Pleasant View Home P.O. Box 249 108 North Walnut Inman, Kansas 67546

CEO Administrator Director of Nursing CFO Director of Marketing Kevin Reimer Jalane White Marilyn Stufflebean Tod Ritcha Cyndi Ratzlaff

Phone 620-585-6411 Fax 620-585-6504 Web Site www.pleasantviewhome.com

Alzheimer's Support Group

Next meeting will be Third Monday 7:00 pm in the Conference Room



Pleasant News March 2016

From the Administrator

There are plenty of exciting things going on at Pleasant View Home. On March 14, individuals from the National Research Institute will be here to complete the Kansas Nursing Home Resident Satisfaction Survey. We are looking forward to the valuable information this will bring our way.

And we have some good news! Our organization was accepted for the Dillon's Community Rewards program. This means you can create an account with Dillon's to designate the points from your purchases to be directed to a non-profit organization – that being Pleasant View Home. We are really excited about this, and hope that the folks who receive the newsletter will go on-line and sign up for this program. Just go to dillons.com/community rewards and follow the instructions. Dillon's distributes \$2,000,000 per year to local organizations based on the participation of those who have registered. We thank you in advance for selecting Pleasant View as "your" organization!

In addition, if you are looking for an alternative entertainment from the "March Madness" of basketball and politics, you might consider an entertaining night out at the Pleasant View Annual Meeting, March 17 at 7:00 p.m. in the chapel.

jalane@pleasantviewhome.com

Cable TV for Pleasant View Home, Pleasant View Estates, and East View Villa

Pleasant View has signed a contract with RetirementHomeTV to provide cable service campus wide at Inman. Installation should begin in 2—3 weeks with completion in 60 days. The important question about the church channels, YES, they will still be available. There will also be some additional channels.

There will be some sets that will require a set top box. This depends on the TV itself. There will also be High Definition on the sports channels. We are looking forward to RetirementHomeTV being our new provider. There should be no interruption of service when the change is made.

Those that currently have Dish or Direct TV contracts will have to complete their contract before they can move to PVH cable.

Questions, ask Cyndi or Daryl. We will get an answer.

Wellness Blog

A Sitting Disease Epidemic in the Workplace

~ from Worksite Wellness ~ by Alan Kohll 3/10/2015~ "Sitting Disease" is becoming more and more of an issue in our society. This new health issue has arisen as sedentary behavior—sitting at work, watching TV, commuting-now eats up the vast majority of our time. According to Mayo Clinic, 50-70% of people sit at least six hours a day, and 20-35% of people spend over four hours every day watching TV. This shows us that the sitting disease is spreading between home and work.

The Bad New

-This new health risk is a huge problem for a number of reason. First and foremost, the effects of sitting all day can't be reversed by even the most intense workout later that night. The problem needs to be cut off at the source so those negative health consequences can be avoided all together. Here are a few of the detrimental health effects that a sedentary lifestyle can have: 1. Increased risk of obesity, heart disease and even some types of cancer, 2. Decreased function when it comes to circulation, respiration and posture, 3. Mental issues including increased fatigue, loss of focus, higher stress levels and lower productivity, 4. Fewer calories burned throughout the day. The negative side effects of living a sedentary lifestyle are said to decrease life expectancy by an average of 21.8 minutes for every hour spent sitting. The risks get a bit more serious as an individual get older, so it's important to focus on moving throughout the day.

The Good News

- Number 1. Take Breaks-It's not too difficult to take breaks throughout the day to get moving. These breaks can easily blend into a typical work day. One option is to take all phone calls either standing or walking around. Another is to get up and move every hour and finally, exercise breaks can make a huge difference. Every so often do some office workouts like wall-sits, triceps dips and more!
- Number 2. Compensate-Focus on sitting correctly. Be sure to sit with good posture: back straight, feet on the floor and no slouching! Second, get moving in other ways throughout the day, take the stiars, park farther away and many more.
- Nubmer 3. Don't Sit
- -This It's that simple...just don't sit. There are plenty of options to turn workstations into sit-free or sit/stand zones.

For more information on this ever-coming popular disease see Jennifer Cox, Wellness Coordinator.

Jennífer Cox, Wellness Coordinator jennífer@pleasantviewhome.com

Estates Activities

March is upon us! We have yet to see if March will come in like a lion and out like a lamb. But after a mild February, I am not sure what we should expect! Only time will tell. This year we have Easter in March. It comes early this year but we look forward to the celebration of the resurrection of Jesus.

I'm excited that Brenda Goering is back at the Estates, joining me to work on planning and facilitating activities. We will share the work and collaborate to hopefully increase the strength and diversity of our activities offered here. We will look forward to many exciting endeavors coming up in March.

In March we will again have a Saturday special breakfast. This month will feature a waffle bar on March 5th. We will make the waffles and you can top them with the variety of delicious toppings that we will supply! Also in March we will have a special craft, a St. Patrick's celebration, and a walk outside on National Take a Walk Day. Another thing I'm looking forward to is an outing to Galva for a delicious breakfast at Hungry Mann's Café followed by some shopping in McPherson.

Happy Easter!
Until next time, God bless,
Jocelyn Busick, Life Enrichment Coordinator

On Feb. 13th, we enjoyed a Valentine's Day Party in Phase III with punch, cookies, games, and love stories!

Estates residents enjoy some biscuits and gravy during our special breakfast on Feb. 6th

Marketing Blog

Well, it looks like Spring might be right around the corner, but I have been in Kansas long enough to know that anything is possible. We welcome Tony Petrocci to our Estate community. Tony has moved into apartment #36. If you see him around, please make him feel welome. If you have friends that you would like to have become neighbors, have them give me a call and we will find an apartment or duplex that fits their needs.

Pleasant View Annual meeting will be held on Thursday, March 17th at 7:00pm in the Pleasant View Chapel. All are welcome.

