#### Pleasant View Home P.O. Box 249 108 North Walnut Inman, Kansas 67546

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#### **Alzheimer's Support Group**

Next meeting will be Third Monday 7:00 pm in the Conference Room



## **Pleasant News September 2016**

#### From the Administrator

What's the easiest and best way to keep track of one's possessions? The answer is simple, - just put your name on them. Whether it's the little white sweater or the black polyester slacks, if they go astray for some reason, the best way for them to find their way home is to have a name, in the item. Our staff are amazing when it comes to managing the individual items that are processed daily, and just putting the name in that new blouse assures success.

Another helpful hint, if you or your loved one is contemplating an application for receiving Medicaid services, please stop and visit with Paula Miller in the business office, first. She has been helping others through this complicated process and she has the answers for helping you with a successful application.

Many of us who read or listen to the news, are aware of the Medicaid application backlog, so give yourself that extra opportunity for positive achievement.

Enjoy the beautiful fall weather.

Jalane White jalane@pleasantviewhome.com



"The new administrative assistant, getting right to that stack of paperwork."

#### A New Bill Payment Option is Now Available.

Pleasant View recently acquired the ability to initiate payments similar to what is available, for instance, with your utility bill. Withdrawals from your bank account can be established on a specified day each month and can be for a reoccurring fixed or variable dollar amount. If you're tired of writing that check each month and want the convenience of automatically paying your Pleasant View charges, stop by the business office to sign up or to get more information.

#### PVH Wellness Center

### Why You Need to Ditch Artificial Sweeteners Right This Second! ~ Fitness Magazine

Artificial sweeteners like Splenda, aspartame, and Sweet'N Low have been on nearly every health experts no-no list for a few years now. But despite the stream of negative press surrounding them, most women trying to lose weight see them as a necessary evil, allowing us to have our cake and eat it too. (Even if said cake has a strange metallic aftertaste and weird texture.) But now a new study turns that idea on its head because, well the stuff is probably making you gain.

Wait, what? How could something that has literally zero calories be adding inches to our waistline? Sucralose, the artificial sweetener in Splenda, tricks our bodies into thinking they're starving according to research published in Cell Metabolism. In the study, animals were fed either a sugar-sweetened treat or one made from Splenda, and then allowed to eat as much of their regular chow as they liked. Within three days, the Splenda group was consuming 30% more calories per day-far more than the Splenda was "saving" in calories.

It all has to do with how our brains perceived sweet things, said Gregory Neely, a functional geneticist at the Univ. of Sydney in Australia. The brain pathways affected by artificial sweeteners are also those that make food taste better when you're starving, so it could be why eating them can make us even hungrier.

Clearly this research adds to the body of existing research on the problems with artificial sweeteners, but of course, remember this was only performed on animals. More studies need to be done on actual human beings before we can draw any real conclusions.

In the meantime, though, this might be a good time to finally kick that Diet Coke habit!

Jennífer Cox, Wellness Coordinator jenn@pleasantviewhome.com

## Estates Activities



#### September 2016 East View Villa and Estates Activities

Hello and Greetings to our friends in the

Estates and East View Villa! We have been really busy getting everything switched over to our new Life Enrichment Coordinator. First of all, I would like to say good-bye and good luck to Jocelyn Busick and

her family as they will be missed by all.

Also I would love to tell you a short summary about my family and I. My family and I have lived in Inman for about two and a half years and we attend Zoar MB church. We are actively involved in our church. My husband, Sean, and I have been married for 11 years and have 3 wonderful children-Cooper-10yrs old, Sophie-8 yrs old, and Kanon-3 yrs old. Some of you probably know my oldest son, Cooper, if you have ever looked over at the pond across the street. Yes that is more than likely him fishing and he knows several people from here already. My hobbies are talking and visiting with people, going places, horseback riding, fishing, camping, and of course I can't forget my love of dairy goats. Yes, dairy goats! So that is just a short glimpse into my life and I would love to hear more about yours. If you have time or see me around, please stop me and say HII

While being new and learning the ropes, I haven't planned many activities on the calendar as of right now. If you have an activity that

you would like to do, please put a note on my desk or let me know. I would love to get what you love to do on the calendar as well.

Enjoy the last days of the summer & get ready for a fabulous fall! Blessings,

Jennifer Wilson

Estates Activities jenniferw@pleasantviewhome.com



#### Independent Living

#### MARK YOUR CALENDARS!!!!!

Gift Day is coming November 10<sup>th</sup>. This is always a great time of food, fellowship and fun

We greatly appreciate all of the help from our supporting churches and their members.

We will be having our annual Soup Supper and Auction that day. Look here for continuing details and new ideas!!!!

Thank you for your support of our projects.

Cyndí Ratzlaff cyndí@pleasantviewhome.com

#### Who's New? Who's Old?

9/6/2011

Jason Herndon

September Birthdays		Rebecca Potucek	9/10/2013
Felisha Haddock	9/1	Mary White	9/14/1995
Kathleen Lee Crawford	9/1	Sheila Ratzlaff	9/17/2013
Makenzie Benson	9/3	Teddi Trammell	9/17/2013
Emily Thiessen	9/7	Whitney Rowley	9/17/2013
Molly Kendrick	9/8	Victoria Joseph	9/18/2003
Sandra Sturgeon	9/8	Natalie Schmidt	9/20/2013
Kayleigh Moss	9/9	Deandra Hester	9/22/2013
Nathan Reile	9/14	Phillip Ratzloff	9/28/2005
Alexis Simpson	9/15	Brooke Haas	9/30/2009
Debra Schofield	9/17		
Yajaira Rivas Medina	9/18	Who's New	
Jami Lane	9/20	Rebecca Day	Pleasant Hills
Tevin Rose	9/20	Joe Berger	Transportation
Jessica Davis	9/21	Rebeca Paramore	Pleasant Hills
Lavanna Helm	9/24	Robyn Spahr	RN
Andrea Tyler	9/25	Michael Delgado	LPN
Tonya Rose	9/28	Diana LeGron	LPN
Lisa Swaim	9/30	Alexis Simpson	CNA
Amanda Weast	9/30	Kaylee Baughman	Housekeeping
		Clarissa Hammar	LPN
September Anniversaries		Stephanie Hall	Unit Coordinator Ivy
Mandy McAlllister	9/1/2014	_	Grove
Leda Brown	9/4/2015	Lizbeth Zuniga	CNA
Maria Boswell	9/4/2015	Jennifer Wilson	Life Enrichment
Cecilia Lozada Morales	9/4/2014		Estates and Villa
Terri Cooper	9/5/2001	<b>Emily Gatton</b>	LPN
Suzanne Viegra	9/5/2008	Pamela Yoder	Housekeeping
Danille Brown	9/6/2013		1 6

#### Chaplains Corner

We are only a couple days away from September, which means that thousands of Kansans are getting excited: **The Kansas State Fair** will begin soon – September 9; and they can hardly wait. Just think of eating all that deep-fried food, and not suffer from a guilty conscience. My favorite a couple years ago was indulging in a deep-fried **Klondike Bar**. My mouth is salivating already!

