Pleasant View Home P.O. Box 249 108 North Walnut Inman, Kansas 67546

CEO Administrator Director of Nursing CFO Director of Marketing

Kevin Reimer Jalane White Marilyn Stufflebean Tod Ritcha Cyndi Ratzlaff

Phone 620-585-6411 Fax 620-585-6504 Web Site www.pleasantviewhome.com

Alzheimer's Support Group

Next meeting will be Third Monday 7:00 pm in the Conference Room



Pleasant News April 2016

From the Administrator

As I write this article, our Gift Day dollars are literally, at work. We are blessed with an Environmental Services crew who seem to be able to take on any kind of project, and today they are installing the new wood look floor in the dining room upstairs, and it looks fantastic!

Another exciting project that is in the planning stages that may be implemented by the end of April or first part of May, is a new approach to vending of food on our campus. AVANITI Markets is planning to install a convenience store type of food service in the Bistro. It will feature reach in coolers, which are stocked with meal items, snacks, fruits, and drinks. In addition, retail type wall racks will have hundreds of options of pastry, chips, candy and more. An electronic self-checkout will make it easy for residents, staff and guests to enjoy convenience store style ease. We will be bringing you additional information on this concept in the near future.

Our annual board meeting was held, March 17, and David Schmidt was thanked for his many years of dedicated service to the Pleasant View Home Board of Directors. We are excited to announce that Renetta Kroeker, has accepted a position on our Board of Directors. Renetta has served as a board member in the past, and has a passion for serving the elderly.



Roger, Tom and Glenn installing the new floor in dining room.

Gail gets in on the floor action.

Jalane White jalane@pleasantviewhome.com

Wellness Blog

Exercise Can Add Years to Your Life by Huffington Post

Working out isn't only about how you'll look in that bikini. Getting - and staying - in shape boosts heart health, helps your skin and improves your sleep, to mention just a few of the healthy perks.

And just last week, we added another motivation to the list, when a new study linked jogging to increased life expectancy. Researchers from the Copenhagen City Heart study found that jogging one to two-and-a-half hours a week in two or three different sessions was associated with an <u>additional 6.2 years for men and 5.6 years for women.</u>

- The CDC recommends healthy adults get two hours and 30 minutes of moderateintensity activity (like brisk walking), plus two or more days of strength-training a week.
- Jogging isn't the only form of exercise that has been found to add years to your life — and in some instances, it only takes a few minutes of physical activity to make a big difference. Here are six other ways fitness has been linked to increased longevity.
 - Take the Stairs In 2008, a small Swiss study found that sedentary people who switched from taking escalators and elevators to taking the stairs cut their risk of dying prematurely by 15 percent. An earlier look at data also found that climbing 35 or more flights of stairs a week significantly increased longevity when compared to people who climbed fewer than 10 stories a week.
 - **Bike... Faster!** Biking to work is a great way to squeeze exercise into your day, spend some time outside and even save on gas money. But a leisurely ride, while it might leave you less sweaty upon arrival at the office, won't do as much for your lifespan as if you really ride it out. A study of Copenhagen cyclists found that men who pedaled the fastest lived more than five years longer than slower cycling men, and the fastest women cyclists lived almost four years longer.
 - <u>**Take a Swim</u>** A study found that men who swam regularly had about a 50 percent smaller risk of dying than sedentary men but swimmers also had a lower mortality rate than men who walked and ran for their exercise.</u>
 - **Pick up the (Walking) Pace** A 2011 study found that people who naturally walk at a pace of one meter per second, about 2.25 mph, or faster, lived longer than their slower peers. But walking pace might be more of an indicator of longevity rather than a way to increase it, the study's author cautioned. "Your body chooses the walking speed that is best for you, and that is your speed, your health indicator," lead researcher Dr. Stephanie Studenski told MyHealthNews-Daily. "Going out and walking faster does not necessarily mean you will suddenly live longer," she said.
 - <u>Work Out For 15 Minutes a Day</u> Some think to get the full benefit of a good workout, you need to be sweating for a full 30 minutes — or longer. But with so many people struggling to find a spare 30 minutes, researchers have begun to investigate if a shorter sweat session could be just as good. A 2011 study found when compared to sedentary people, 15 minutes of daily activity, like brisk walking, added three years to life expectancy, according to Reuters.
 - Kick It Up a Notch Walking faster, cycling harder there's an underlying theme to many of the benefits of exercise: intensity. Overall, vigorous activities seem to have more life-lengthening powers than non-vigorous activities, according to a 1995 study. In fact, intense exercise may double the years added by moderate exercise, according to a 2005 study. Five days a week of walking for 30 minutes led to 1.3 to 1.5 additional years, *The Washington Post* reported, but intense exercise, like running half an hour five days a week, resulted in 3.5 to 3.7 extra years.

April Estates Activities

Greetings and Happy Spring! We are looking

forward to Spring and the opportunity to do more things outside and enjoy the lovely weather.

March was a great month, it was wonderful to see many of you participating in our Estates activities. We had a good turnout for our Waffles Breakfast on March 5th. Many residents especially enjoyed the traditional White Sauce which was prepared by Erma Jane Wiens and was the most popular waffles topping of the day.

You may notice that we do not have a special Estates breakfast scheduled for the month of April. Due to scheduling conflicts we aren't going to have one this month and will enjoy many other scheduled events. We hope to continue to have breakfasts in the future as time allows! It has been fun to enjoy Saturday breakfast together.

April brings the MCC Sale in Hutchinson. We are planning to provide a ride for those who need one on Friday afternoon after the 3:00pm Ice Cream social. The MCC sale is on Friday and Saturday. Hope you are getting hungry for some verenika!

The Wednesday Game night special food for April will be a potluck salad supper at 6pm on April 20th. If you wish please bring a salad to share with the group.

At the end of the month, there is a special chapel service scheduled. It will be Chase and Laura Wiens who are serving as missionaries in India. You will not want to miss the opportunity to hear what they have share with us.