Cyndí Ratzlaff cyndí@pleasantviewhome.com

Who's New? Who's Old?

| March Anniversaries | | March Birthdays | |
|---------------------|-----------|--------------------|--------|
| Allen. Barbara | 3/6/2014 | Allmon, Deanna | 23-Mar |
| Belknap, Tobias | 3/6/2015 | Christensen, Suzie | 18-Mar |
| Bingham, Bridget | 3/17/2014 | Clapper, Cara | 15-Mar |
| Blandin, Erika | 3/20/2015 | Dimitt, Michaela | 27-Mar |
| Bruce, Paige | 3/26/2015 | Gaeddert, Brooke | 3-Mar |
| Doerksen, Jacob | 3/6/2015 | Gutierre, Janet | 30-Mar |
| Dossett, Susan | 3/2/2007 | Haag, Analiza | 24-Mar |
| Jaquez, Melissa | 3/17/2015 | Kretzer, Syndi | 5-Mar |
| Lane, Jami | 3/7/2014 | Lee, Clinton | 18-Mar |
| Rivera, Erin | 3/20/2014 | McComb, Molly | 18-Mar |
| Sauer, Megan | 3/6/2015 | Miller, Paula | 9-Mar |
| Schrag, Michelle | 3/27/2015 | Neufeld, Walter | 13-Mar |
| Schriner, Hannah | 3/20/2015 | Patterson, Sandra | 24-Mar |
| Smalling, Tom | 3/22/2011 | Ray, Jessica | 25-Mar |
| Vanous, Starr | 3/7/2014 | Reich, Jaron | 18-Mar |
| Weins, Gail | 3/8/2004 | Ronquilla, Roma | 15-Mar |
| Zeyen, Brooke | 3/10/2014 | Schwartz, Meagan | 27-Mar |
| | | Trammell, Teddie | 13-Mar |
| | | Walker, Kendra | 28-Mar |
| | | Willm, Natasha | 1-Mar |

Chaplain's Corner

I Thessalonians 2:2 ESV
We had boldness in our God to declare to you the gospel of God in the midst of much conflict.

Preaching the Gospel of Jesus Christ has never been the most popular event to happen in a neighborhood. For twenty centuries now, those who have proclaimed the gospel have experienced verbal abuse, physical pain, and even death. In recent years, Martin Burnham lost his life, after having been kidnapped for months, more recently a missionary father and son were burned to death; and every year there are scores of Christ-followers who are killed because of their faith. The endangerment of life was no distant prospect for any of the apostles. After witnessing the persecution and ultimate crucifixion of their Master and their Savior, His solemn words were certainly branded into their hearts: "He who does not take his cross and follow after Me is not worthy of Me" (Matthew 10:38). Paul, when he wrote the words "in the midst of much conflict," spoke from experience. At Philippi, he was arrested, beaten with a whip, and put in shackles in a prison; at Thessalonica, he heeded counsel to leave town before he experienced more physical pain. He was, however, undaunted, because he saw the power of the Gospel (read I Thessalonians 1); some of the Jews believed in Jesus as their Messiah; a great many Gentiles had placed their faith in Christ; and a fledgling Church had been founded. This is the stuff that keeps missionaries, pastors, and gospelspreading believers proclaiming the gospel of Jesus Christ; it is the reason why at least two billion earthlings proclaim faith in Christ today.

Chapel services are held each Thursday at 6:30 P.M.; this is an excellent opportunity to connect with other PVH residents and enjoy fellowship with them. Churches ministering in March are 1) Zion Mennonite Church on the 3rd, 2) Inman Mennonite on the 10th, 3) Bethel Mennonite on the 24th; and 3) Mrs. Beverly Regier giving a report on her missions trip to Ethiopia, February 31; no service will be held March 17 because of the PVH Annual Board Meeting. The Community Palm Sunday Service will be held at Bethel Mennonite Church at 7:00 P.M. Special music will be provided by singers of the local churches represented. Passion-week meditations will be presented by local-church pastors.

Those who have passed to receive their eternal reward were Joyce Smith (February 1), Barbara Shufelberger (February 10), Veora Abernathy (February 24), Charles Snyder (February 26), and Fern Parker (February 26). May each of us heed the biblical admonition, not "to be foolish, but [to] understand what the will of the Lord is" (Ephesians 5:17).

Chaplain Dave Denlinger dave@pleasantviewhome.com



Wilbur's dog Lady making a new friend.



Edith still enjoys her sewing.

Bill of Rights of Pleasant View Home

- 23. The Resident has a right to have reasonable access to the private use of a telephone.
- 24. The Resident has a right to retain and use personal possessions, including some furnishings and appropriate clothing as space permits unless to do so would infringe on the rights or health and safety of other Residents.
- 25. The Resident has a right to share a room with his or her spouse when married Residents live in the same Facility and both spouses consent to the arrangement.

Jason's Social Service Page

Contact Jason to Seee how you can help with our Music and Memory program!



~Irish Blessing

May your blessings

outnumber the shamrocks

that grow, And may trouble

avoid you wherever you go.

If you have a Face Book account be sure to visit our Pleasant View Home Face Book page and "like"





Christ is risen.
Hallelujah! May the miracle of Easter bring you renewed hope, faith, love and joy.

Reminder!!!!

Dementia Support Group is available to anyone

Our meeting time is currently the 3rd Monday of each month at 7:00 pm in the Conference Room.

Please contact Jason, prior to the meeting date, at 620-585-6411

Pleasant View Home would be LUCKY to have you volunteer for us!

Contact Jason for information on volunteer opportuni-



Jason Herndon LMSW jason@pleasantviewhome.com

March 2016

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|---|--|---|---|--|
| Cotton | rwood | 1 9:30 Retail Therapy 2:30 Monday Manicures Calendar Subject to Change | 9:30 Faith & Fun 10:00 4-G Challenge 2:00 St. Patty's Activities | 3 9:30 Faith & Fun 10:00 Resident Council 2:00 Bingo 3:00 Social 6:30 Chapel | 9:30 Faith & Fun 10:00 Gold Fish Day 2:00 Friday Frostys | 5 8:30 Sunshine Ex. 6:30 Movie Entertainment |
| 6 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St. Peter 9:30 Ch. 14 ZoarMB | 7 9:30 Faith & Fun 10:00 Morning Gathering 2:30 Monday Manicures | 8 9:30 Faith & Fun 10:00 Jumpin' with Jen! 1:45 Men's Koffee Klub | 9 9:30 Faith & Fun 10:00 4-G Challenge 2:00 Pot o' Gold Dice Game! | 10 10:00 Leave for Starlight Lanes! 2:00 Bingo 3:00 Social 6:30 Chapel | 9:30 Faith & Fun 10:00 Sensorsize 2:00 Friday Frostys | Change your clocks tonight before bedtime! |
| 13 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St. Peter 9:30 Ch. 14 ZoarMB | 9:30 Faith & Fun 10:00 Morning Gathering 2:30 Monday Manicures | 9:30 Faith & Fun 10:00 St. Patty's Fruit Salad 1:45 Men's Koffee Klub | 9:30 Faith & Fun 10:00 4-G Challenge 2:00 Spelling Bee | Happy St. Patrick's Day | 9:45 Save n' Share 10:00 Sensorsize 2:00 Friday Frostys | 8:30 Sunshine Ex. 6:30 Movie Entertainment |
| PALM SUNDAY | 9:30 Faith & Fun 10:00 Morning Gathering 2:00 Jeopardy!! | 22 10:00 Country Cruise & Lunch 1:45 Men's Koffee Klub | 23 Change 24 today! | 24 9:30 Faith & Fun 10:00 Cheese Doodle Day 2:00 Bingo 3:00 Social 6:30 Chapel | 9:30 Faith & Fun 10:00 Sensorsize 2:00 Friday Frostys | 26 8:30 Sunshine Ex. 6:30 Movie Entertainment |
| | 9:30 Faith & Fun 10:00 Morning Gathering 2:30 Monday Manicures | 9:30 Faith & Fun 10:00 Jumpin' with Jen! 1:45 Men's Koffee Klub | Willour 87 today! | 31 9:30 Faith & Fun 10:00 Oatmeal Pecan Cookies! 2:00 Bingo 3:00 Social 6:30 Chapel 6:30 Chapel | goodbye | NE Rello |