For the many who bring their prize animals, their quilts, their floral displays, or their wooden crafts, the State Fair is an opportunity of receiving a ribbon, possibly the Grand Champion ribbon for their effort; and they will leave the fair a few days later glad that they put so much time and effort into their project. All of the above bring back memories to me because as a farm boy raised in Ohio, the local county fair was the highlight of my year; and each year my brother and I showed off our registered Jersey livestock: calves, milking cows, and bulls.

Yes, we came away with prize ribbons; and there were some disappointments, which should be a reminder to every believer in Christ that there will be a day when He will hand out rewards; it is interesting to note that some of our Lord's final words to mankind pertain to this subject: "Look, I am coming soon! My reward is with me, and I will give to each person according to what they have done" (Revelation 22:12). How good to know that He is a fair judge; and His rewards are wonderful!

Ministering at the Thursday Evening Chapel (6:30 P.M.) for September will be the following churches and individuals: a) on Sept. 1, Hoffnungsau, with Pastor Jennie and youth; b) Sept. 8, Bethel Mennonite, with Pastor Bob Dalke; c) Sept. 15, missionaries Ray and Marie; d) Sept. 22, Pastor Dennis Ureche, St. Peter's Church; and e) Sept. 29, Pastor and Mrs. Rich Doerkson, Grace Bible Church.

In the past month the following individuals passed on to receive their final reward: a) Estates resident Ethel Ediger, July 28; b) Harold Froese, August 1; c) Wayne Belknap, August 6; d) Roberta Guerico, August 13; e) Margaret Balzer, August 13; f) Virginia Ritcha, August 20; and g) Irene Thiessen, August 23.

September is the beginning of the Fall Season; may you be blessed as you walk with Him.

Dave Denlinger dave@pleasantviewhome.com Residents enjoying an outing to the Hutchinson Mall



#### Bill of Rights of Pleasant View Home

These rights were signed by the residents of Pleasant View Home or the residents DPOA. If at anytime the resident or DPOA need to discuss them, we ask that you speak to the Social Service Designee here at Pleasant View Home. This year we have 33 Bill of Rights to review: These are read and discussed at the resident council meeting the first of each month.

- 8. The Resident has a right to choose an attending physician.
- 9. The Resident has a right to be fully informed in advance about care and treatment and any changes in that care or treatment that may affect the Resident's well being.
- 10. The Resident has a right to participate in planning his or her care and treatment or changes in care and treatment unless adjudged incompetent or otherwise found to be incapacitated under the law of the State.

## Jason's Social Service Page

#### Reminder!!!!

Dementia Support Group is available to anyone
Our meeting time is currently the 3rd Monday of each month at 7:00 pm in the Conference Room.
Please contact Jason, prior to the meeting date, at 620-585-6411
If you are interested in attending.

If you have a Face Book account be sure to visit our Pleasant View Home Face Book page and "like" us!







We know that signing up for KanCare (Medicaid) can be a very frustrating process for those who live here and their family.

WE CAN HELP!

If you have any questions about how or when to sign up for KanCare or are needing help to sign up for either yourself or your loved one, give us a call and we will be happy to help.



#### **MEDICARE D**

Medicare D Prescription coverage open enrollment period begins October 15 and goes through December 7

**ROSS JANSSEN from KWCH Storm Team 12 Weather** 

will be giving a giving a presentation for Pleasant View Home and Estates/Villa residents on October 18, at 6:30. He will also be bringing a special four legged guest with him! We look forward to him giving us an idea of what kind of Winter we can expect!

Jason Herndon LMSW jason@pleasantviewhome.com

#### VACCINE INFORMATION STATEMENT

## Influenza (Flu) Vaccine (Inactivated or Recombinant): What you need to know

#### Why get vaccinated?

Influenza ("flu") is a contagious disease that spreads around the United States every year, usually between October and May.

Flu is caused by influenza viruses, and is spread mainly by coughing, sneezing, and close contact.

Anyone can get flu. Flu strikes suddenly and can last several days. Symptoms vary by age, but can include:

- · fever/chills
- · sore throat
- · muscle aches
- fatigue
- · cough
- headache
- · runny or stuffy nose

Flu can also lead to pneumonia and blood infections, and cause diarrhea and seizures in children. If you have a medical condition, such as heart or lung disease, flu can make it worse.

Flu is more dangerous for some people. Infants and young children, people 65 years of age and older, pregnant women, and people with certain health conditions or a weakened immune system are at greatest risk.

Each year thousands of people in the United States die from flu, and many more are hospitalized.

#### Flu vaccine can:

- · keep you from getting flu,
- · make flu less severe if you do get it, and
- keep you from spreading flu to your family and other people.

#### 2 Inactivated and recombinant flu vaccines

A dose of flu vaccine is recommended every flu season. Children 6 months through 8 years of age may need two doses during the same flu season. Everyone else needs only one dose each flu season.

Some inactivated flu vaccines contain a very small amount of a mercury-based preservative called thimerosal. Studies have not shown thimerosal in vaccines to be harmful, but flu vaccines that do not contain thimerosal are available.

Many Vaccine Information Statements are available in Spanish and other languages. See www.immunize.org/vis

Hojas de información sobre vacunas están disponibles en español y en muchos otros idiomas. Visite www.immunize.cog/vis

There is no live flu virus in flu shots. They cannot cause the flu.

There are many flu viruses, and they are always changing. Each year a new flu vaccine is made to protect against three or four viruses that are likely to cause disease in the upcoming flu season. But even when the vaccine doesn't exactly match these viruses, it may still provide some protection.