Another exciting opportunity awaits us at the end of April, when we will have a special *Hobbies and Crafts Show*. This will take place in the Phase I commons and will be a way for you to share your hobbies or crafts that you have worked on over the years, or special collections that you have gathered. We will have tables set up for you to display your items. This will take place Thursday, April 28 and Friday April 29th. You can bring your items on Thursday morning between 8-9am and we will open the display at 10:00am. We are looking forward to seeing the collections, crafts, or hobbies that are unique and dear to you! Thanks in advance for your participation.

Have a wonderful month of April, and God's blessings to you all! Until next time,

Jocelyn Busick & Brenda Goering, Estates Activities

Independent Living

Despite our surprise Easter snow, I think spring is right around the corner!! Do you or anyone you know need a new fresh start for Spring? Let us help you out and find a new apartment or duplex that you can move into and enjoy! Cleaning out and starting fresh is a great way to make things new. Let me know how I can help you do this.

We will be welcoming several new residents in the spring/early summer. When they move in, please welcome them to our community.

Cyndí Ratzlaff cyndí@pleasantvíewhome.com

Who's New? Who's Old?

Anniversaries DALENE WESTOVER KEVIN REIMER RAYMOND OSBORN ANALIZA HAAG SANDRA PATTERSON DEBRA SLACK SABRINA JENNINGS YAJAIRA RIVAS MEDII SYDNI KRETZER TAYLOR NEUFELDT TEVIN ROSE EMMA WISBY Birthdays	4/18/2006 4/21/2011 4/26/2011 4/11/2014 NA 4/18/2014 4/3/2015	JADA WARD JANET REGEHR JEANETTE CHRISTENSON JOAN NEUFELDT JULIE WILCOX JUSTIN PHILLIPS LEDA BROWN LORI AHLGRIM LOTIA CONLEY LYNDSEY HORNE MICHELE WATSON MICHELLE SCHRAG NATALIE BARNES SHEILA LONG TERRI COOPER THOMAS FROESE	4/5 4/16 4/19 4/18 4/28 4/25 4/26 8/14 8/20 4/16 4/23 4/7 4/9 4/2 4/5 4/30
BARBARA ALLAN	4/20	TOBIAS BELKNAP	4/5
BRECKON KAUFMAN	4/18		
BRIDGETT BINGHAM	4/6		
BROOKE ZEYEN	4/16		
CALEB REIMER	4/7		
CHERYL PARKHURST	4/8		
CORRINE HENDERSON			
DANIELLE BROWN	4/28		
HANNAH SCHRINER	4/16		
HARRY FORNEY	4/16		

Chaplain's News

It's a few days after Christ's resurrection – the event that we call Easter; and several of the apostles, those bearers of Christ's words and works, are fishing on the Sea of Galilee. They probably left from the port of Capernaum, the village in which some of them lived. They needed food for the stomach; they needed shekels to pay expenses. The risen Savior was nowhere to be seen; life, so it seemed, had returned to the pattern as it was before He had called them – back to the ordinary, to the mundane; but then, as day was breaking, they saw someone on the shore, standing next to a campfire. He beckoned to them to bring their fish to him for a group breakfast; but they had not a fish. "Throw your net on the right side of the boat!" They did; and they hauled in 153 fish! Then, they knew – it was THE LORD. Although not always visible, He was present; He was aware of their whereabouts.

So, here we are in the 21st century, having celebrated another Easter event, with the coloring of eggs, Easter egg hunts, and worshipping the Lord in our favorite church; but now, it's a few days after that wonderful weekend. **Is life any different?** I pray that it be so. May the words of Isaiah sting our hearts: "He was wounded for our transgressions; He was bruised for our iniquities." May the thrill of that Resurrection Morning stay with us, when the angel spoke to the women, "He is not here; for He is risen, as He said. Come; see the place where the Lord lay."

Lord, we believe. We are struck by your death for our sake; we continue to glory in your resurrection; we are very thankful that You are with us! May we, like those first disciples, spread Your Good News to the world around us.

Ministering in the Thursday evening chapel services (6:30 P.M.) will be the following individuals: April 7, Pastor Dennis Ureche; April14, Pastor Rich Doerkson; April 21, Pastor Charles Kauffmann; and April 28, Chase & Laura Cable, missionaries.





Enjoying Breakfast at the Fire House Reataurant

A day at the bowling alley.

Bill of Rights of Pleasant View Home

These rights were signed by the residents of Pleasant View Home or the residents DPOA. If at anytime the resident or DPOA need to discuss them, we ask that you speak to the Social Service Designee here at Pleasant View Home. This year we have 33 Bill of Rights to review: These are read and discussed at the resident council meeting the first of each month.

- 26. Each Resident has a right to self-administer medications unless the Facility interdisciplinary team has determined for a particular Resident that this practice is unsafe.
- 27. The Resident has a right to be free from any physical restraints imposed or psychoactive drugs administered for the purposes of discipline or convenience and not required to treat the Resident's medical symptoms.
- 28. The Resident has the right to be free from verbal, sexual, physical, or mental abuse, corporal punishment and involuntary seclusion.

Jason's Social Service Page

National Nursing Home Administrator week was March 14-18 and National Administrative Professional week is April 24-28. Jalane and the administrative staff of Pleasant View Home do a wonderful job of keeping Pleasant View Home running smooth. Jalane's leadership has empowered the staff of Pleasant View Home to accomplish many things and ultimately has resulted in exceptional care and wonderful opportunities for those who live here. When you see Jalane and the administrative staff of Pleasant View be sure to thank them for all they are doing!

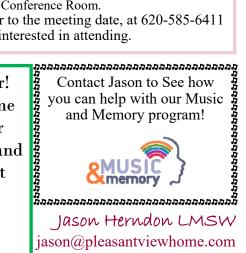
If you have a Face Book account be sure to visit our Pleasant View Home Face Book page and "like" us!



Reminder!!!!