Cottonwood Corner



Hello March!! We are glad to see March come, it's a little closer to Spring weather then! In the pictures above our Red Hat Ladies enjoyed a Table top spelling bee and Fruit Loops! It was much easier writing the words then spelling them outloud like we usually do! Below we are

playing a Ground Hog prediction game to see whether our Spring will come on time or be late! I'm not sure we believe the outcome of our predictions but the game was fun!! Liz and I were privi-



leged to go to the Fox Theater in Hutchinson and see Vicki Lawrence live! What a hilarious show with half of the performance being herself in a comedy routine and the 2nd half she

was "Mama" from the Carol Burnett show. The show was sold out for a good reason! Below Betty, Wilma, Amanda and Liz spent an afternoon making a Valentine Heart-felt craft. They made felt holders for purse

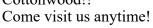


size Kleenex tissues and they were cute! A few residents enjoyed Fazoli's after shopping at Walmart this month. Eva and George are chowing down their good food. Keith came out the big February Jeopardy winner for this month. Unlike last month, these categories

questions

really hard!! We're hoping March is much easier on our minds! Wilbur said he had never been to the St. Peter's Ground Hog supper so I decided this

was his year to experience it! Below he and other residents and staff are filling up on sausage and sauerpancake race was and we didn't win we tied!!! Rock on Cottonwood!!



kraut! Our annual held against Ivy Grove last year...but this year



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|--|--|---|
| A WALL TO SELECT | ch 2016 | 10:30 Baking 3:00 Wil Fun 5:00 Exercises | 10:45 Bible Study 3:00 Ice Cream 5:00 Exercises | 10:30 Trivia 3:00 Games 5:00 Exercises | 10:30 Bingo 3:00 Nails 5:00 Exercise | 10:00 Resident Choice 3:00 Movie & Popcorn |
| 10:30 Church Services Family Time | 6 7 10:30 Bingo 3:00 Rolling Store 5:00 Exercise | 9:30 Shopping 3:00 Wil Fun 5:00 Exercises | 9 10:45 Bible Study 3:00 Ice Cream 5:00 Exercises | 10 10:30 Trivia 3:00 Games 5:00 Exercises | 11 10:30 Bingo 3:00 Nails 5:00 Exercise | 12 10:00 Resident Choice 3:00 Movie & Popcorn |
| 10:30 Church Services | 3 14 10:30 Bingo 3:00 Rolling Store 5:00 Exercise | 15 10:30 Reminisce 3:00 Wil Fun 5:00 Exercises | 16 10:45 Bible Study 3:00 Ice Cream 5:00 Exercises | ST. PATRICK'S DAY CELEBRATION | 18 10:30 Bingo 3:00 Nails 5:00 Exercise | 19 10:00 Resident Choice 3:00 Movie & Popcorn |
| Spring begins Spring Begins Fam Burday | 0 21 10:30 Bingo 3:00 Rolling Store 5:00 Exercise | 10:30 Baking 12:30 Res. counsel 3:00 Wil Fun 5:00 Exercises | 23 10:45 Bible Study 3:00 Ice Cream 5:00 Exercises | 24 10:30 Trivia 3:00 Games 5:00 Exercises | 10:30 Bingo 3:00 Nalis 5:00 Ex | 26 10:00 Resident Choice 3:00 Movie & Popcorn |
| Easter Sunday | 10:30 Bingo 3:00 Rolling Store 5:00 Exercise | 5:00 Exercises | 30 10:45 Bible Study 3:00 Ice Cream 5:00 Exercises | 31 10:30 Trivia 3:00 Games 5:00 Exercises | DAILY REMINI MOST IMPORTANT IN LIF MOST BEAUTIFUL ATTIR GREATEST ASSET — MOST POWER FUL FORCE ENERTEST WEAPON — POTALISM | - JESUS - SMILE AITH - LOVE |

WALNUT COURT

MARCH 2016



Walnut Court family has welcomed Eldon Smith and Brigitte Shelton in February!! Eldon is from here in Inman and Brigitte is originally from Germany so I have feeling she will fit right in here and even teach the

staff a thing or too!



February sure did fly by but we are ready for Spring to arrive! Hope everyone had a

good valentines Day and spent time with your

loved ones.







We are ready for spring and especially that spring weather! We have a St. Patricks Day party planned and even a trip shopping in the mix!

Hopefully the weather will get sunnier and we will be able to enjoy more of the fresh air outside and outings!

We will also be having an Easter Dinner if you

would like to join please contact Cin-dy K. or Amy!



Cindy Kahns cmk@pleasantviewhome.com



March 2016 Harvest House



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|--|---|--|---|
| | | 1 11:00 Devotions 4:00 Hand'le with Care | 2 11:00 Devotions 2:30 Ice Cream Social | 3 11:00 Devotions 4:00 Bingo and popcorn | 4 11:00 Devotions | 5 11:00 Devotions 3:00 Bingo and popcorn |
| 6 8:30—Bethel ch 51 10:30—Zoar ch14 Inman Menn ch 54 Buhler ch 56 St Peters ch 58 | 7 11:00—Bible Study with Pastor Dave | 8 9:00 Target 10:30 Bend with Jenn 11:00 Devotions 4:00 Hand'le with Care | 9 11:00 Devotions 2:30 Ice Cream Social | 10 11:00 Devotions 3:00 Bingo and popcorn | 11 11:00 Devotions 4:00 Rolling Store | 12 11:00 Devotions 3:00 Bingo and popcorn |
| 138:30—Bethel ch 51 10:30—Zoar ch14 Inman Menn ch 54 Buhler ch 56 St Peters ch 58 | 14 11:00—Bible Study with Pastor Dave | 15 10:30 Bend with Jenn 11:00 Devotions 4:00 Hand'le with Care | 16 11:00 Devotions 2:30 Ice Cream Social | 17 St Happy St Pakricks Day! | 18 11:00 Devotions | 19 11:00 Devotions 3:00 Bingo and popcorn |
| 21 8:30—Bethel ch 51 10:30—Zoar ch14 Inman Menn ch 54 Buhler ch 56 St Peters ch 58 | 21 11:00—Bible Study with Pastor Dave | 22 10:30 Bend with Jenn 11:00 Devotions 4:00 Hand'le with Care | 23 11:00 Devotions 2:30 Ice Cream Social | 24 Throwback Thursday | 25 11:00 Devotions 4:00 Rolling Store | 26 11:00 Devotions 3:00 Bingo and popcorn |
| Happy ENTRY | 28 11:00—Bible Study with Pastor Dave | 29 10:30 Bend with Jen 11:00 Devotions 3:00 Movies 4:00 Hand'le with Care | 30 11:00 Devotions 2:30 Ice Cream Social | 31 11:00 Devotions 4:00 Bingo and popcorn | | |