Flu vaccine cannot prevent:

- flu that is caused by a virus not covered by the vaccine, or
- · illnesses that look like flu but are not.

It takes about 2 weeks for protection to develop after vaccination, and protection lasts through the flu season.

#### Some people should not get this vaccine

Tell the person who is giving you the vaccine:

- If you have any severe, life-threatening allergies.
   If you ever had a life-threatening allergic reaction after a dose of flu vaccine, or have a severe allergy to any part of this vaccine, you may be advised not to get vaccinated. Most, but not all, types of flu vaccine contain a small amount of egg protein.
- If you ever had Guillain-Barré Syndrome (also called GBS).
   Some people with a history of GBS should not get this vaccine. This should be discussed with your doctor.
- If you are not feeling well.
   It is usually okay to get flu vaccine when you have a mild illness, but you might be asked to come back when you feel better.



#### Risks of a vaccine reaction

With any medicine, including vaccines, there is a chance of reactions. These are usually mild and go away on their own, but serious reactions are also possible.

Most people who get a flu shot do not have any problems with it.

Minor problems following a flu shot include:

- soreness, redness, or swelling where the shot was given
- hoarseness
- · sore, red or itchy eyes
- · cough
- fever
- aches
- headache
- · itching
- · fatigue

If these problems occur, they usually begin soon after the shot and last 1 or 2 days.

More serious problems following a flu shot can include the following:

- There may be a small increased risk of Guillain-Barré Syndrome (GBS) after inactivated flu vaccine. This risk has been estimated at 1 or 2 additional cases per million people vaccinated. This is much lower than the risk of severe complications from flu, which can be prevented by flu vaccine.
- Young children who get the flu shot along with pneumococcal vaccine (PCV13) and/or DTaP vaccine at the same time might be slightly more likely to have a seizure caused by fever. Ask your doctor for more information. Tell your doctor if a child who is getting flu vaccine has ever had a seizure.

#### Problems that could happen after any injected vaccine:

- People sometimes faint after a medical procedure, including vaccination. Sitting or lying down for about 15 minutes can help prevent fainting, and injuries caused by a fall. Tell your doctor if you feel dizzy, or have vision changes or ringing in the ears.
- Some people get severe pain in the shoulder and have difficulty moving the arm where a shot was given. This happens very rarely.
- Any medication can cause a severe allergic reaction.
   Such reactions from a vaccine are very rare, estimated at about 1 in a million doses, and would happen within a few minutes to a few hours after the vaccination.

As with any medicine, there is a very remote chance of a vaccine causing a serious injury or death.

The safety of vaccines is always being monitored. For more information, visit, www.cdc.gov/vaccinesafety/

#### What if there is a serious reaction?

#### What should I look for?

5

 Look for anything that concerns you, such as signs of a severe allergic reaction, very high fever, or unusual behavior.

Signs of a severe allergic reaction can include hives, swelling of the face and throat, difficulty breathing, a fast heartbeat, dizziness, and weakness. These would start a few minutes to a few hours after the vaccination

#### What should I do?

- If you think it is a severe allergic reaction or other emergency that can't wait, call 9-1-1 and get the person to the nearest hospital. Otherwise, call your doctor.
- Reactions should be reported to the Vaccine Adverse Event Reporting System (VAERS). Your doctor should file this report, or you can do it yourself through the VAERS web site at www.vaers.hhs.gov, or by calling 1-800-822-7967.

VAERS does not give medical advice.

#### The National Vaccine Injury Compensation Program

The National Vaccine Injury Compensation Program (VICP) is a federal program that was created to compensate people who may have been injured by certain vaccines.

Persons who believe they may have been injured by a vaccine can learn about the program and about filing a claim by calling 1-800-338-2382 or visiting the VICP website at www.hrsa.gov/vaccinecompensation. There is a time limit to file a claim for compensation.

#### 7 How can I learn more?

- Ask your healthcare provider. He or she can give you the vaccine package insert or suggest other sources of information
- · Call your local or state health department.
- Contact the Centers for Disease Control and Prevention (CDC):
- Call 1-800-232-4636 (1-800-CDC-INFO) or
- Visit CDC's website at www.cdc.gov/flu

Vaccine Information Statement
Inactivated Influenza Vaccine

08/07/2015

42 U.S.C. § 300aa-26



September

# Cottonwood Corner

sept						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		the the	2016	9:30 Faith & Fun 10:00 Resident Council 2:00 Bingo 3:00 Social 6:30 Chapel	10:00 Faith &Fun 10:30 Jumpin' with Jen! 2:00 Friday Frostys	Channel 68 City of Inman Channel 69 Inman Schools Acti. same as below
4 8:30 Ch. 62 Bethel 10:30 Ch. 63 Buhler MB 10:30 Ch. 64 Buhler South 10:30 Ch. 65 Inman 9:30 Ch. 66 St. Peters 9:30 Ch. 67 Zoar M	5 Galleria 10:00 Neufeld Great Grandchildren Program	9:30 Leave for Retail Therapy	7 9:30 Faith & Fun 10:00 4-G Challenge 2:00 Make Choc. Banana Shakes!	8 9:30 Faith & Fun 10:00 Grandparents Are A Hoot!! 2:00 Bingo 3:00 Social 6:30 Chapel	9 CPR Class 9:30 Devotions with Dave 2:00 Friday Frostys	9:00 Galleria ExercisesGamesMoviesFellowship
Grandparents Day Church services Same as above	12 9:30 Faith & Fun 10:30 Bible Study 2:00 Jeopardy!	9:30 CC Leave for KS Fair!	9:30 Faith & Fun 10:00 4-G Challenge 2:00 Spelling Bee	9:30 Faith & Fun With Chaplin Dave No Bingo today. Ivy at Fair	16 10:30 Jumpin' with Jen! 2:00 Friday Frostys Becky Gone	9:00 Galleria ExercisesGamesMoviesFellowship
18 8:30 Ch. 62 Bethel 10:30 Ch. 63 Buhler MB 10:30 Ch. 64 Buhler South 10:30 Ch. 65 Inman 9:30 Ch. 66 St. Peters 9:30 Ch. 67 Zoar MB	9:30 Devotions With Dave 10:30 Bible Study 2:30 Monday Manicures ************************************	9:300 Devotions With Dave 1:45 Men's Korklub	21	9:30 Devotions With Dave 2:00 Bingo 3:00 Social 6:30 Chapel	9:30 Devotions With Dave 10:30 Jumpin' with Jen! 2:00 Friday Frostys	24 Santa Fe Days In Inman!!
25 Worship same as above 5:00 Community Potluck at the Park	26 Becky at K.A.D.A. Conference in Wichita	27 Becky at K.A.D.A. Conference in Wichita  Calendar Subject to Change	28 9:30 Faith & Fun 10:00 4-G Challenge 2:00 Red Hat	29 10:00 Dirt Road Drive! 2:00 Bingo 3:00 Social 6:30 Chapel	9:30 Faith & Fun 10:00 Hat Craft 2:00 Friday Frostys	SEP