Dementia Support Group is available to anyone Our meeting time is currently the 3rd Monday of each month at 7:00 pm in the Conference Room. Please contact Jason , prior to the meeting date, at 620-585-6411 If you are interested in attending.

Spring is in the Air! Pleasant View Home wants to grow our volunteer program and would love to start with You!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		2016	Cotto	n w o o d U M O O ()	APRIL DOADY APRIL I	2 8:30 Sunshine Ex. 6:30 Movie Entertainment
3 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St. Peter 9:30 Ch. 14 ZoarMB	4 9:30 Faith & Fun 10:30 Bible Study 2:30 Monday Manicures	5 9:30 Faith & Fun 10:00 Jumpin' with Jen! 1:45 Men's Koffee Klub	6 9:30 Faith & Fun 10:00 4-G Challenge	7 10:00 Leave for Starlight Lanes! 2:00 Bingo 3:00 Social 6:30 Chapel	8 9:30 Faith & Fun 10:00 Sensorsize 2:00 Friday Frostys	9 48th Mennonite Relief Sale in Hutchinson Today!
10 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St. Peter 9:30 Ch. 14 ZoarMB	11 9:30 Faith & Fun 10:30 Bible Study 2:00 April Jeopardy!!!	12 9:30 Yoder Et Cetra Shop & Bullseye Café 1:45 Men's Koffee Klub	13 9:30 Faith & Fun 10:00 4-G Challenge 2:00 Garlic Cheese Knots	14 9:30 Faith & Fun 10:00 Resident Council 2:00 Bingo 3:00 Social 6:30 Chapel	15 9:30 Faith & Fun 10:00 Sensorsize 2:00 Friday Frostys	16 8:30 Sunshine Ex. 6:30 Movie Entertainment
17 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St. Peter 9:30 Ch. 14 ZoarMB	18 9:30 Faith & fun 10:30 Bible Study 10:45 Skoops!! 2:30 Monday Manicures	19 9:30 Faith & Fun 10:00 Jumpin' with Jen! 1:45 Men's Koffee Klub	20 9:30 Faith & Fun 10:00 4-G Challenge 2:00 Spelling Bee	21 9:30 Faith & Fun 10:00 Apple Pie?? 2:00 Bingo 3:00 Social 6:30 Chapel	22 9:30 Faith & Fun 10:00 Sensorsize 2:00 Friday Frostys	23 Inman science Car & Tractor Show
24 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St. Peter 9:30 Ch. 14 ZoarMB	25Amalia's Birthday! Leave at 10 for Dutch Kitchens And Stutzmans!!!!	26 9:30 Faith & Fun 10:00 Jumpin' with Jen! 1:45 Men's Koffee Klub	27 9:30 Faith & Fun 10:00 4-G Challenge 1:30 Plant our Flowers!!	28 9:30 Faith & Fun 10:00 Dominoes 2:00 Bingo 3:00 Social 6:30 Chapel	29 9:30 Faith & Fun 10:00 Sensorsize 2:00 Friday Frostys	30 8:30 Sunshine Ex. 6:30 Movie Entertainment

Cottonwood Corner



re Garden

Hello April!!! I'm just going to get this over with and confess right now.. This whole page of pictures is us eating out or eating!! If you want to keep up with the latest places to eat out, PVH is where you want to live!!!!

> ly love going out weeklv!We had a really fun time playing Pot O'



Gold dice game for St. Patrick's activities. The table was fun and the competition was great! We enjoy our quieter times on CC too and here Natalie and Amalia find time to do things together. Ivy Grove got a new puppy dog named Elsa that



Eva is just cuddling away with!! This fine group went bowling in McPherson last week and

put up some good scores, it is one of our favorite activities! We had the best time on our Country Cruise this month!! We tried to find the farmer whose 10 young calves were out on the road, but had no luck! We drove for MILES out in the country and then ended up eating in Burrton!! Please put on your "want to do" list our annual



trip to Stutzman's Greenhouse and lunch at Dutch Kitchens! It is April 25 and we WANT families to meet us there or come with us! Unless it is pouring rain....we



go, so please call me or message me, I am excited to hear from you!

> Becky Burkholder, SSD becky@pleasantviewhome.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The state of the s	9 ****	April 20 WALN	16 IUT COUR	¢Τ	10:30 Bingo 3:00 Nails 5:00 Exercise	1 2 10:00 Resident Choice 3:00 Movie & Popcom
10:30 Church Services FAMILY TIME	3 4 10:30 Bingo 3:00 Rolling store 5:00 Exercise	9:30 SHOPPING Evelyn's Birthday!	6 10:45 Bible Study Charles Birthday!	10:30 Trivia 3:00 Games 5:00 Exercise	7 10:30 Bingo 3:00 Nails 5:00 Exercise	8 9 10:00 Resident Choice 3:00 Movie & Popcom
10:30 Church Services Ellen's Birthday!!	10:30 Bingo	12 10:00 Baking 3:00 Puzzles 5:00 Exercise	13 10:45 Bible Study 3:00 Ice Cream 5:00 Exercise	10:30 Trivia 3:00 Games 5:00 Exercise	14 10:30 Bingo 3:00 Nails 5:00 Exercise	15 16 10:00 Resident Choice 3:00 Movie & Popcom
17 10:30 Church Services FAMILY TIME	7 18 10:30 Bingo 3:00 Rolling store 5:00 Exercise	19 10:00 Reminisce 3:00 Puzzles 5:00 Exercise	20 10:45 Bible Study 3:00 Ice Cream 5:00 Exercise	10:30 Trivia 3:00 Games 5:00 Exercise	10:30 Bingo 3:00 Nails 5:00 Exercise	22 23 10:00 Resident Choice 3:00 Movie & Popcom
24 10:30 Church Services FAMILY TIME	10:30 Bingo	10:30 BOWLING 3:00 Puzzles 5:00 Exercise			28 10:30 Bingo 3:00 Nails 5:00 Exercise Arbor Day (US)	Pint Day of Passover 29 Phyllis' Birthday 30

ALL ACTIVITES AER SUBJECT TO CHANGE

Walnut Court

Another month of 2015 has flown by again! And we had to start the month by saying good bye to Bennie Regier. Feb. 29th Bennie went home to be with the Lord, we send out many prayers

and thoughts to his family, walnut court will not be the same without $him \cdot We$ all miss him very much \cdot

We did enjoy



some shopping in

March and celebrated 2 holidays, also went to the movies watching Miracles from Heaven

And we also welcomed Agatha Smyres and Phyllis Eilts to the Walnut



Court family!