Harvest House

Hello Residents and Staff members! Last month was a great month. We had a lot of activities going on last month. Some of the residents and staff members from Harvest House and Walnut Court enjoyed a day out on the town in McPherson, Ks. We had fun shopping at Walmart and

eating at Mrs. had a fun noon Kelsey in For Valthe resirated and ies from

and mak-

Freddy's. Vernabelle filled aftercooking with the kitchen. entines day dents decobaked cookscratched ing Valen-

tines Day cards for each other. And we had a lot

of fun playing the Wii and enjoying our indoor picnic. Cant wait to see what

brings.



Lotía Conley/SSD Lotía@pleasantviewhome.com



PLAZA MARCH 2016

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|---|---|---|--|
| | | 1 Exercises 10:30 Devotions Take Out Tuesday | 2 Exercises 10:30 Bible Study 11:00 Pop Corn Movie Night | 3 Exercises 10:30 Devotions 11:00 Home Cooking Chapel Happy B-Day Jonnie | 4 Exercises 10:30 Devotions 11:00 Ice Cream Sundaes | 5 Exercises 10:30 Devotions Resident Game Night |
| 6 Church 10:30 Family Day Home Cooking | 7 Exercises 10:30 Devotions Nails Nails Nails Happy B-Day Kenny | 8 Exercises 10:30 Devotions Tuesday Trivia | 9 Exercises 10:30 Bible Study 11:00 Pop Corn Movie Night | 10 Exercises 10:30 Devotions 11:00 Home Cooking Chapel | 11 Exercises 10:30 Devotions 11:00 Root Beer Floats | 12 Exercises 10:30 Devotions Resident Game Night Music Concert |
| 13 Church 10:30 Family Day Home Cooking | 14 Exercises 10:30 Devotions Nails Nails Nails | 15 Exercises 10:30 Devotions Tuesday Trivia | 16 Exercises 10:30 Bible Study 11:00 Pop Corn Movie Night | 17 Exercises 10:30 Devotions 11:00 Home Cooking Chapel 6:30 Saint Patrick's Day | 18 Exercises 10:30 Devotions 11:00 Banana Splits | 19 Exercises 10:30 Devotions Resident Game Night |
| 20 Church 10:30 Family Day Home Cooking | 21 Exercises 10:30 Devotions Nails Nails Nails | 22 Exercises 10:30 Devotions Take Out Tuesday | 23 Exercises 10:30 Bible Study 11:00 Pop Corn Movie Night | 24 Exercises 10:30 Devotions 11:00 Home Cooking Chapel 6:30 | 25 Exercises 10:30 Devotions 11:00 Milk Shakes | 26 Exercises 10:30 Devotions Resident Game Night Happy B-Day Sue |
| 27 Church 10:30 Family Day Home Cooking Easter | 28 Exercises 10:30 Devotions Nails Nails Nails | 29 Exercises 10:30 Devotions Tuesday Trivia | 30 Carriage Crossing Exercises 10:30 Bible Study 11:00 Pop Corn & Movie | 31 Exercises 10:30 Devotions 11:00 Home Cooking Chapel 6:30 | | |

The Plaza

We are so glad that Spring is finally on its way. The weather has been so nice here lately. This month we will be celebrating Saint Patrick's Day and Easter this month. This month we welcomed Charles "Fuzzy" Snyder and Kenneth Spoonemore to the Plaza Neighborhood. But we had to say goodbye to Charlie Snyder as he went to his Eternal Heavenly home. Our prayers are with his family. We celebrated Valentines Day with lots of balloons and a special dinner for our Elders.

We made a trip to Wichita to the Museum of World Treasures and out to eat at Old Chicago.

This month we are going to go bowling in McPherson and a 50's concert in Wichita. We are also planning a breakfast run to Carriage Crossing in Yoder and of course we will have a couple of take out Tuesdays.

Our annual trip to Dutch Kitchen and Stutzmans Gardens will be on April 21. I will be sending out letters of reminders for this. This year we are thinking about doing a vegetable garden along with some flowers. As always if you have any thoughts or concerns don't hesitate to call or email me at any time.