## Cottonwood Corner



Hello September!! We have enjoyed August to the fullest as you will see in this article! To the left Irma and Ken are enjoying their meal at Sirloin Stockade. That place is Always

a hit to go to. Look closely at this picture

of Abe—he is holding a baby squirrel! And as tight as he was holding it, that baby was

going nowhere!! Anselma and Eva found they needed BIG at Village surprised put that



appetites for the breakfast Inn this month. You'd be how much we can eat! We challenge to the test all the

time by going to different resturants each week. This month we managed to find good food also at Braums,

Because this was the year of the summer Olympics we went with that theme for the Jr. Volunteer end of summer party and it was a success!!!





only ones having Olympic fun!! We did too! Look at the action that our Residents had, they gave it their all and the best part is that **EVERYBODY** won gold medals!! One day we had a great guessing game going with residents and staff. I think it was pretty evenly matched! We had a great ride out in the country on dirt roads again this month! Ended



up eating at the

Applewood Resturant. It was delicious! Here George's grandson Thayne brought him some more pens to mount on boards. Stop by to see his collection in his room sometime. Can't wait to see some of you family members at the KS State Fair on Sept. 13 at Gate 5!! 10:00!

Bring on the Fair! Becky Burkholder, SSD becky@pleasantviewhome.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
S		BER 201	(F)(E)	10:30 Trivia 3:00 Puzzles 5:00 Exercise	1 10:30 Bingo 3:00 Nails 5:00 Exercise	RESIDENT'S CHOICE 3:00 Movie & Popcorn
10:30 Church Services FAMILY TIME	10:30 Bingo 3:00 Rolling Store 5:00 Exercise	HOBBY LOBBY  3:00 Puzzles 5:00 Exercise	7 10:45 Bible Study 3:00 Ice Cream 5:00 Exercise	10:30 Trivia 3:00 Games 5:00 Exercise	10:30 Bingo 3:00 Nails 5:00 Exercise	RESIDENT'S CHOICE 3:00 Movie & Popcorn
10:30 Church Services Grandparents Day Cookout ©	10:30 Bingo 3:00 Rolling Store 5:00 Exercise	13 10:30 Reminisce 3:00 Puzzles 5:00 Exercise	100	10:30 Trivia 3:00 Games 5:00 Exercise	KANSAS State Fair	RESIDENT'S CHOICE 3:00 Movie & Popcorn
18 10:30 Church Services FAMILY TIME	10:30 Bingo 3:00 Rolling Store 5:00 Exercise	10:30 Reminisce 3:00 Puzzles 5:00 Exercise		10:30 Trivia 3:00 Games 5:00 Exercise	2 10:30 Bingo 3:00 Nails 5:00 Exercise	RESIDENT'S CHOICE 3:00 Movie & Popcorn
25 10:30 Church Services FAMILY TIME	10:30 Bingo 3:00 Rolling Store 5:00 Exercise	10:30 Reminisce 3:00 Puzzles 5:00 Exercise	1000		9 10:30 Bingo 3:00 Nails 5:00 Exercise	Put your heart, mind, and soul into even your smallest acts. This is the secret of success.

## Walnut Court



As another month has passed by us we

say farewell to Margaret Balzer. She will be very missed here in Walnut Court, her sweetness and her charm. We send our thoughts and prayers out to each of her family who will also be greatly missed.



We also have the Thiessen family in our thoughts and prayers as we said good bye to Irene Thiessen. We will miss her warm heart and big smiles throughout our days.



We did get to go the Salina Mall and enjoy some shopping as well as eating some delicious lunch at Carlos o Kelly's! We also ventured to Wichita and seen some cute and funny animals at the Sedgwick Co. Zoo! I have to say the new Elephant exhibit is a must see!

September 2016









With September here we all know what that brings! KANSAS STATE FAIR!!! Walnut Court as well has Harvest House will be going Friday September 16th. If you would like to join us there to be with your loved one just let Cindy Kahns or Amy Stubbs know! The more

the merrier!:)

Cindy Kahns SSD/AD cmk@pleasantviewhome.com



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Har	vest Ho	use 201	6	1 9:00 Brain Workout 11:00 Devotions	2 9:00 Brain Workout 11:00 Devotions 4:00 Rolling Store	3 9:00 Brain Workout 11:00 Devotions
I love my We do Church Family LIFE together.	5 PAROR	6 My Big Shopping List	7 9:00 Brain Workout 11:00 Devotions 2:30 Ice Cream Social	8 9:00 Brain Workout 11:00 Devotions	9 9:00 Brain Workout 11:00 Devotions	10 9:00 Brain Workout 11:00 Devotions
Grandparents' Day	12 HAPPY BIRTHDAY NORMA!	13 11:00 Devotions 4:00 Hand'le with Care	14 9:00 Brain Workout 11:00 Devotions 2:30 Ice Cream Social	15 9:00 Brain Workout 11:00 Devotions	16	17 9:00 Brain Workout 11:00 Devotions
18 9:00 Clippin with the D's	19 9:00 Brain Workout 11:00—Bible Study with Pastor Dave	20 11:00 Devotions 4:00 Hand'le with Care	21 9:00 Brain Workout 11:00 Devotions 2:30 Ice Cream Social	22 Throwback Meal  FOOD  FOOD	9:00 Brain Workout 11:00 Devotions	24 9:00 Brain Workout 11:00 Devotions
25 9:00 Clippin with the D's	26 9:00 Brain Workout 11:00—Bible Study with Pastor Dave	27 11:00 Devotions 4:00 Hand'le with Care	28 9:00 Brain Workout 11:00 Devotions 2:30 Ice Cream Social	29 9:00 Brain Workout 11:00 Devotions	30 9:00 Brain Workout 11:00 Devotions 4:00 Rolling Store	

## **Harvest House**



Hello fellow staff members and residents! Harvest House had a lot of activities going this month. We had fun going to Salina Mall and The Sedgwick County Zoo in Wichita, Ks. And we celebrated Dales and Evys Bithdays. And we had a special guest singer come sing to us and play guitar during our indoor camping. Can't wait to see what next month has in store for us!