April **2016**

We have

planned a shopping trip on the 5th and a bowling trip to the alley in Hutchinson on the 19th. If anyone would like to join us we will welcome you with open arms! We also have our annual Stutzman's trip with lunch on May 3rd. Please contact Cindy K or Amy if you want to join your loved one!

We also have 4 birthdays this month that include Evelyn Martin on the 5th, Charles Johnson on the 6th, Ellen Penner on the 10th, and Phyllis Eilts on the 30th.









Cindy Kahns AD/SSD cmk@pleasantviewhome.com





Sun	Mon	Tue	Wed	Thu	Fri	Sat
Harvest House	2			pringtime! mily to Yours.	1 11:00 Devotions 3:00 Penny Ante	2 11:00 Devotions 3:00 Bingo and popcorn
3 8:30—Bethel ch 51 10:30—Zoar ch14 Inman Menn ch 54 Buhler ch 56 St Peters ch 58	4 11:00—Bible Study with Pastor Dave	5 9:00 Shopping 10:30 Bend with Jenn 11:00 Devotions 4:00 Hand'le with Care	6 11:00 Devotions 2:30 Ice Cream Social	7 11:00 Devotions 3:00 Bingo and popcorn	8 11:00 Devotions 3:00 Penny Ante 4:00 Rolling Store	9 11:00 Devotions 3:00 Bingo and popcorn
108:30—Bethel ch 51 10:30—Zoar ch14 Inman Menn ch 54 Buhler ch 56 St Peters ch 58	11 11:00—Bible Study with Pastor Dave	12 10:30 Bend with Jenn 11:00 Devotions 4:00 Hand'le with Care	13 11:00 Devotions 2:30 Ice Cream Social	14 11:00 Devotions 3:00 Bingo and popcorn	15 11:00 Devotions 3:00 Penny Ante	16 Happy Birthday Anna!
17 8:30—Bethel ch 51 10:30—Zoar ch14 Inman Menn ch 54 Buhler ch 56 St Peters ch 58	18 11:00—Bible Study with Pastor Dave	19 9:00 Bowling 10:30 Bend with Jenn 11:00 Devotions 4:00 Hand'le with Care	20 11:00 Devotions 2:30 Ice Cream Social	21 Throwback Thursday	22 11:00 Devotions 3:00 Penny Ante 4:00 Rolling Store	23 11:00 Devotions 3:00 Bingo and popcorn
248:30—Bethel ch 51 10:30—Zoar ch14 Inman Menn ch 54 Buhler ch 56 St Peters ch 58	25 11:00—Bible Study with Pastor Dave	26 10:30 Bend with Jen 11.00 Devotions 3:00 Movies 4:00 Hand'le with Care	27 11:00 Devotions 2:30 Ice Cream Social	28 11:00 Devotions 4:00 Bingo and popcorn	29 11:00 Devotions 3:00 Penny Ante	30 11:00 Devotions 3:00 Bingo and popcorn

Harvest House

Hello Residents and Staff members! Last month

was a great had a lot of going on last Some of the and staff from Harvest Walnut joyed a day Hutchinson Target and nice lunch at



month. We activities month. residents members House and Court enin shopping at having a Apple-

bee's. We had a lot of fun Easter activities going on. From our coloring contest to Easter baskets and Easter dinner and cupcakes. Had a nice time going to the movie theaters and having ice cream. Cant wait to see what this month brings us. And we have one Birthday this month, Mrs.

Anna Plett will be a young 96 years old!





Lotía Conley Lotía@pleasantviewhome.com



APRIL 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
The	Plaza				1 Exercises 10:30 Devotions 11:00 Balloon Toss	2 Exercises 10:30 Devotions 11:00 Game Night
3 Church 10:30 Family Day Home Cooking	4 Exercises 10:30 Devotions 11:00 Monday Manicures	5 Exercises 10:30 Devotions 11:00 Ice Cream Social	6 Exercises 10:30 Bible Study 11:00 Movie & Popcorn	7 Exercises 10:30 Devotions 11:00 Thursday Trivia Home Cooking	8 Exercises 10:30 Devotions 11:00 Parachute & Balls	9 Exercises 10:30 Devotions 11:00 Game Night
10 Church 10:30 Family Day Home Cooking	11 Exercises 10:30 Devotions 11:00 Monday Manicures	12 Exercises 10:30 Devotions 11:00 Take Out Tuesday	<i>13</i> Exercises 10:30 Bible Study 11:00 Movie & Popcorn	14 Exercises 10:30 Devotions 11:00 Thursday Trivia Home Cooking	15 Exercises 10:30 Devotions 11:00 Balloon and Noodles	16 Exercises 10:30 Devotions 11:00 Game Night
17 Church 10:30 Family Day Home Cooking	18 Exercises 10:30 Devotions 11:00 Monday Manicures	19 Exercises 10:30 Devotions 11:00 Ice Cream Social	20 Exercises 10:30 Bible Study 11:00 Movie & Popcorn	21 Dutch Kitchen Stutzman Gardens Pizza Night	22 Exercises 10:30 Devotions 11:00 Parachute & Balls	23 Exercises 10:30 Devotions 11:00 Game Night
24 Church 10:30 Family Day Home Cooking	25 Exercises 10:30 Devotions 11:00 Monday Manicures	26 Exercises 10:30 Devotions 11:00 Take Out Tuesday	27 Exercises 10:30 Bible Study 11:00 Movie & Popcorn	28 Exercises 10:30 Devotions 11:00 Thursday Trivia Home Cooking	29 Exercises 10:30 Devotions 11:00 Ball Toss	30 Exercises 10:30 Devotions 11:00 Happy B-Day Rachel Game Night