Thank you for the opportunity for all of us to care for your loved





Chris Fleming, SSD chris@pleasantviewhome.com

Heffedge Inn All activities are subject to change

| | | | | All activities are | subject to change | |
|---|---|---|--|---|---|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 20 | 16 | 10:30 Bible Study 12:45 Exercise 2:00 Tasty Tuesday | 2 11:15 Devotions 12:45 Exercise 3:00 Penny Ante 7:00Hoffnungsau Church Video | 10:00 Baking 11:15 Devotions 12:45 Exercise 6:30 Chapel | 11:00 Devotions 11:15 Fun with Jen 12:45 Exercise 3:00 Movie & Popcorn | 10:00 Exercise 11:15 Devotions 7:00 Lawrence Welk |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 10:30 Church Service Bethel—Channel 51 Inman Menn—56 Zoar—14 St. Peters— 58 | 11:15Devotions 12:45 Exercise 3:00 BINGO 7:00 Manicures | 10:30 Bible Study 12:45 Exercise 2:00 Tasty Tuesday | 11:15 Devotions 12:45 Exercise 3:00 Dominos 7:00Hoffnungsau Church Video | 11:15 Devotions 12:45 Resident Council 3:00 Popcorn for popcorn lovers day! 6:30 Chapel | 11:00 Devotions 11:15 Fun with Jen 12:45 Exercise 2:00 Cherry Limeades | 10:00 Exercise 11:15 Devotions 7:00 Lawrence Welk |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 10 1 2 3 SPRING FORWARD | 11:15Devotions 12:45 Exercise 3:00 BINGO 7:00 I Love Lucy | Happy Birthday Karen!!! | 11:15 Devotions 12:45 Exercise 3:00 Penny Ante 7:00Hoffnungsau Church Video | HAPPY St. Plints Say, | 11:00 Devotions 11:15 Fun with Jen 12:45 Exercise 3:00 Movie & Popcorn | 10:00 Exercise 11:15 Devotions 7:00 Lawrence Welk |
| ² Palm | 21 | 22 | 23 | 24 | 25 | 26 |
| Spring * Q W W | 11:15Devotions 12:45 Exercise 3:00 BINGO 7:00 Manicures | 10:30 Bible Study 12:45 Exercise 2:00 Tasty Tuesday | 11:15 Devotions 12:45 Exercise 3:00 Game Time 7:00Hoffnungsau Church Video | 10:00 Baking 11:15 Devotions 12:45 Exercise 6:30 Chapel | Friday T | 10:00 Exercise 11:00 Devotions 7:00 Lawrence Welk |
| Easter Sunday | 28 11:15Devotions 12:45 Exercise 3:00 BINGO 7:00 I Love Lucy | 10:30 Bible Study 12:45 Exercise 2:00 Tasty Tuesday | 30 Happy Birthday John Click! | 31 10:00 Baking 11:15 Devotions 12:45 Exercise 6:30 Chapel | | |

Heritage Inn

March has come in the blink of an eye it seems! The weather is getting nicer outside and we are looking forward to spending some much more needed time getting some fresh air around the Heritage Inn. A lot of good new changes have been going on for a while now and we are starting to take notice of them. All three of our hallways have been updated now, they all have some fresh paint and new carpet including decorations. It really does seem like a whole different world here now!

L m

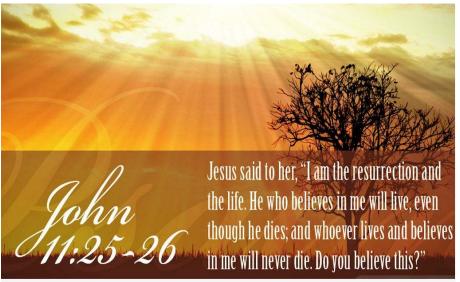
Left: Danielle and Kathryn relaxing and watching a movie.

Below: Jamie, Gail and Olive working on a puzzle!



Left: Liz and Louise listening to Louise's music therapy iPod.

Our residents and staff have been doing a really good job at finding things to do around the neighborhood. Some of our recently favorite activities around here are Tasty Tuesday (which is an all time favorite!), We have a game about sayings our residents really seem to enjoy, Playing with the balloon is also always fun. But lately getting the bread machine out and baking some bread seems to be a hit with almost everyone!



Pintast.com

Upcoming Events!

MARCH 13th Daylight Saving Time Begins

MARCH 17st Baked Potato Bar for Lunch, St. Patrick's Day

MARCH 20th Pam Sunday and Spring Begins!

MARCH 27th Happy Easter!

We have trips scheduled for the 2,11, and 24 destinations have not been decided yet depending on the weather!

Anyone who would like to join us is always welcome! Just give us a call or an email!

Yajaíra Rívas, SSD/AD yajaíra@pleasantviewhome.com

March 2016

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|---|---|--|---|
| | In like a Lion And out Like a Lamb | 1 9:30 Retail Therapy 1:45 Men's Koffee Klub | 2 10:00 Dave's Devotions 10:30 Jammin with Jen | 3 9:30 Devotions 10:00 Resident Council 2:00 Bingo 3:00 Social 6:30 Chapel | 9:30 Devotions 10:00 Popcorn Machine | 5 8:30 Sunshine Exercise 10:00 Snack and Chat Movie or games |
| 6 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St Peters 9:30 Ch. 14 Zoar | 7 9:30 Devotions 10:00 Nifty Nails 2:00 Mmm Monday Ice cream | 8 9:30 Devotions 10:00 Skipbo 1:45 Men's Koffee Klub | 9 10:00 Dave's Devotions 10:30 Jammin with Jen 2:00 Dominoes | 9:30 Leave for Starlight Lanes 2:00 Bingo 3:00 Social 6:30 Chapel | 9:30 Devotions 10:00 Who Am I | Turn back your clocks tonight |
| Daylight Savings Time | 9:30 Devotions 10:00 Nifty Nails 2:00 Mmm Monday Ice cream | Happy Birthday Susan 10:00 St Paddy Fruit Salad | 16 10:00 Dave's Devotions 10:30 Jammin with Jen 2:00 Spelling Bee | It Flappy St. Patrick's Pot of Gold Day! | Happy Birthday Don 9:45 Save n' Share | 19 8:30 Sunshine Exercise 10:00 Snack and Chat Movie or games |
| PALM SUNDAY | 10:00 Nifty Nails 2:00 Jeopardy | 22 10:00 Country Cruise & Lunch 1:45 Men's Koffee Klub | 23 10:00 Dave's Devotions 10:30 Jammin with Jen | 9:30 Devotions 10:00 Cheese Doodle Day 2:00 Bingo 3:00 Social 6:30 Chapel | 25 9:30 Devotions 10:00 Soft orange & lemon cookies | 26 8:30 Sunshine Exercise 10:00 Snack and Chat Movie or games |
| He IS Risen! | 9:30 Devotions 10:00 Double Exposure 2:00 Mmm Monday Ice cream | 99 9:30 Devotions 10:00 Nifty Nails 1:45 Men's Koffee Klub | 30 10:00 Dave's Devotions 10:30 Jammin with Jen 2:00 Dominoes ndar subject to change | 31 9:30 Devotions 10:00 Weather Cards 2:00 Bingo 3:00 Social 6:30 Chapel | Ivy Gr Rapid R | ove & ecovery |