# Sun Mon A

# September 2016 Plaza

				IIGZG				
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
				Exercises 10:30 Devotions 11:00 Home Cooking Chapel 6:30	<b>2</b> Exercises 10:30 Devotions 11:00 Friday Manicures	3 Exercises 10:30 Devotions 11:00 Fun with Crafts		
<b>4</b> Church 10:30 Family Day Home Cooking	5 Exercises 10:30 Devotions 11:00 Pizza Night Labor Day	Exercises !0:30 Devotions 11:00 Take-Out Tuesday	7 Exercises 10:30 Devotions 11:00 Movies & Ice Cream	8 Exercises 10:30 Devotions 11:00 Home Cooking Chapel 6:30	9 Exercises 10:30 Devotions 11:00 Fun With Words	Exercises 10:30 Devotions 11:00 Bowling Fun Happy B-Day JoAnn		
11 Church 10:30 Family Day Home Cooking	State Fair Trip	Exercises 10:30 Devotions 11:00 Parachute Fun	14 Exercises 10:30 Devotions 11:00 Movies & Ice Cream Happy D-Day Mark	Exercises 10:30 Devotions 11:00 Home Cooking Chapel 6:30	16 Exercises 10:30 Devotions 11:00 Friday Manicures	<b>17</b> Exercises 10:30 Devotions 11:00 Games Games Games		
18 Church 10:30 Family Day Home Cooking	19 Exercises 10:30 Devotions 11:00 Madness Trivia	Exercises !0:30 Devotions 11:00 Take-Out Tuesday	21 Exercises 10:30 Devotions 11:00 Movies & Ice Cream	Exercises 10:30 Devotions 11:00 Home Cooking Chapel 6:30	23 Exercises 10:30 Devotions 11:00 Fun Trivia	24 Exercises 10:30 Devotions 11:00 Crafty Fun		
<b>25</b> Church 10:30 Family Day Home Cooking	26 Exercises 10:30 Devotions 11:00 Parachute Fun	Exercises 10:30 Devotions 11:00 Trivia Tuesday	28 Exercises 10:30 Devotions 11:00 Movies & Ice Cream	Exercises 10:30 Devotions 11:00 Home Cooking Chapel 6:30	30 Exercises 10:30 Devotions 11:00 Friday Manicures			

## The Plaza

Wow.... Can you believe that is almost Fall and we are heading into he Holiday season. Christmas will be here before we even know it.

This past month we have stayed cool by making icees and homemade ice cream. We celebrated Lynn's birthday on the 1st with ARBY's and cake.

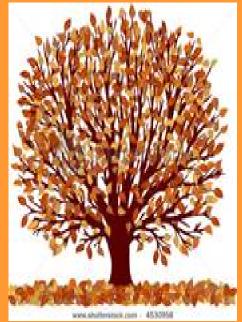
This month we will be celebrating JoAnn's birthday on the 10th and Mark's birthday on the 14th.

We will be taking a few of our Elders to the Kansas State Fair on the 12th.

We have Take-Out Tuesday on the 6th and 20th of this month, and we will be having a Pizza Dinner on the 5th. We are still Home Cooking on Thursday's and on Sunday's

We welcomed Clarissa Hammer LPN to our Neighborhood, and one of our med aides graduated Nursing School, and passed her state boards. Congratulations Molly Beck LPN. We also welcomed Lizbeth Zuniga CNA to our neighborhood. We look forward to all they bring to the Plaza.











Chris Fleming, SSD chris@pleasantviewhome.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
S@pter	mbor 2	<b>918 16</b>		1 9:30 Laugh at Life 10:00 Resident Council 2:00 Bingo 3:00 Social 6:30 Chapel	9:30 Laugh at Life 10:00 Jenga	9:00 Galleria Exercises ****Movie, Games, Puzzles, Newspa- per****
4 8:30 Ch. 62 Bethel 10:30 Ch. 63 Buhler MB 10:30 Ch. 64 Buhler South 10:30 Ch. 65 Inman 9:30 Ch. 66 St. Peters 9:30 Ch. 67 Zoar MB	5 10:00 Neufeld Great Grandchildren program in Galleria	6 9:30 Retail Therapy and Out for Lunch	7 10:00 Dave's Devotions SSD Mtg	8 9:30 Laugh at Life 10:00 Dominoes 2:00 Bingo 3:00 Social 6:30 Chapel	9 CPR Class 9:30 Dave's Devotions In the Galleria	9:00 Galleria Exercises ****Movie, Games, Puzzles, Newspa- per****
GRANDPARENTS DAY	9:30 Laugh at Life 10:00 Nifty Nails 2:00 Jeopardy	1:45 Men's Koffee Klub At state fair with CC neighborhood	14 10:00 Dave's Devotions 2:00 Spelling Bee	IG & RR KS STATE FAIR	16 Puzzle it! At Ivy table  Michele Gone	9:00 Galleria Exercises ****Movie, Games, Puzzles, Newspa- per****
18 8:30 Ch. 62 Bethel 10:30 Ch. 63 Buhler MB 10:30 Ch. 64 Buhler South 10:30 Ch. 65 Inman 9:30 Ch. 66 St. Peters 9:30 Ch. 67 Zoar MB	19 9:30 Laugh at Life 10:00 Nifty Nails 2:00 Mmm Ice cream	20 9:30 Laugh at Life 10:00 Scruples 1:45 Men's Koffee Klub	21 10:00 Dave's Devotions 2:00 Skip bo	1st day of Fall 9:30 Laugh at Life 10:00 Sand Art Craft 2:00 Bingo 3:00 Social 6:30 Chapel	9:30 Laugh at Life 10:00 Popcorn Machine	Santa Fe Days In inman
25 8:30 Ch. 62 Bethel 10:30 Ch. 63 Buhler MB 10:30 Ch. 64 Buhler South 10:30 Ch. 65 Inman 9:30 Ch. 66 St. Peters 9:30 Ch. 67 Zoar MB	26 Polk a dot Pumpkin Craft at Ivy table  Michele at KADA	27 Happy Birthday Butch	28 10:00 Dave's Devotions 2:00 Red Hats	29 Dirt Road Drive & Lunch 2:00 Bingo 3:00 Social 6:30 Chapel	30 9:30 Laugh at Life 10:00 Hat Craft	

# Ivy Grove & Rapid Recovery



Wow September is already here! You know what that means? We will be going to the Kansas State Fair in Hutchinson Thursday, September 15th. If you would like to join us and your loved one, please

contact me for more information at 620-585-6411 or email me <u>michele@pleasantviewhome.com</u>. I would love to hear from you!