The Plaza

Spring is finally here and what beautiful weather we have been having. We celebrated Kenneth Spoonemores, Jonnie Sidebottom, and Sue Dix's birthdays and also Jonnie and Kevin Sidebottoms 29th Wedding Anniversary. We also celebrated Easter with a Holiday Dinner. Our tqke out Tuesdays are still a hit so we will be continuing to do those twice a month. We will be mailing out RSVP letters for our annual trip to the Dutch Kitchen and to Stutzmans Gardens. Please let us know if you will be joining your loved one. We had to say a heartfelt good-bye to Ceola Tischler as she went to her forever home in Heaven. She will be greatly missed. We also welcomed Ken Symonds and Paulette Rump to the Plaza Neighborhood. We look forward to getting to know them better. Rachel Neufeld has a birthday in April and we will celebrate her birthday on April 30th. Here's hoping April Showers bring May flowers. If you would like to eat with your loved ones on

Thursdays or on Sundays please let us know in advance if at all possible so we can plan accordingly.



Ceola F. Tischler July 3, 1927– March 17, 2016

Its hard to forget someone who gave you so many memories. Always remember... Never Forget

> Chrís Flemíng, SSD chrís@pleasantvíewhome.com

	He	rit(Conties are subject to		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				° °	1 HOPPY PRIS	2 10:00 Exercise 11:15 Devotions 7:00 Lawrence Welk
3 10:30 Church Service Bethel–Channel 51 Inman Menn–56 Zoar–14 St. Peters– 58	4 11:15 Devotion 12:45 Exercise 3:00 BINGO 7:00 Manicures	5 10:30 Bible Study 12:45 Exercise 2:00 Tasty Tuesday	6 11:15 Devotions 12:45 Exercise 3:00 Game Time	7 10:45 Bowling 11:15 Devotions 12:45 Exercise 6:30 Chapel	8 11:00 Devotions 11:15 Fun with Jen 12:45 Exercise 3:00 Movie & Popcorn	9 10:00 Exercise 11:15 Devotions 7:00 Lawrence Welk
10 10:30 Sunday Worship 2:00 Family Time	11 Happy Happy Hazel!	12 10:30 Bible Study 12:45 Exercise 2:00 Tasty Tuesday	13 TRIP TO ABILENE	14 11:15 Devotions 3:00 Reminisce 6:30 Chapel 7:00 Nails!	15 11:00 Devotions 11:15 Fun with Jen 12:45 Exercise 3:00 Movie & Popcorn	16 10:00 Exercise 11:15 Devotions 7:00 Lawrence Welk
17 10:30 Sunday Worship 2:00 Family Time	18 11:15 Devotions 12:45 Exercise 3:00 BINGO	19 10:30 Bible Study 12:45 Exercise 2:00 Tasty Tuesday	20 11:15 Devotions 12:45 Exercise 3:00 Game Time 4:00 Craft	21 11:15 Devotions 12:45 Exercise 6:30 Chapel 7:00 Trivia	22 Stutzmans and Carriage Crossing	23 10:00 Exercise 11:00 Devotions 7:00 Lawrence Welk
24 10:30 Sunday Worship 2:00 Family Time	25 11:15 Devotions 12:45 Exercise 3:00 BINGO	26 10:30 Bible Study 12:45 Exercise 2:00 Tasty Tuesday	27 10:00 Baking 11:15 Devotions 12:45 Exercise 3:00 Game Time!	28 11:15 Devotions 12:45 Exercise 3:00 Manicures 6:30 Chapel	29 11:00 Devotions 11:15 Fun with Jen 12:45 Exercise 3:00 Movie & Popcorn	30 10:00 Exercise 11:00 Devotions 7:00 Lawrence

Heritage Inn

With spring time the flowers are blooming and the birds are signing. And the energy in the Heritage Inn is joining in too. It has been a busy month, with Easter, St. Patrick's day and the good weather we have been having. We have been going outside to get some much needed fresh air. This past month we also made it out to the Cosmosphere for a fun day and to lunch at the Dutch Kitchen. Lori one of our dear friends brought a kitty in and the residents enjoyed playing with him.





And it would of not been Easter with out having the Easter bunny stopping in for a visit! The residents sure loved having him around for a bit. We also gave bowling a shot this month a lot of our residents said they had not bowled for a long time so we brushed up on our bowling skills. Gail Graham took the win by bowling a Spare!

Upcoming Events!

We will be going to Stutzman's Green House on April 22nd! This is a big trip for us and would appreciate if any family would like to come with us. We will also be going to lunch at the Dutch Kitchen. Every year we go out there to buy flowers for our courtyard. It is lots and lots of fun! If anyone would like to go feel free to call or email me!