MARCH LUNCHES 2016

| WARCH LUNCILS 2010 | | | | | | | | |
|---|--|--|--|---|--|--|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
| | | I BAKED CHICKEN BREAST HAMBURGER STEAK N ONIONS CORN PUDDING STEAMED BROCCOLI SEAS. BUTTERED CABBAGE CRANBERRY SALAD FRUIT CRISP WITH TPG DINNER ROLL | 2 SWISS STEAK WITH TOMATOES PORK CHOP PARSLEY RED POTATO GREEN BEANS ITALIAN BLEND STUFFED APPLE RING PUMPKIN ORANGE SQUARES DINNER ROLL | 3 MEXICAN MEATLOAF CHICKEN STRIPS CREAMY SCALLOPED POTATO CALIFORNIA MIX VEG SCALLOPED APPLES CREAMY CUCUMBER SALAD FRUIT COCKTAIL CAKE DINNER | 4 TASTEY ROAST PORK BACON, LETTUCE N TOMATO ON TOAST WILD RICE BLEND SPINACH SEAS. PEAS FRUIT GELATIN SALAD BANANA BAR WITH CREAM CHEESE ICING DINNER ROLL | 5 SALISBURY STEAK / GRAVY CHILI HASH BROWNS PARSLEY BU. CARROTS BU. ITALIAN BLEND PEA SALAD CREAM PUDDING / TPG. DINNER ROLL | | |
| 6 CRISPY OVEN FRIED CHICKEN ROAST BEEF WITH BROWN GRAVY MASHED POTATO GREEN & WAX BEANS SEAS. BU. CAULIFLOWER SOUTHWESTERN SALAD FRUIT PIE DINNER ROLL | 7 BEEF STROGANOFF CHICKEN FRIED STEAK WITH MASHED POTATO SEAS. NOODLES WINTER MIX VEG. ASPARAGUS MINT PEAR / CREAM CHEESE FRUITED BREAD PUDDING WITH LEMON SAUCE | 8 HAM N BEANS BAKED FISH WITH HASHBROWNS CHOPPED ONIONS STEWED TOMATOES MIXED VEGETABLES FRUIT CUP ICE CREAM SUNDAE CORN BREAD | 9 BEEF POT ROAST WITH ONIONS, CARROTS & POTATOES CHILI CON CARNE CAPRIE BLEND BEG. JELLIED CRANB. GELATIN BANANA PUDDING DESSERT DINNER ROLL | 10 SMOTHERED PORK CHOP RAISIN DRESSING CHICKEN FRIED CHICKEN SCALLOPED APPLES LIMA BEANS GREEN SALAD BOWL SHERBET DINNER ROLL | 11 FRIED FISH TARTAR SACE MEATLOAF MACARONI AND CHEESE PEAS GREEN BEANS CHOPPED LETTUCE WITH HARD BOILED EGG SALAD FRUIT CUP DINNER ROLL | 12 SWEET N SOUR CHICKEN SPAGHETTI AND MEATBALLS STEAMED RICE BROCCOLI CARROTS BLUSHING PEAR COOKS CHOICE CAKE | | |
| 13 PIT HAM CHICKEN FRIED STEAK GLAZED SWEET POTATO\ GREEN BEAN CASSEROLE CORN LIME MIST SALAD COOKS CHOICE PIE | 14 CHICKEN SHANGHI ROAST BEEF / GRAVY OBRIEN POTATO BROCCOLI AND CHEESE SEAS. ASPARAGUS RANCH LETTUCE SALAD DEEP DISH COBBLER DINNER ROLL | 15 BREADED PORK CUTLET / GRAVY CHEESY MEATLOAF MASHED POTATO BAKED SQUASH STEWED TOMATOES PEACH GRATED CHEESE \$ SHERRET DINNER ROLL | 16 CURRY CHICKEN HAMBURGER WITH TRIMMINGS RED BLISS POTATOES SUGAR SNAP PEAS BAKED BEANS APPLE RAISIN SALAD CREAM TART / TOPPING DINNER ROLL | 17 MINUTE STEAK / C BLACK PEPPER GRAVY CHICKEN FRIED STEAK MASHED POTATO CHUCKWAGON CORN CHEF BLEND VEG. DEVILED EGG WITH PICKLE D BEET SALAD COOKS CHOICE CAKE | 18 SALMON CROQUETTE BBQ RIBBETTE ON BUN PARS. BU. POTATO CREAMED PEAS BU. CARROTS GREEN SALAD BOWL CHILLED APRICOTS DINNER ROLL | 19 GRILLED BRATWURST PULLED PORK ON BUN COTTAGE FRIES FRIED CABBAGE GREEN BEANS FRUIT CUP SALAD FRUIT COBBLER DINNER ROLL | | |
| 20 CHICKEN BREAST STROGANOFF ROAST BEEF / BROWN GRAVY SEAS. NOODLES WINTER MIX VEG. BRUSSEL SPROUTS FRUIT SALAD PUMPKIN PIE DINNER ROLL | 21 ROAST TURKEY MEATLOAF MASHED POTATO / C GRAVY SEAS. SPINACH COUNTRY BLEND VEGETABLE CAULIFLOWER CHEESE SALAD BANANA SPLIT BROWINE DINNER ROLL | 22 Mexican lasagna Chicken strips Bu. Corn Seas. Asparagus Marinated cucumber \$ Pound cake / Fruit pie filling Dinner roll | 23 EASY SPAGHETTI AND MEAT SAUCE GRILLED HAM AND HASHBROWNS STEAMED BROCCOLI CANDIED CARROTS TOSSED SALAD / DRESSING SHERBET GARLIC BREAD | 24 BAKED FISH AUGRATIN BBQ RIBBETTE ON BUN BOILED POTATO GREEN BEANS WITH BACON MIXED VEGETALBES STRAWBERRY ORANGE SALAD CARAMEL PEAR PUDDING / C VANILLA SCE DINNER ROLL | 25 STEAK N STUFF TACO SALAD RICE PILAF SEAS. PEAS CAPRI BLEND VEG. P/A WITH COTTAGE CHEESE SALAD FRUIT PIE DINNER ROLL | 26 BAKED PORK CUTLET CHICKEN FRIED CHICKEN STREUSEL BAKED SWEET POTATO BU. ITALIAN MIX VEG. WAX BEANS CRANBERRY APPLE GELATIN SALAD CHILL FRUIT COCKTAIL DINNER ROLL | | |
| 27 ROAST BEEF WITH BROWN GRAVY GERMAN SAUSAGE MASHED POTATO BU. MIX VEGETABLE GREEN BEAN CASSEROLE SPICY PEACH SALIAD CHOCOLATE LAYER DESSERT DINNER ROLL | 28 HONEY GLAZED HAM CHICKEN FRIED STEAK COTTAGE FRIES CAULIFLOWER WITH CHESE SAUCE CHEF CUT VEGETABLES THREE BEAN SALAD PINEAPPLE UPSIDE DOWN CAKE DINNER ROLL | 29 BAKED CHICKEN BREAST HAMBURGER STEAK N ONIONS CORN PUDDING STEAMED BROCCOLI SEAS. BUTTERED CABBAGE CRANBERRY SALAD FRUIT CRISP WITH TPG DINNER ROLL | 30 SWISS STEAK WITH TOMATOES PORK CHOP PARSLEY RED POTATO GREEN BEANS ITALIAN BLEND STUFFED APPLE RING PUMPKIN ORANGE SQUARES DINNER ROLL | 31 MEXICAN MEATLOAF CHICKEN STRIPS CREAMY SCALLOPED POTATO CALIFORNIA MIX VEG SCALLOPED APPLES CREAMY CUCUMBER SALAD FRUIT COCKTAIL CAKE DINNER | | | | |