In honor of the Olympics we had our very own games here at PVH. Cotton ball



Blowing, Ring Toss and The Speed

Pull. It was Cottonwood vs Ivy/Rapid and the competition was

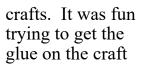


fierce.
We all
wanted
the
gold! There
was so much
fun and laughter! It was a



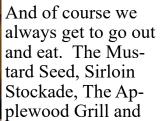


We got our paint, scissors and glitter out and made these cute gunny sack





and not all over our fingers.



ice cream at Braums. Life here at PVH is GREAT!







Michele Watson, SSD michele@pleasantviewhome.com

## September 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1 BAKED FISH FLORENTINE STUFFED MEATLOAF GARLIC MASHED POTATOES CARROTS LYONNAISE BUTTER BEANS ORANGE FRUIT GELATIN SALAD LEMON WHIP	2 BAKED GLAZED HAM CHILI CON CARNE BAKED POTATO BAR CAULIFLOWER CAPRI VEGETABLE BLEND COLESLAW SPICED PEACHES	3  ROSEMARY SAGE BEEF  CHICKEN STRIPS  LYONNAISE POTATOES  BROCCOLI  CARROTS  STUFFED APPLE RING SALAD FROSTED CHOCOLATE CAKE	
4 FRIED CHICKEN BAKED HAM PARTY POTATOES SEASONED GREEN BEANS BUTTERED CORN LIME WHIP SALAD APPLE CRISP	5 SLOPPY JOE ON BUN BAKED POLLOCK FRENCH FRIES BUTTERED PEAS MARINATED VEGETABLE SALAD LEMON MERINGUE PIE	6 GRILLED HAM SLICES CHICKEN FRIED STEAK W/GRAVY BAKED SWEET POTATO SQUASH CASSEROLE STEWED TOMATOES ZESTY BROCCOLI SALAD COOKIE	7 HONEY MUSTARD CHICKEN HAMBURGER W/POTATO WEDGE GARDEN RICE GREEN BEANS BAKED BEANS ORANGE GELATIN CARROT SALAD BUTTERSCOTCH PUDDING	8 CRUNCH ORANGE FISH ROAST BEEF WITH GRAVY ROASTED NEW POTATOES BROCCOLI CORN CASSEROLE SEASONED ASPARAGUS CALICO SLAW LEMON CAKE	9 GLAZED MEATLOAF CHICKEN FRIED CHICKEN MASHED POTATOES W/GRAVY PARMESAN TOMATO HALF PEAS & PEARL ONION SPICED PEACH SALAD FRUIT CUP	10 ANNIVERSARY CHICKEN BREAST SWEDISH MEATBALLS BAKED POTATO HALF DILL CARROTS BRUSSEL SPROUTS FRUITED JELLO PINEAPPLE TIDBITS	
11 OVEN FRIED FISH ROAST BEEF SWEET POTATOES SEASONED BROCCOLI CREAM CORN CREAMY CAULIFLOWER BROCCOLI SALAD MANDARIN ORANGES	12 CHICKEN PICCATA GRILLED HAWAIIAN PANINI BUTTERED BOWTIES GLAZED CARROTS ASPARAGUS FRESH MELON CUP BROWNIE	BARBECQUE BEEF STUFFED PEPPERS POTATO SALAD COLESLAW CHEF BLEND VEGETABLES FRUIT GELATIN SALAD PEACH COBBLER	14  HERBED PORK LOIN  ROAST TURKEY  CALICO RICE  SLICED ZUCCHINI  FRIED CABBAGE  APPLE CELERY SALAD  HONEYED PEARS	15 CHICKEN DIJON TACO SALAD ROASTED NEW POTATOES GREEN BEAN CASSEROLE SPANISH RICE ISLAND FRUIT SALAD CHEESECAKE	16  BAKED HAM CHICKEN FRIED STEAK CORN PUDDING BROCCOLI BUTTERED CORN HOUSE SALAD CHOCOLATE CREAM PIE	17  MEATLOAF  BBQ PORK CHOP  BAKED POTATO  PARSLIED CARROTS  CAPRI BLEND VEGETABLES  COLESLAW  ICED POUND CAKE	
18 BREADED FISH AU GRATIN HOT TURKEY SANDWICH SPIRAL PASTA CUCUMBER ONION W/SOUR CREAM GREEN BEAN CASSEROLE APPLE RAISIN SALAD LEMON BAR	19  MARINATED CHICKEN BREAST SWISS STEAK POTATO CASSEROLE BUTTERED CORN SEASONED BUTTERED CAB- BAGE SPINACH SALAD MANDARIN ORANGES	20 CHICKEN FRIED STEAK W/GRAVY GERMAN SAUSAGE MASHED POTATOES W/GRAVY STEWED TOMATOES SUCCOTASH ORANGE FRUIT MOLD SALAD APPLE PIE	21 GARLIC PEPPER PORK CUBES CHICKEN STRIPS W/DIPPING SAUCE NEW POTATOES HERBED GREEN BEANS SCALLOPED APPLES ZESTY BROCCOLI SALAD FROSTED ANGEL FOOD CAKE	BBQ MEATBALLS OLD FASHIONED BAKED HAM STEAK FRIES COUNTRY CABBAGE COUNTRY BLEND VEGETA- BLES PICKLED BEET SALAD FRESH HONEYDEW MELON	23 TURKEY TETRAZZINI BACON, LETTUCE & TOMATO SEASONED PEAS BUTTERED CARROTS CUCUMBER N SOUR CREAM SALAD ICE CREAM	24  BACON WRAPPED CHOP STEAK GRILLED BRATWURST W/BUN SCALLOPED POTATOES SPINACH MIXED VEGETABLES PEAR APPLE GELATIN SALAD FROSTED CAKE	
25 BAKED CHICKEN ROAST BEEF W/GRAVY DUCHES POTATO SOUTHERN STYLE GREEN BEANS CHEF BLEND VEGETABLES FRESH FRUIT SALAD APPLE BROWN BETTY	26 ITALIAN MEAT SAUCE CHICKEN FRIED STEAK W/GRAVY SPAGHETTI ITALIAN VEGETABLES FRIED CABBAGE COTTAGE CHEESE VEGETA- BLE SALAD	27 OVEN FRIED CHICKEN HAMBURGER STEAK N ON- IONS MASHED POTATOES W/GRAVY GREEN BEAN CASSEROLE GLAZED CARROTS WATERGATE SALAD	28  SPICED PORK ROAST BEEF TATOR TOT CASSEROLE AU GRATIN POTATOES BROCCOLI WAX BEANS BROCCOLI SLAW SALAD PINEAPPLE UPSIDE DOWN CAKE	29 SEAFOOD GUMBO HAMBURGER W/TRIMMINGS RICE PACIFIC BLEND VEGETABLES STRAWBERRIES & BANANAS PARFAIT	30  LEMON BAKED CHICKEN HUNGARIAN PORK CHOP CORN O'BRIEN BAKED TOMATOES ASPARAGUS SUPER FRUIT SALAD CINNAMON APPLESAUCE		