> Yajaíra Rívas, SSD/AD yajaíra@pleasantviewhome.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				• RR 16	A REAL S	2 8:30 Sunshine Exercise 10:00 Snack and Chat Movie or games
3 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St Peters 9:30 Ch. 14 Zoar	4 9:30 Devotions 10:00 Nifty Nalil 2:00 Mmm Monday Ice cream	5 9:30 Devotions 10:00 Gettin Crafty 1:45 Men's Koffee Klub	6 10:00 Dave's Devotions 10:30 Jammin with Jen	7 9:30 Devotions 10:00 Starlight Lanes 2:00 Bingo 3:00 Social 6:30 Chapel	 ⁸ Image: Second state Happy Birthday Joanne! 	9 48th Mennonite Relief Sale in Hutchinson Today
10 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St Peters 9:30 Ch. 14 Zoar	11 9:30 Devotions 10:00 Niftly Nails 2:00 Jeopardy	12 9:30 Yoder Et Cetra Sop & Bullseye Cafe 1:45 Men's Koffee Klub	13 10:00 Dave's Devotions 10:30 Jammin with Jen 2:00 Come out to the table for Chip & Dip	14 9:30 Devotions 10:00 Resident Council 2:00 Bingo 3:00 Social 6:30 Chapel	159:30 Devotions10:00 Easy GarlicCheese Knots	16 8:30 Sunshine Exercise 10:00 Snack and Chat Movie or games
17 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St Peters 9:30 Ch. 14 Zoar	18 10:45 Skoops 2:00 Mmm Monday Ice cream	19 9:30 Devotions 10:00 Nifty Nails 1:45 Men's Koffee Klub	20 10:00 Dave's Devotions 10:30 Jammin with Jen 2:00 Spelling Bee	21 9:30 Devotions 10:00 Wahoo 2:00 Bingo 3:00 Social 6:30 Chapel	22 9:30 Devotions 10:00 Popcorn Machine	Inman's Classic Car & Tractor Show
24 8:30 Ch. 51 Bethel 10:30 Ch. 54 Inman 10:30 Ch. 56 Buhler 9:30 Ch. 58 St Peters 9:30 Ch. 14 Zoar	25 2:00 Mmm Monday Ice cream Michele with CC	IG & RR Leave at 10 am For Dutch Kitchen & Stutzmans Green- house	10:30 Jammin with Jen 1:30 Plant our flowers	28 9:30 Devotions 10:00 Skunks 2:00 Bingo 3:00 Social 6:30 Chapel ar subject to pain	29 9:30 Devotions 10:00 Popcorn Machine	30 8:30 Sunshine Exercise 10:00 Snack and Chat Movie or games

Ivy Grove & Rapid Recovery





Tuesday, April 26 we will be going on our Annual Stutzman's Greenhouse trip to get flowers for our deck and to the Dutch Kitchen for lunch. If you would like to meet your loved one there or volunteer to push a w/c please call me and I would be glad to share more details.

Have fun and stay safe this beautiful and windy Spring!

Míchele Watson, SSD míchele@pleasantvíewhome.com

April Lunch Menus 2016

SUNDAY	Monday	TUESDAY	WEDNESDAY	5 2010 Thursday	Friday	SATURDAY
DUNDAT	MONDAT	TUESDAT	WEDNESDAT	INDKADAT	TRIDAT	DATURDAT
					l Tastey Roast Pork Bacon, Lettuce n Tomato on Toast Wild Rice Blend Spinach Seas. Peas Fruit Gelatin Salad Banana Bar with Cream Cheese Icing Dinner Roll	2 Salisbury Steak / Gravy Chili Hash Browns Parsley bu. Carrots Bu. Italian Blend Pea Salad Cream Pudding / tpg. Dinner Roll
3 CRISPY OVEN FRIED CHICKEN ROAST BEEF WITH BROWN GRAVY MASHED POTATO GREEN & WAX BEANS SEAS. BU. CAULIFLOWER SOUTHWESTERN SALAD FRUIT PIE DINNER ROLL	4 BEEF STROGANOFF CHICKEN FRIED STEAK WITH MASHED POTATO SEAS. NOODLES WINTER MIX VEG. ASPARACUS MINT PEAR / CREAM CHEESE FRUITED BREAD PUDDING WITH LEMON SAUCE	5 Ham n Beans Baked Fish with Hashbrowns Chopped Onions Stewed Tomatoes Mixed Vegetables Fruit Cup Ice Cream Sundae Corn Bread	6 BEEF POT ROAST WITH ONIONS, CARROTS & POTATOES CHILI CON CARNE CAPRIE BLEND BEG. JELLIED CRANB. GELATIN BANANA PUDDING DESSERT DINNER ROLL	7 Smothered Pork Chop Raisin Dressing Chicken Fried Chicken Scalloped Apples Lima Beans Green Salad Bowl Sherbet Dinner Roll	8 Fried Fish Tartar Sace Meatloaf Macaroni and Cheese Peas Green Beans Chopped Lettuce with Hard Boiled Egg Salad Fruit Cup Dinner Roll	9 Sweet n Sour Chicken Spachetti and Meatballs Steamed Rice Broccoli Carrots Blushing Pear Cooks Choice Cake
10 Pit Ham Chicken Fried Steak Glazed Sweet Potato\ Green Bean Casserole Corn Lime Mist Salad Cooks Choice Pie	11 Chicken Shanghi Roast Beef / Gravy Obrien Potato Broccoli and Cheese Seas. Asparagus Ranch Lettuce Salad Deep Dish Cobbler Dinner Roll	12 Breaded Pork Cutlet / Gravy Cheesy Meatloaf Mashed Potato Baked Squash Stewed Tomatoes Peach Grated Cheese \$ Sherbet Dinner Roll	13 Curry chicken Hamburger with trimmings Red bliss potatoes Sugar snap peas Baked beans Apple raisin salad Cream tart / topping Dinner roll	14 Minute Steak / c black Pepper Gravy Chicken fried Steak Mashed Potato Chuckwagon Corn Chef blend veg. Deviled egg with pickle d Beet salad Cooks Choice Cake	15 Salmon croquette Bbq ribbette on bun Pars. Bu. Potato Creamed peas Bu. Carrots Green salad bowl Chilled apricots Dinner roll	16 Grilled bratwurst Pulled pork on bun Cottage Fries Fried cabbage Green Beans Fruit cup salad Fruit cobbler Dinner roll
17 Chicken breast stroganoff Roast beef / brown gravy Seas. Noodles Winter mix veg. Brusel sprouts Fruit salad Pumpkin pie Dinner roll	18 Roast turkey Meatloaf Mashed potato / c gravy Seas. Spinach Country blend vegetable Cauliflower cheese salad Banana spiit browine Dinner roll	19 Mexican lasagna Chicken strips Bu. Corn Seas. Asparagus Marinated cucumber \$ Pound cake / fruit pie filling Dinner roll	20 Easy spaghetti and Meat sauce Grilled ham and Hashbrowns Steamed broccoli Candied carrots Tossed salad / Dressing Sherbet Garlic bread	21 Baked fish augratin Bbo ribbette on bun Boiled potato Green beans with Bacon Mixed vegetalbes Strawberry orange salad Caramel pear pudding / c Vanilla sce Dinner roll	22 Steak n stuff Taco salad Rice pilaf Seas. Peas Capri blend veg. p/a with cottage cheese salad Fruit pie Dinner roll	23 Baked pork cutlet Chicken Fried Chicken Streusel baked Sweet potato Bu. Italian mix veg. Wax beans Cranberry apple gelatin salad Chill fruit cocktail Dinner roll
24 Roast Beef with Brown Gravy German Sausage Mashed Potato Bu. Mix Vegetable Green Bean Casserole Spicy Peach Salad Chocolate Layer Dessert Dinner Roll	25 Honey Glazed Ham Chicken Fried Steak Cottage Fries Cauliflower with Cheese Sauce Chef Cut Vegetables Three Bean Salad Pineapple Upside down Cake Dinner Roll	26 Baked Chicken Breast Hamburger Steak n Onions Corn Pudding Steamed Broccoli Seas. Buttered Cabbage Cranberry Salad Fruit Crisp with tpg Dinner Roll	27 Swiss Steak with Tomatoes Pork Chop Parsley Red Potato Green Beans Italian Blend Stuffed Apple Ring Pumpkin Orange Squares Dinner Roll	28 Mexican Meatloaf Chicken Strips Creamy Scalloped Potato California Mix Veg Scalloped Apples Creamy Cucumber Salad Fruit Cocktail Cake Dinner	29 Tastey Roast Pork Bacon, Lettuce n Tomato on Toast Wild Rice Blend Spinach Seas. Peas Fruit Gelatin Salad Banana Bar with Cream Cheese Icing Dinner Roll	30 Salisbury Steak / Gravy Chili Hash Browns Parsley bu. Carrots Bu. Italian Blend Pea Salad Cream Pudding / tpg. Dinner Roll