MARCH Supper 2016

| WIAICH Supper 2010 | | | | | | | |
|---|---|--|--|--|---|---|--|
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
| | | 1 QUICK VEGETABLE SOUP GOULASH HOT DOG / BUN COUNTRY BLEND VEG. RED JELLIED FRUIT CUP HOT BISCUIT | 2 BEEF N NOODLE SOUP HAM, CHEESE AND NOODLE CASSEROLE BOLOGNA N CHEESE SANDWICH SEAS. BRUSSELS SPROUTS CHILLED PEARS COOKS CHOICE COOKIE | 3 CREAM OF POTATO SOUP CRACKERS TURKEY & SWISS ON W.W BREAD OMELET / TOAST COLESLAW STRAWBERRY SUNDAE | 4 SPLIT PEA SOUP FISH STICKS / TARTAR SC CHICKEN SALAD SANDWICH CREAMED POTATO ZUCCHINI AND TOMATO DICED PEACHES BREAD | 5 GRILLED POLISH SAUSAGE ON BUN WITH KRAUT HAMBURGER / BUN TRIMMINGS POTATO SALAD APPLE PIE CAKE ALA MODE | |
| 6 SCALLOPED HAM & CABBAGE CASS. FISH SAND. / TARTAR SCE BU. CARROTS CHILLED TROPICAL FRUIT CUP PEANUT BUTTER COOKIE | 7 TOMATO SOUP TUNA RICE CASSEROLE CHICKEN NUGGETS SEAS. PEAS P/A BANANA GELATIN SALAD CHOCOLATE SHEET CAKE / CHOC. FROSTING | 8 TACO SOUP WITH CHIPS CHAR-BURGER ON BUN WAFFLE FRENCH FRIES LUNCHEON MEAT SAND- WICH CUCUMBER & SOUR CREAM SALAD DICED PEACHES | 9 CAULIFLOWER CHEESE SOUP SCRAMBLED EGG / WITH CHEESE GRILLED HAM PATTIE HOT DOG HASH BROWN POTATO CHILLED MANDARIN OR- ANGES SPICY OATMEAL MUFFIN | 10 HMD BEEF NOODLE SOUP CRACKERS MEAT SALAD SANDWICH HAMBURGER WITH TRIMMINGS CHILLED APRICOTS DROP SUGAR COOKIE | 11 CREAM OF VEGETABLE SOUP HOT ROAST TURKEY SAND- WICH MASHED POTATO MINI PIZZA ZESTY CORN SALSA SALAD FIESTA FRUIT PUDDING / TOPPING | 12 BEEF STEW GRILLED CHEESE SANDWICH PEACH / C COTTAGE CHEESE \$ FRUIT CRISP / C TPG HOT BISCUIT | |
| 13 MINESTRONE SOUP CRACKERS ROAST BEEF AND CHEDDAR ON BUN HOT DOG AND CHIPS FRUIT COCKTAIL ICE N SPICE COOKIE | 14 CHILI CON CARNE CRACKERS LUNCHEON MEAT SAND. COLESLAW GELATIN CUBES / TPG. | 15 TOMATO SOUP CRACKERS GRILLED CHEESE SAND GRILLED HAM N CHEESE BANANA, MANDARIN OR- ANGE P/A CUP | 16 HMD. CHICKEN NOODLE SOUP TUNA TETRAZZINI CORN DOG GREEN BEANS FRUIT CRISP / TPG | 17 CAULIFLOWER CHEESE SOUP CRACKERS SLICED TURKEY SAND EGG SALAD SAND. POTATO CHIPS STRAWBERRY BANANA CUP | 18 WHITE CHILI MEATBALLS IN MUSHROOM SAUCE STEAMED RICE CHEESEBURGER ZESTY BROCCOLI SALAD CREAM PUDDING / TPG | 19 CHEESY FIESTA CASSEROLE PIZZA SLICED PINEAPPLE SALAD BAR COOKIE | |
| 20 BBQ ON BUN HAM N CHEESE SAND. POTATO SALAD MARINATED TOMATOES ICE CREAM BAR | 21 HAM & BUTTER BEAN SOUP HAM BALLS GRILLED CHEESE CARROT CASSEROLE GLAZED APPLES HOT BISCUIT / C HONEY | 22 BROCCOLI CHEESE SOUP CHICKEN ON BUN HOT DOG VARIETY BEAN BAKE CHILLED APRICOTS COOKIE | 23 TACO SOUP TURKEY CASSEROLE EGG SALAD SANDWICH SEAS. ZUCCHINI FRUIT SALAD MARSHMALLOW KRISPY SQUARE | 24 CHICKEN CORN CHOWDER ROAST BEEF ON W.W PORK BURGERS POTATO CHIPS CHILLED PEACHES | 25 TOMATO SOUP HAMBURGER WITH TRIMMINGS HOT HAM N CHEESE ON BUN FRENCH FRIES TROPICAL FRUIT CUP | 26 PIZZA BURGER TUNA SALAD SANDWICH TATER TOT POTATOES P/A MARSHMALLOW COLE- SLAW ICE CREAM BAR | |
| 27 HOT CHICKEN SALAD GRILLED HAM POTATO CASSEROLE CHILLED MANDARIN OR- ANGES CHOCOLATE CHIP COOKIE CROISSANT | 28 HMD CHICKEN NOODLE SOUP REUBEN SANDWICH GRILLED CHEESE POTATO CHIPS FRUIT SALAD SHERBET | 29 QUICK VEGETABLE SOUP GOULASH HOT DOG / BUN COUNTRY BLEND VEG. RED JELLIED FRUIT CUP HOT BISCUIT | 30 BEEF VEGETABLE SOUP HAM, CHEESE AND NOODLE CASSEROLE BOLOGNA N CHEESE SANDWICH SEAS. BRUSSELS SPROUTS CHILLED PEARS COOKS CHOICE COOKIE | 31 CREAM OF POTATO SOUP CRACKERS TURKEY & SWISS ON W.W BREAD OMELET / TOAST COLESLAW STRAWBERRY SUNDAE | | | |