## September 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
S	UP	PE	R	1 APPLE PANCAKES SAUSAGE LINKS BARBECQUE CHICKEN CUCUMBER DILL SALAD BAKED BEANS FRUIT SALAD	2 VEGGIE BURGER W/CHEESE ON BUN TATER TOTS BEEF MINUTE STEAK W/GRAVY LETTUCE & TOMATO BEETS ICE CREAM	3 CHICKEN CREOLE RICE BAKE N BROIL COD SEASONED ZUCCHINI BUTTERED CORN MELON BALLS
4 TOSTADA CASSEROLE MEXICAN RICE BAKED PORK STEAK BROILED TOMATO SLICES CAPRI BLEND VEGETABLES MANDARIN ORANGES	5 BAKED CHICKEN BREAST WILD RICE BLEND FRUIT/COTTAGE CHEESE PLATE SPINACH POTATO SALAD BLUEBERRY MUFFIN	6 SCALLOPED TURKEY MIXED VEGETABLES BEEF & PASTA CASSEROLE CALIFORNIA VEGETABLES ICE CREAM SANDWICH	7 ROAST BEEF W/GRAVY SCALLOPED POTATOES PORK CUBES SEASONED CARROTS BEETS STRAWBERRIES W/WHIPPED TOPPING	8 MINESTRONE SOUP CHICKEN SALAD SANDWICH ON WHEAT BEEF STEW CHIPS CORN SALAD PEAR CRUMBLE	9 VEGETARIAN CHILI MIXED GREEN SALAD SALMON PATTY W/CREAM SAUCE PARSLEY NOODLES SEASONED PEAS CHOCOLATE CREAM PIE	10 STUFFED PEPPER CASSE- ROLE CORN O'BRIEN CORNBREAD COATED FISH ORZO ITALIAN VEGETABLES TROPICAL FRUIT
11  HAMBURGER ON BUN  FRENCH FRIES  BREADED PORK STEAK  SEASONED PEAS  RELISH PLATE  CINNAMON APPLES	12 SWEDISH MEATBALLS TRI SALAD PLATE W/CRACKERS PARSLEY NOODLES HERBED GREEN BEANS MARINATED VEGETABLE SALAD ICE CREAM	13  HAM WITH PINEAPPLE CHICKEN PESTO MIXED VEGETABLES PENNE PASTA CAULIFLOWER W/RED PEP- PERS MARINATED CUCUMBER SALAD STRAWBERRIES W/WHIPPED	14 LIVER & ONIONS GRAVY VEGETABLE SOUP STEWED TOMATOES STEAK FRIES ROAST BEEF SANDWICH ON WHEAT RELISH PLATE FRUIT MIX	15 FRENCH ONION SOUP PARMESAN FISH CHEF SALAD HERBED RICE PACIFIC BLEND VEGETABLES MACARONI SALAD APPLE SLICES	16  MACARONI & CHEESE BAKED TOMATOES ENCHILADA SOUP MONTEREY CHICKEN ON BUN FRUIT COCKTAIL W/TOPPING	17 CHICKEN TENDERS SWEET POTATO FRIES HERBED BAKED FISH HARVARD BEETS SLICED ZUCCHINI SLICED TOMATO SALAD SUGAR COOKIE
18  BEEF POT PIE  CORN ON THE COB  CHILI  ITALIAN CUT GREEN BEANS  TROPICAL FRUIT	19  PORK ROAST ON BUN BAKED BEANS FISH NUGGETS W/SAUCE BABY CARROTS BOSTON CREAM PIE	20 CHICKEN TACOS SPANISH RICE HOT DOG ON BUN REFRIED BEANS DOUBLE BEAN SALAD EMERALD PEARS	21  VEGETABLE LASAGNA  TOSSED SALAD  SAUSAGE VEGETABLE SOU  REUBEN SANDWICH  STRAWBERRIES W/WHIPPED  TOPPING	FRIED FISH CORN NUGGETS CAULIFLOWER CHEESE SOUP CHEESY BROCCOLI RICE FIVE LAYER CASSEROLE BLONDE BROWNIE	23 CHICKEN NOODLE SOUP HAM & SWISS SANDWICH ON WHEAT GRILLED HAM N CHEESE POTATO CHIPS MACARONI SALAD PINEAPPLE CUBES	24 FRUIT & COTTAGE CHEESE PLATE 3 BEAN SALAD SHEPHERD'S PIE STEAMED BROCCOLI SNICKERDOODLES
25  VEGETABLE SOUP  GRILLED CHICKEN ON BUN  RELISH PLATE  BEEF MINUTE STEAK  W/GRAVY  STEWED TOMATOES  BAKED POTATO  FRESH BANANA	26 CHICKEN CAESAR SALAD SALMON PATTY W/CREAM SAUCE ROASTED NEW POTATOES MANDARIN ORANGES	27  CORNED BEEF  BOILED POTATOES  SLICED HAM  SAUERKRAUT  CAULIFLOWER W/RED PEP- PERS  SHERBET	28 TURKEY POT PIE PARMESAN TOMATO HALF BEEF STROGANOFF BABY CARROTS AMBROSIA DELUXE W/WHIPPED TOPPING	29 CHEESE RAVIOLI & MARINA-RA AMERICAN FRIED POTATOES GREEN PEPPER STEAK TOSSED GARDEN SALAD RED CABBAGE STRAWBERRIES W/WHIPPED TOPPING	30 CHICKEN & DUMPLINGS GARLIC BUTTER RICE BAKED FISH W/TARRAGON GREEN BEANS ROASTED BROCCOLI CHILLED FRUIT COCKTAIL	