April Supper Menu 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					l Split Pea Soup Fish Sticks / tartar sc Chicken Salad Sandwich Creamed Potato Zucchini and Tomato Diced Peaches Bread	2 Grilled Polish Sausage on bun with Kraut Hamburger / Bun Trimmings Potato Salad Apple Pie Cake Ala Mode
3 SCALLOPED HAM & CABBAGE CASS. FISH SAND. / TARTAR SCE BU. CARROTS CHILLED TROPICAL FRUIT CUP PEANUT BUTTER COOKIE	4 Tomato Soup Tuna Rice Casserole Chicken Nuggets Seas. Peas P/A Banana Gelatin Salad Chocolate Sheet Cake / Choc. Frosting	5 Taco Soup with Chips Char-Burger on Bun Waffle French Fries Luncheon Meat Sand- wich Cucumber & Sour Cream Salad Diced Peaches	6 Cauliflower Cheese Soup Scrambled Egg / with Cheese Grilled Ham Pattie Hot Dog Hash Brown Potato Chilled Mandarin Or- Anges Spicy Oatmeal Muffin	7 HMD BEEF NOODLE SOUP CRACKERS MEAT SALAD SANDWICH HAMBURGER WITH TRIMMINGS CHILLED APRICOTS DROP SUGAR COOKIE	8 CREAM OF VEGETABLE SOUP HOT ROAST TURKEY SAND- WICH MASHED POTATO MINI PIZZA ZESTY CORN SALSA SALAD FIESTA FRUIT PUDDING / TOPPING	9 BEEF STEW GRILLED CHEESE SANDWICH PEACH / C COTTAGE CHEESE \$ FRUIT CRISP / C TPG HOT BISCUIT
10 Minestrone Soup Crackers Roast Beef and Cheddar on Bun Hot Dog and Chips Fruit Cocktail Ice n Spice Cookie	11 Chili Con Carne Crackers Luncheon Meat Sand. Coleslaw Gelatin Cubes / tpg.	12 Tomato Soup Crackers Grilled Cheese Sand Grilled Ham N Cheese Banana, Mandarin Or- Ange P/A cup	13 Hmd. Chicken Noodle Soup Tuna Tetrazzini Corn Dog Green Beans Fruit Crisp / tpg	14 Cauliflower Cheese Soup Crackers Sliced Turkey Sand Egg Salad Sand. Potato Chips Strawberry Banana Cup	15 White Chili Meatballs in Mushroom Sauce Steamed Rice Cheeseburger Zesty Broccoli Salad Cream Pudding / tpg	16 Cheesy Fiesta Casserole Pizza Sliced Pineapple Salad Bar Cookie
17 BBQ on Bun Ham n Cheese Sand. Potato Salad Marinated Tomatoes Ice Cream Bar	18 Ham & Butter Bean Soup Ham Balls Grilled Cheese Carrot Casserole Glazed Apples Hot Biscuit / c Honey	19 Broccoli Cheese Soup Chicken on Bun Hot Dog Variety Bean Bake Chilled Apricots Cookie	20 Taco Soup Turkey Casserole Egg Salad Sandwich Seas. Zucchini Fruit Salad Marshmallow Krispy Square	21 Chicken Corn Chowder Roast Beef on W.W Pork Burgers Potato Chips Chilled Peaches	22 Tomato Soup Hamburger with Trimmings Hot Ham N Cheese On Bun French Fries Tropical Fruit Cup	23 Pizza Burger Tuna Salad Sandwich Tater Tot Potatoes P/a Marshmallow Cole- SLAW Ice Cream Bar
24 Hot Chicken Salad Grilled Ham Potato Casserole Chilled Mandarin Or- Anges Chocolate Chip Cookie Croissant	25 Hmd Chicken Noodle Soup Reuben Sandwich Grilled Cheese Potato Chips Fruit Salad Sherbet	26 Quick Vegetable Soup Goulash Hot Dog / Bun Country Blend Veg. Red Jellied Fruit Cup Hot Biscuit	27 BEEF VEGETABLE SOUP HAM, CHEESE AND NOODLE CASSEROLE BOLOGNA N CHEESE SANDWICH SEAS. BRUSSELS SPROUTS CHILLED PEARS COOKS CHOICE COOKIE	28 Cream of Potato Soup Crackers Turkey & Swiss on w.w Bread Omelet / Toast Coleslaw Strawberry Sundae	29 Split Pea Soup Fish Sticks / tartar sc Chicken Salad Sandwich Creamed Potato Zucchini and Tomato Diced Peaches Bread	30 Grilled Polish Sausage on bun with Kraut Hamburger / Bun Trimmings Potato Salad Apple Pie Cake Ala Mode