Estates and Villa March 2016



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-------------------|------------------|---|------------------------------|--|--|--|
| | | 1 Wilma Martens | 2 LeRoy Graber | 3 | 4 11am Bible Study | 5 9am Breakfast—Waffles Ph I Coffee Shop |
| | | | 6pm Game Night | 6:30pm Chapel/Zion Mennonite | 3pm Ice Cream | |
| 6 Verna Hind | 7 | 8 | 9 | 10 9:30am Craft—Phase I 6:30pm Chapel/Inman Mennonite | 11 11am Bible Study 3pm Ice Cream | 12 |
| | 7pm Bible Study | 7pm Estates Program | 6pm Game Night | | 7 | |
| 13 | 14 | 15 | 16 | 17 10am St. Patrick's Day | 18 Suzie Christiansen 11am Bible Study | 19 |
| | 7pm Bible Study | 12pm Special Program at Senior Cen- ter | 6pm Game Night/Potato Bar | celebration –Ph I No Chapel | 3pm Ice Cream 6:30pm Movie Night | |
| 20 Gene Sundquist | 21 Jack Hamilton | 22 | 23 | 24 Erna Dings 8am—Trip to | 25 11am Bible Study | 26 Harold Froese |
| | 7pm Bible Study | | 6pm Game Night | Galva/McPherson 6:30pm Chapel/Bethel Mennonite | 3pm Ice Cream | |
| 27 LaVerna Ediger | 28 | 29 | 30 10am—Walk in the | 31 | Exercises– Monday, Wednesday, Friday | |
| EASTER | 7pm Bible Study | | Park Day 6pm Game Night | 6:30pm Chapel/Bev Regier | 9:30am Bingo—Monday, Thurs- day 3:00pm | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|---|---|
| · 1000年11年1 | h 2016 | PEANUT BUTTER 1 LOVERS DAY 11:00 DAILY DEVOTIONS 1:00 SHAKE LOOSE MEMORY 3:00 ICE CREAM SOCIAL | CAT IN THE HAT DAY 11:00 DAILY DEVOTIONS DR.SUESS STORIES 1:00 BALLOON BOPPING 4:00 DOMINOES | 11:00 DAILY DEVOTIONS 1:00 TRIVIA 3:00 RESIDENTS CHOICE | FIREHOUSE CAFÉ OUTING 4:00 BINGO | 11:00 DAILY DEVOTIONS 1:00 NAIL CARE 7:00 LAWRENCE WELK SHOW & POPCORN |
| BIBLE STUDY | 11:00 DAILY DEVOTIONS 1:00 COUPON CUTTING 3:00 HAPPY HOUR | INTERNATIONAL PANCAKE DAY 11:00 DAILY DEVOTIONS PANCAKE BRUNCH 3:00 ICE CREAM SOCIAL | CLOVER ALL OVER DAY 11:00 DAILY DEVOTIONS 1:00 BALLOON BOPPING 4:00 DOMINOES | 11:00 DAILY DEVOTIONS 1:00 PENNY ANTE 3:00 RESIDENTS CHOICE | 11:00 DAILY DEVOTIONS 1:00 MEMORY STREET 4:00 BINGO | SOFT DRINK BOTTLE DAY 11:00 DAILY DEVOTIONS 1:00 COCA-COLA RING TOSS 2:30 AKC Hutch therapy dogs 7:00 LAWRENCE WELK |
| CHURCH & FAMILY TIME | POTATO CHIP DA 14 11:00 DAILY DEVOTIONS 1:00 COUPON CUTTING 3:00 HAPPY HOUR | 11:00 DAILY DEVOTIONS 1:00 UNO 3:00 ICE CREAM SOCIAL | 11:00 DAILY DEVOTIONS 1:00 BALLOON BOPPING 4:00 DOMINOES | 11:00 DAILY DEVOTIONS 1:00 BOWLING 3:00 RESIDENTS CHOICE | 11:00 DAILY DEVOTIONS 1:00 COVER THAT NUMBER 4:00 BINGO | 11:00 DAILY DEVOTIONS 1:00 NAIL CARE 7:00 LAWRENCE WELK SHOW & POPCORN |
| Daylight Saving Time Begins 20 CHURCH & FAMILY TIME Spring Begins Pain Sunday | 11:00 DAILY DEVOTIONS 1:00 COUPON CUTTING 3:00 HAPPY HOUR | 11:00 DAILY DEVOTIONS 1:00 YAHTZEE 3:00 ICE CREAM SOCIAL | CHIPS N DIP DAY 23 11:00 DAILY DEVOTIONS 1:00 BALLOON BOPPING 3:00 DIPPY SOCIAL | 11:00 DAILY DEVOTIONS 1:00 OUTSIDE STROLL 3:00 RESIDENTS CHOICE | WAFFLE DAY 11:00 DAILY DEVOTIONS 11:00 WAFFLE BRUNCH 4:00 BINGO | 11:00 DAILY DEVOTIONS 1:00 NAIL CARE 7:00 LAWRENCE WELK SHOW & POPCORN |
| 27 CHURCH & FAMILY TIME | DUMP CAKE DAY 28 11:00 DAILY DEVOTIONS 1:00 COUPON CUTTING 3:00 ENJOY YUMMY DUMP CAKE | 11:00 DAILY DEVOTIONS 1:00 RESIDENT COUNCIL 3:00 ICE CREAM SOCIAL | 11:00 DAILY DEVOTIONS 1:00 BALLOON BOPPING 4:00 DOMINOES | CRAYOLA DAY 11:00 DAILY DEVOTIONS 1:00 COLORING PAGES 3:00 RESIDENTS CHOICE | | JECT TO CHANGE viewhome.com |

Pleasant Hills

So happy the groundhog saw his shadow and spring is approaching, ready for the warm weather!! We had such a great turn out for our first bible study with Eastwood church of Christ, everyone enjoyed the fellowship, and are looking forward for the next one on Sunday march 6th @3:30, please join us we would love to have you. This will be held every first Sunday of the month. We have been busy cutting coupons this month to bring to Elmdale, they collect them for kids to send to those in military service. This month we also celebrated valentines with our loved ones, we had a valentine luncheon and photo booth set up to capture the moment with those we love, Thank you goes out to Barb Allan and Molly Wilhaus for their help with the valentine luncheon, they did a wonderful job. We also had a lot of fun playing a game for valentines called "Aim for the Heart", we had to throw a ball into buckets that spelled out HEART, we all had a good time playing. For a craft this month we made hearts with bible verse to display on our front doors. This month we also made some homemade ice cream, it was yummy in our tummy, we love ice cream especially when it's homemade!! Another thing we enjoy is happy hour we really like sherbet and sprite or yummy root beer floats!! We also enjoy playing a game called "Cover that Number" bill was the winner every time!! Before closing, we would like to welcome to our home resident Doris Poltera!! Look forward to spring and all that it brings, until next time God bless.