## Estates and East View Villa September 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
					9:30am Exercises	
				3pm Bingo	11am Bible Study	
				6:30pm Chapel/		
				Hoffnungsau	3pm Ice Cream	
4	5 Helen Ediger	6	7	8	9	10 Albert Gaeddert
	9:30am Exercises		9:30am Exercises		9:30am Exercises	10am Sunflower Chalk
				3pm Bingo	11am Bible Study	Drawing
	3pm Bingo	3pm—Estates Meeting	6-10 Games	6:30pm Chapel/Bethel		
	7pm Bible Study			Mennonite	3pm Ice Cream	
11 Anna Grace	12 9:30am Exercises	13	14 LaVerne Neufeld	15	16	17
Flickinger	3pm Bingo		9:30am Exercises		9:30am Exercises	
	5:30pm Watermelon			3pm Bingo	11am Bible Study	
	Feed		6-10 Games	6:30pm Chapel/Special		
	7pm Bible Study			Service	3pm Ice Cream	
18 Erma Jane Wiens	19	20	21	22	23	24 Penny Ediger
	9:30am Exercises		9:30am Exercises		9:30am Exercises	Santa Fe Days Down-
	10am-Fall Ball Decor			3pm Bingo	11am Bible Study	town Inman, KS
	3pm Bingo		6-10 Games/Pizza Night	6:30pm Chapel/St. Pe-		
	7pm Bible Study			ter's UCC	3pm Ice Cream	
25	26	27	28	29 Joan Siemens	30	
	9:30am Exercises		9:30am Exercises		9:30am Exercises	
				3pm Bingo	11am Bible Study	
	3pm Bingo		6-10 Games	6:30pm Chapel/Grace		
	7pm Bible Study			Bible	3pm Ice Cream	

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			DOLLAR TREE	11:00 Devotions 1:00 Residents Choice 3:00 Bingo	11:00 Devotions 3:00 Nail Care 7:00 Movie & Popcom
Cookout @noon 5	11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social	7 11:00 Devotions 1:00 Balloon Bopping 3:00 U.N.O	8 LUNCH @ THE SENIOR CENTER	11:00 Devotions 1:00 Residents Choice 3:00 Bingo	10 KANSAS STATE FAIR
12 11:00 Devotions 1:00 Trivia 3:00 Kerplunk	13 11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social	14 11:00 Devotions 1:00 Balloon Bopping 3:00 Dominoes	15 10:30 Chaplains Corner 3:00 Game of Choice	16 11:00 Devotions 1:00 Residents Choice 3:00 Bingo	17 11:00 Devotions 3:00 Nail Care 7:00 Movie & Popcom
			1111		
19 11:00 Devotions 1:00 Trivia 3:00 Jenga	11:00 Devotions 1:00 Bean Bag	11:00 Devotions 1:00 Balloon Bopping 3:00 Jenga	BINGO @ THE MOOSE	11:00 Devotions 1:00 Residents Choice 3:00 Bingo	11:00 Devotions 3:00 Nail Care 7:00 Movie & Popcom
			Autumn Begins		
	11:00 Devotions 1:00 Bean Bag	11:00 Devotions 1:00 Balloon	10:30 Chaplains	11:00 Devotions	*Calendar Subject to change.
	Septe PLEA  Cookout @noon 5  LABOR DAY  LABOR DAY  12  11:00 Devotions 1:00 Trivia 3:00 Kerplunk  19  11:00 Devotions 1:00 Trivia 3:00 Jenga	September 201 PLEASANT HILLS  Cookout @noon 5 PLABOR DAY TOSS 3:00 Ice Cream Social  11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  12:00 Bean Bag Toss 3:00 Ice Cream Social  13:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  15:00 Devotions 1:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  16:00 Devotions 1:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  17:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  18:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  19:00 Bean Bag Toss 3:00 Ice Cream Social  19:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social	September 2016 PLEASANT HILLS  11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  11:00 Devotions 1:00 Bean Bag Toss 3:00 Jenga 3:00 Jenga 3:00 Jenga 3:00 Jenga 3:00 U.N.O  11:00 Devotions 1:00 Bean Bag Toss 1:00 Bealloon Bopping 3:00 U.N.O	September 2016 PLEASANT HILLS  11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  11:00 Devotions 1:00 Bean Bag Toss 3:00 Ice Cream Social  11:00 Devotions 1:00 Bean Bag Toss 3:00 Jenga  11:00 Devotions 1:00 Bean Bag Toss 3:00 Jenga  11:00 Devotions 1:00 Bean Bag Toss 3:00 Jenga  11:00 Devotions 1:00 Bean Bag 3:00 Jenga  11:00 Devotions 1:00 Devotions 1:00 Bean Bag 3:00 Jenga  11:00 Devotions 1:00 Bean Bag 3:00 Jenga	September 2016   Sept

#### Pleasant Hills

It's been a great month at Pleasant Hills, we kept active and involved!!! We went to play Bingo at the Moose on the 11<sup>th</sup>, we had a great time like always!! We also started doing a cooking class we started it off by making homemade salsa with some tomatoes donated to us from family. We've also been doing a lot of trivia gotta keep our minds sharp!! We really enjoyed the weather one day and decided to have lunch on the patio, we all decided to have pizza hut!! We celebrated a birthday as well this month!! Next month were looking forward to our outings to the dollar tree, state fair, senior center and of course can't forget our trip to bingo!! For Labor Day we will be celebrating with family and friends having a cookout!!

Sadly this month we had a resident go on to meet her maker in heaven, she will be greatly missed by us all!! If anyone is interested in joining us on outings please let me know!!

Jacinda Carlson Operator jacinda@pleasantviewhome.com