April 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Mon/Wed/Fri—9:30am Exercises Mon/Thurs—3pm Bingo	,	The Estates	& East Viev	v Villa	1 Earl Fenwick 11am Bible Study 3pm Ice Cream	2 7pm Estates Movie Night
3	4 7pm Bible Study	5	6 6pm Games	7 9:30 Crafts Phase I 6:30pm Chapel/St. Pe- ter's UCC	8 MCC SALE— Hutchinson 11am Bible Study 3pm Ice Cream	9 MCC SALE– Hutchinson
10	11 7pm Bible Study	12 7pm Estates Program	13 Marcella Martens 6pm Games	14 6:30pm Chapel/Grace Bible	15 Arnold Ratzlaff 11am Bible Study 3pm Ice Cream	16 Senior Center Pancake Breakfast
17	18 7pm Bible Study	19	20 Ralph Andrus 6pm Games/Bring your own Salad	21 8am—Breakfast and Shopping Trip 6:30pm Chapel/ Groveland	22 11am Bible Study 3pm Ice Cream	23
24	25 7pm Bible Study	26 Katie Hollingshead	27 6pm Games	28 10am Hobby and Craft Show 6:30pm Chapel/Chase & Laura Wiens	29 11am Bible Study 3pm Ice Cream	30 Phyllis Eilts Buhler City Wide Gar- age Sales

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	A	pril 20		nt Hills	1 11:00 Daily Devotions 1:00 Fact or Foolery Game 4:00 Bingo	2 11:00 Daily Devotions 3:00 Nail Care 7:00 The Lawrence Welk Show& Popcorn
CHURCH & FAMILY TIME	3 4 11:00 Daily Devotions 1:00 Coupon Cutting 3:00 Happy Hour	5 11:00 Daily Devotions 1:00 Penny Ante 3:00 Ice Cream Social	11:00 Daily Devotions 1:00 Balloon Bopping 4:00 Dominoes	6 7 11:00 Daily Devotions 1:00 Bowling 3:00 Residents Choice	8 11:00 Daily Devotions 1:00 Trivia 4:00 Bingo	9 11:00 Daily Devotions 3:00 Nail Care 7:00 The Lawrence Welk Show&Popcorn
CHURCH & FAMILY T <mark>IM</mark> E	10 NATIONAL FARM 11 ANIMALS DAY 11:00 Daily Devotions 1:00 Coupon Cutting 3:00 Happy Hour	12 11:00 Daily Devotions 1:00 Memory Street 3:00 Ice Cream Social	DAY OF PINK 1: 11:00 Daily Devotions 1:00 Balloon Bopping 4:00 Dominoes	3 14 11:00 Daily Devotions 1:00 U.N.O 3:00 Residents Choice	15 11:00 Daily Devotions 1:00 Outside Stroll 4:00 Bingo	11:00 Daily Devotions
CHURCH & FAMILY TIME	17 11:00 Daily Devotions 1:00 Coupon Cutting 3:00 Happy Hour	19 11:00 Daily Devotions 1:00 Shake Loose Memory 3:00 Ice Cream Social	11:00 Daily Devotions	0 21 11:00 Daily Devotions 1:00 Yahtzee 3:00 Residents Choice	11:00 Daily Devotions	11:00 Daily Devotions 3:00 Nail Care
CHURCH & FAMILY TIME	24 MANI-PEDI DAY 25 11:00 Daily Devotions 1:00 Coupon Cutting 3:00 mani & pedis	11:00 Daily Devotions 1:00 U.N.O 3:00 Ice Cream Social	11:00 Daily Devotions 1:00 Balloon Bopping 4:00 Dominoes	7 BLUEBERRY PIE 28 DAY 11:00 Daily Devotions 1:00 Memory Streets 3:00 Residents Choice		

PLEASANT HILLS

Spring is here!!! April showers, bring May flowers!! We had a lot going on the month of March here at Pleasant Hills, we started off with celebrating Peanut Butter Lovers Day, we all enjoyed some yummy peanut butter bars that Cate our marketing manager made. On the 2nd we celebrated Cat in the Hat Day, I brought some Dr. Seuss books from home to read, who doesn't like a good Dr. Seuss book. We had an outing this month on the 4th to Firehouse Café, we all really enjoyed ourselves and our tummies got very full so when we got back we were too stuffed for lunch so we just had some ice cream sundaes later on. The 8th was international pancake day so of course we had to celebrate by having pancakes, yum!! On the 12th we celebrated soft drink bottle day by playing some cocacola ring toss, and later on that day we also got to enjoy some therapy dogs here, the AKC Hutch Therapy dogs visited, and we all enjoyed it!! A big thank you to a local oldies group, Fifty Years Late who came out on the 18th, our residents really enjoyed your music. Saturday the 19th we had an indoor Easter egg hunt and dyed some Easter eggs, great fun!! We always enjoy sitting down and working the puzzle or playing games such as farkle, U.N.O, yahtzee et c. We also enjoy on Wednesdays playing balloon bopping, and our happy hour and ice cream socials.









Jacinda Carlson AD/SSD jacinda@pleasantviewhome.com