aim for the Heart 3:00 Ice Cream Social <small>March 8th</small>	10 11:00 Daily Devotions 1:00 Balloon Bopping 4:00 Dominoes	11 11:00 Chaplain's Corner 1:00 Trivia 3:00 Residents Choice	12 11:00 Daily Devotions 1:00 Bake Valentine Cookies 4:00 Bingo	13 11:00 Daily Devotions 1:00 Nail Care 7:00 The Lawrence Welk Show & Popcorn	
14 CHURCH & FAMILY TIME Valentine Lunch & Photo Booth <small>Valentine's Day</small>	15 11:00 Daily Devotions 1:00 Coupon Clipping 3:00 Happy Hour <small>President's Day (US)</small>	16 11:00 Daily Devotions 1:00 Make homemade ice cream for social	17 11:00 Daily Devotions 1:00 Balloon Bopping 4:00 Dominoes	18 11:00 Chaplain's Corner 1:00 Reminisce 3:00 Resident's Choice	19 11:00 Daily Devotions 1:00 Penny Ante 4:00 Bingo	20 11:00 Daily Devotions 1:00 Nail Care 7:00 The Lawrence Welk Show & Popcorn	
21 CHURCH & FAMILY TIME	22 11:00 Daily Devotions 1:00 Coupon Clipping 3:00 Happy Hour	23 11:00 Daily Devotions 1:00 Cover that Number 3:00 Ice Cream Social	24 11:00 Daily Devotions 1:00 Residents Council 4:00 Dominoes	25 11:00 Chaplain's Corner 1:00 Shake Loose Memory 3:00 Resident's Choice	26 11:00 Daily Devotions 1:00 Craft Circle 4:00 Bingo	27 11:00 Daily Devotions 1:00 Nail Care 7:00 The Lawrence Welk Show & Popcorn	
28 CHURCH & FAMILY TIME	29 11:00 Daily Devotions 1:00 Leap Day fun 3:00 Happy Hour <small>Leap Day</small>	 <h1 style="margin: 0;">FEBRUARY 2016</h1> <h2 style="margin: 0;">PLEASANT HILLS</h2>					

Pleasant Hills

Hello all, wow seems like January has flown by, maybe because we've been keeping busy and having some fun here at Pleasant Hills, like the saying goes time flies when you're having fun!

First off we have a new addition to our pleasant hills team, we would like to welcome Cate Coley, marketing manager, we are glad to have her.

We started off the month with a new activity called "Balloon Bopping" it was a lot of fun. We all enjoyed bopping balloons along with listening to the oldies, we all decided it was so much fun we would like to start doing it regularly!! We're also still enjoying our weekly ice cream socials, it's a treat for us that we look forward to, we all LOVE ice cream!!

We had planned an outing to China Star for lunch this month, but because of the weather, we decided to have China Star indoors, it was delicious food that we got to enjoy by our nice warm fireplace while I read some Chicken Soup for the Grandparents Soul, such good stories that really warm the soul.

This month I had the pleasure of hosting an activity luncheon here at Pleasant Hills. It was nice meeting with other activity directors and sharing ideas, thank you to all involved in helping me put it together.

We're going to start doing some coupon cutting on Mondays, and taking them to Elmdale Community Center for them to give to school kids, who will send to those in the military, a nice way for us to help contribute,. So if you have Sunday papers you don't need please send them our way!

We are also looking forward to Eastwood Church of Christ doing monthly bible studies here, first one is February 7 @3:30.

For Valentines we will be having a photo booth and lunch if you would like to join your loved one please contact me, God Bless you all!!

Jacinda Carlson, SSD
jacinda@pleasantviewhome.com

